

Morning Prayer... The PDF!

I was glad when they said to me, "Let us go to the house of the Lord." *Psalms 122:1*

Confession of Sin

The Officiant says to the people

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together, all kneeling

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone.

We have not loved you with our whole heart; we have not loved our neighbors as ourselves.

We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

The Priest alone stands and says

Almighty God have mercy on us, forgive us all our sins through our Lord Jesus Christ, strengthen us in all goodness, and by the power of the Holy Spirit keep us in eternal life. *Amen.*

The Invitatory and Psalter

All stand

Officiant Lord, open our lips.

People And our mouth shall proclaim your praise.

Officiant and People

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

Except in Lent, add Alleluia.

The earth is the Lord's for he made it: Come let us adore him.

Jubilate *Psalm 100*

Be joyful in the Lord, all you lands; *

serve the Lord with gladness

and come before his presence with a song.

Know this: The Lord himself is God; *

he himself has made us, and we are his;

we are his people and the sheep of his pasture.

Enter his gates with thanksgiving;

go into his courts with praise; *

give thanks to him and call upon his Name.

For the Lord is good;

his mercy is everlasting; *

and his faithfulness endures from age to age.

The Psalm or Psalms Appointed

119 Aleph *Beati immaculati*

1 Happy are they whose way is blameless, *
who walk in the law of the LORD!

2 Happy are they who observe his decrees *
and seek him with all their hearts!

3 Who never do any wrong, *
but always walk in his ways.

4 You laid down your commandments, *
that we should fully keep them.

5 Oh, that my ways were made so direct *

that I might keep your statutes!

6 Then I should not be put to shame, *
when I regard all your commandments.

7 I will thank you with an unfeigned heart, *
when I have learned your righteous judgments.

8 I will keep your statutes; *
do not utterly forsake me.

Beth *In quo corrigit?*

9 How shall a young man cleanse his way? *
By keeping to your words.

10 With my whole heart I seek you; *
let me not stray from your commandments.

11 I treasure your promise in my heart, *
that I may not sin against you.

12 Blessed are you, O LORD; *
instruct me in your statutes.

13 With my lips will I recite *
all the judgments of your mouth.

14 I have taken greater delight in the way of your decrees *
than in all manner of riches.

15 I will meditate on your commandments *
and give attention to your ways.

16 My delight is in your statutes; *
I will not forget your word.

Gimel *Retribute servo tuo*

- 17 Deal bountifully with your servant, *
 that I may live and keep your word.
- 18 Open my eyes, that I may see *
 the wonders of your law.
- 19 I am a stranger here on earth; *
 do not hide your commandments from me.
- 20 My soul is consumed at all times *
 with longing for your judgments.
- 21 You have rebuked the insolent; *
 cursed are they who stray from your commandments!
- 22 Turn from me shame and rebuke, *
 for I have kept your decrees.
- 23 Even though rulers sit and plot against me, *
 I will meditate on your statutes.
- 24 For your decrees are my delight, *
 and they are my counselors.

Glory to the Father, and to the Son, and to the Holy Spirit: as it was in the beginning, is now, and will be for ever. Amen.

The Lessons

A Reading from the Acts of the Apostles

Since much time had been lost and sailing was now dangerous, because even the Fast had already gone by, Paul advised them, saying, "Men, I can see that the voyage will be with danger and much heavy loss, not only of the cargo and the ship, but also of our lives." But the centurion paid more attention to the pilot and to the owner of the ship than to what Paul said. Since the harbor was not suitable for spending the winter, the majority was in favor of putting to sea from there on the chance that somehow they could reach Phoenix, where they

could spend the winter. It was a harbor of Crete, facing southwest and northwest.

When a moderate south wind began to blow, they thought they could achieve their purpose; so they weighed anchor and began to sail past Crete, close to the shore. But soon a violent wind, called the northeaster, rushed down from Crete. Since the ship was caught and could not be turned head-on into the wind, we gave way to it and were driven. By running under the lee of a small island called Cauda we were scarcely able to get the ship's boat under control. After hoisting it up they took measures to undergird the ship; then, fearing that they would run on the Syrtis, they lowered the sea anchor and so were driven. We were being pounded by the storm so violently that on the next day they began to throw the cargo overboard, and on the third day with their own hands they threw the ship's tackle overboard. When neither sun nor stars appeared for many days and no small tempest raged, all hope of our being saved was at last abandoned.

Since they had been without food for a long time, Paul then stood up among them and said, "Men, you should have listened to me and not have set sail from Crete and thereby avoided this damage and loss. I urge you now to keep up your courage, for there will be no loss of life among you, but only of the ship. For last night there stood by me an angel of the God to whom I belong and whom I worship, and he said, 'Do not be afraid, Paul; you must stand before the emperor, and, indeed, God has granted safety to all those who are sailing with you.' So keep up your courage, men, for I have faith in God that it will be exactly as I have been told. But we will have to run aground on some island."

