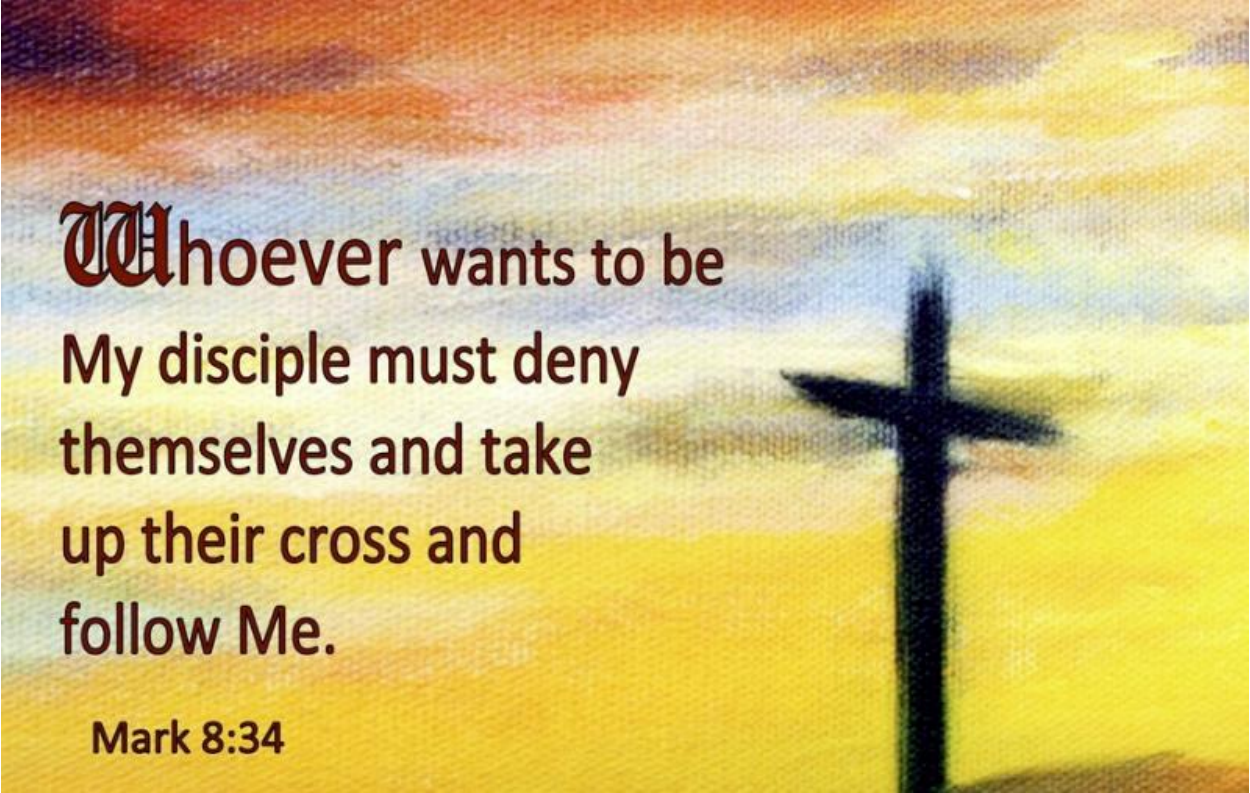


SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*

A painting of a cross against a sunset sky. The cross is dark and stands on the right side of the image. The sky is a mix of warm colors: orange, yellow, and blue, suggesting a sunset or sunrise. The text is overlaid on the left side of the painting.

**Whoever wants to be
My disciple must deny
themselves and take
up their cross and
follow Me.**

Mark 8:34

**SUNDAY, SEPTEMBER 15, 2024
THE SEVENTEENTH SUNDAY AFTER
PENTECOST**

415 SOUTH 18TH ST., MOUNT VERNON WA 98274-4658
360-424-1822

E-MAIL: STPAULMV@COMCAST.NET
WEBSITE: WWW.STPAULSMV.ORG

Welcome to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.



The Holy Eucharist - Rite II

Opening Bell

Welcome..... *Celebrant*

Announcements *Member of Vestry*

Prelude... "I've Got Pace Like a River" (Theme and Variations) – African Am. Spiritual

Land Acknowledgement..... *Celebrant*

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, especially the Skagit Tribe who have stewarded this land throughout the generations. We thank these caretakers of the land, who have lived, and continue to live, here since time immemorial.

Mission Statement

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

The Word of God

Please stand as able.

Opening HymnLift High the Cross..... Hymn 473

Presider: Blessed be God: Creator, Redeemer, and Sanctifier

People: And blessed be God's kingdom, now and forever. Amen

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria Gloria Hymn S280

The Collect of the Day

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Presider and People:

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. *Amen.*

The Liturgy of the Word

Please be seated.

A Reading From Isaiah 50:4-9a

The Lord GOD has given me the tongue of a teacher, that I may know how to sustain the weary with a word.

Morning by morning he wakens -- wakens my ear to listen as those who are taught.

The Lord GOD has opened my ear, and I was not rebellious, I did not turn backward.

I gave my back to those who struck me, and my cheeks to those who pulled out the beard; I did not hide my face from insult and spitting.

The Lord GOD helps me; therefore I have not been disgraced; therefore I have set my face like flint, and I know that I shall not be put to shame; he who vindicates me is near.

Who will contend with me? Let us stand up together.

Who are my adversaries? Let them confront me.

It is the Lord GOD who helps me; who will declare me guilty?

Lector: The Word of the Lord.

People: Thanks be to God.

Psalm 116:1-8



I will walk in the pres-ence of the Lord, in the land of the liv—ing.

I love the Lord, because he has heard the voice of my suppli/cation,*
because he has inclined his ear to me whenever I/called upon him.

[ANTIPHON]

The cords of death entangled me; the grip of the grave took /hold of me;*
I came to /grief and sorrow.

Then I called upon the Name of the / Lord: *—

"O Lord, I /pray you, save my life." [ANTIPHON]

Gracious is the Lord and /righteous;*
our God is full /of compassion.

The Lord watches over the /innocent;*
I was brought very low, /and he helped me. [ANTIPHON]

Turn again to your rest, /O my soul,*
for the Lord has /treated you well.

For you have rescued my /life from death,*

my eyes from tears, and my /feet from stumbling. [ANTIPHON]



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A Reading From James 3:1-12

Not many of you should become teachers, my brothers and sisters, for you know that we who teach will be judged with greater strictness. For all of us make many mistakes.

Anyone who makes no mistakes in speaking is perfect, able to keep the whole body in check with a bridle. If we put bits into the mouths of horses to make them obey us, we guide their whole bodies. Or look at ships: though they are so large that it takes strong winds to drive them, yet they are guided by a very small rudder wherever the will of the pilot directs. So also the tongue is a small member, yet it boasts of great exploits.

How great a forest is set ablaze by a small fire! And the tongue is a fire. The tongue is placed among our members as a world of iniquity; it stains the whole body, sets on fire the cycle of nature, and is itself set on fire by hell. For every species of beast and bird, of reptile and sea creature, can be tamed and has been tamed by the human species, but no one can tame the tongue-- a restless evil, full of deadly poison. With it we bless the Lord

and Father, and with it we curse those who are made in the likeness of God. From the same mouth come blessing and cursing. My brothers and sisters, this ought not to be so. Does a spring pour forth from the same opening both fresh and brackish water? Can a fig tree, my brothers and sisters, yield olives, or a grapevine figs? No more can salt water yield fresh.

Lector: The Word of the Lord.

People: Thanks be to God.

Gradual Hymn.....Morning has Broken.....Hymn 8

Presider: The Holy Gospel of Our Lord Jesus Christ According to Mark 8:27-38

Jesus went on with his disciples to the villages of Caesarea Philippi; and on the way he asked his disciples, “Who do people say that I am?” And they answered him, “John the Baptist; and others, Elijah; and still others, one of the prophets.” He asked them, “But who do you say that I am?” Peter answered him, “You are the Messiah.” And he sternly ordered them not to tell anyone about him.

Then he began to teach them that the Son of Man must undergo great suffering, and be rejected by the elders, the chief priests, and the scribes, and be killed, and after three days rise again. He said all this quite openly. And Peter took him aside and began to rebuke him. But turning and looking at his disciples, he rebuked Peter and said, “Get behind me, Satan! For you are setting your mind not on divine things but on human things.”