The Word of the Lord

People Thanks be to God

13 A Song of Praise *Benedictus es, Domine*

Glory to you, Lord God of our fathers; *

you are worthy of praise; glory to you.

Glory to you for the radiance of your holy Name; *

we will praise you and highly exalt you for ever.

Glory to you in the splendor of your temple; *

on the throne of your majesty, glory to you.

Glory to you, seated between the Cherubim; *
we will praise you and highly exalt you for ever.
Glory to you, beholding the depths; *
in the high vault of heaven, glory to you.
Glory to you, Father, Son, and Holy Spirit; *
we will praise you and highly exalt you for ever.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

A reading from the Gospel of Luke

Then Jesus called the twelve together and gave them power and authority over all demons and to cure diseases, and he sent them out to proclaim the kingdom of God and to heal the sick. He said to them, “Take nothing for your journey: no staff, nor bag, nor bread, nor money—not even an extra tunic. Whatever house you enter, stay there, and leave from there. Wherever they do not welcome you, as you are leaving that town shake the dust off your feet as a testimony against them.” So they departed and went through the villages, bringing the good news and curing diseases everywhere.

Now Herod the ruler heard about all that had taken place, and he was perplexed because it was said by some that John had been raised from the dead, by some that Elijah had appeared, and by others that one of the ancient prophets had arisen. Herod said, “John I beheaded, but who is this about whom I hear such things?” And he tried to see him.

On their return the apostles told Jesus all they had done. Then, taking them along, he slipped quietly into a city called Bethsaida. When the crowds found out about it, they followed him, and he welcomed them and spoke to them about the kingdom of God and healed those who needed to be cured.

The day was drawing to a close, and the twelve came to him and said, “Send the crowd away, so that they may go into the surrounding villages and countryside to lodge and get provisions, for we are here in a deserted place.” But he said to them, “You give them something to eat.” They said, “We have no more than five loaves and two fish—unless we are to go and buy food for all these people.” For there were about five thousand men. And he said to his disciples, “Have them sit down in groups of about fifty each.” They did so and had them all sit down. And taking the five loaves and the two fish, he looked

up to heaven and blessed and broke them and gave them to the disciples to set before the crowd. And all ate and were filled, and what was left over was gathered up, twelve baskets of broken pieces.

The Word of the Lord
People Thanks be to God

16 The Song of Zechariah *Benedictus Dominus Deus*

Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.
Through his holy prophets he promised of old,
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.
This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight
all the days of our life.
You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the
shadow of death, *
and to guide our feet into the way of peace.

Glory to the Father, and to the Son, and to the Holy Spirit: * as it was in the beginning, is now, and will be for ever. Amen.

The Apostles' Creed

Officiant and People together, all standing

I believe in God, the Father almighty,
creator of heaven and earth;
I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.
He suffered under Pontius Pilate,
was crucified, died, and was buried.
He descended to the dead.
On the third day he rose again.
He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the dead.
I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.

The Prayers

Officiant The Lord be with you.

People And also with you.

Officiant Let us pray.

Officiant and People

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done,
on earth as in heaven.
Give us today our daily bread.
Forgive us our sins
as we forgive those
who sin against us.
Save us from the time of trial,
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and for ever. Amen.

- V. Save your people, Lord, and bless your inheritance;
R. Govern and uphold them, now and always.
V. Day by day we bless you;
R. We praise your name for ever.
V. Lord, keep us from all sin today;
R. Have mercy upon us, Lord, have mercy.
V. Lord, show us your love and mercy;
R. For we put our trust in you.
V. In you, Lord, is our hope;
R. And we shall never hope in vain.

The Collect of the Day

Lord, we pray that your grace may always precede and follow us, that we may continually be given to good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

A Collect for Guidance

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. *Amen.*

A Collect for Mission

Almighty and everlasting God, by whose Spirit the whole body of your faithful people is governed and sanctified: Receive our supplications and prayers which we offer before you for all members of your holy Church, that in their vocation and ministry they may truly and devoutly serve you; through our Lord and Savior Jesus Christ. *Amen.*

Please add your intercessions here.

The General Thanksgiving

Officiant and People

Almighty God, Father of all mercies,
we your unworthy servants give you humble thanks
for all your goodness and loving-kindness
to us and to all whom you have made.
We bless you for our creation, preservation,
and all the blessings of this life;
but above all for your immeasurable love
in the redemption of the world by our Lord Jesus Christ;
for the means of grace, and for the hope of glory.
And, we pray, give us such an awareness of your mercies,
that with truly thankful hearts we may show forth your praise,
not only with our lips, but in our lives,
by giving up our selves to your service,
and by walking before you
in holiness and righteousness all our days;
through Jesus Christ our Lord,
to whom, with you and the Holy Spirit,
be honor and glory throughout all ages. Amen.

Let us bless the Lord. *Thanks be to God.*

Glory to God whose power, working in us, can do infinitely more than we can
ask or imagine: Glory to him from generation to generation in the Church, and
in Christ Jesus for ever and ever. *Amen. Ephesians 3:20,21*