He called the crowd with his disciples, and said to them, “If any want to become my followers, let them deny themselves and take up their cross and follow me. For those who want to save their life will lose it, and those who lose their life for my sake, and for the sake of the gospel, will save it. For what will it profit them to gain the whole world and forfeit their life? Indeed, what can they give in return for their life? Those who are ashamed of me and of my words in this adulterous and sinful generation, of them the Son of Man will also be ashamed when he comes in the glory of his Father with the holy angels.”

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

The Sermon..... Rev. Paul Moore

The Nicene Creed

Please stand as able.

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.
We believe in one Lord, Jesus Christ,
the only Son of God,**

eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation

he came down from heaven:

was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again
in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael and Melissa, our bishops, for Philip and Sean, our bishops elect, and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful God; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

Presider speaks an Absolution.

The Peace / La Paz

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: And also with you. / Y con tu espíritu.

If you are worshiping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email some with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

Offertory Where Charity and Love Prevail Hymn 581

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Doxology

**Praise God from whom all blessings flow
Praise God all creatures here below
Praise God above ye heavenly hosts
Creator, Christ, and Holy Ghost.
Amen.**

The Holy Communion – Eucharistic Prayer A

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available. The assembly is invited to stand as they are able for the Eucharistic Prayer.

Intinction, also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of your chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

Presider: God be with you

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to God.

Presider: Let us give thanks to the one who created us.

People: It is right to give God thanks and praise.

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
 heart is glad to say the words: you are ho - ly, Lord.

The Presider continues

Oh God, you are holy and gracious: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, our Rock and our Foundation. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People:

Christ has died.

Christ is risen.

Christ will come again.

The Presider continues

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal Reign.

All this we ask through your Son Jesus Christ: By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory is yours, Most Blessed One, now and forever.

Amen.

Presider: As our Savior Christ has taught us, we are bold to pray:

Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in
hea - ven. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who
sin a - gainst us. Save us from the time of trial,
and de - liv - er us from e - vil. For the king - dom the pow - er,
and the glo - ry are yours, now and for ev - er. A - men.

The Breaking of the Bread

Presider: Alleluia! Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia!**

The Fraction Song

Se - ñor y Je-su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je-su - cris - to, Hi -
Lord Je-sus Christ, Son of the li - ving God, Lord Je-sus Christ, Son
jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -
of the li - ving God; O have mer - cy on us sin - ners, O
ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.
have mer - cy on us sin - ners.

Presider: The Gifts of God for the People of God.

Please be seated.

Those present are invited to receive Holy Communion. You can approach the altar at the direction of the usher.

Those with us online, during these next moments of meditation, wherever you are, receive God's gifts to you.

We share spiritual communion today.

Communion Hymn..... One Bread, One Body..... *Next page*

One Bread, One Body

Refrain

One bread, one bod-y, one Lord of all;
 one cup of bless-ing which we bless, and
 we, though man-y through-out the earth,
 we are one bod-y in this one Lord.

1 Gen-tile or Jew, ser-vant or free,
 2 Man-y the gifts, man-y the works,
 3 Grain for the fields, scat-tered and grown,

wom-an or man, no more.
 one in the Lord of all.
 gath-ered to one for all.

Refrain

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you, go in peace. Amen.

Post Communion Prayer

Presider: Let us pray.

Presider and People: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn Take Up Your Cross Hymn 675

Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia!

People: Thanks be to God. Alleluia, Alleluia!

Postlude “Near to the Heart of God”



Serving Today:

9:30 a.m. Holy Eucharist

Presider and Preacher

Deacon:

Musician

Eucharistic Minister:

Eucharistic Visitors:

Greeters:

Lectors:

Counters:

Rev. Paul Moore

Rev. Dennis Taylor, Rev. Vicki Johnson

J.J. Cully

Sherri Greenleaf

Acacia McDermott & Carol Treston

Michael & Carol Boss

Nicole Smith & Bonnie Schuh

Bonnie Schuh & Joe Thomas

St. Paul’s Prayer Team prays daily for those on the prayer list. Please email Penny Worrell at penny.worrell@gmail.com.

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Cover image: <https://images.knowing-jesus.com/i/mark-8-34-my-disciples-must-deny-themselves-and-take-up-their-cross-and-follow-me--windows06-15-9863>

Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

Other things to do to participate in our community

Check out the whiteboard in the narthex for other interesting events and happenings in the area. You can also sign up for church activities (such as flowers or coffee hour) in the Parish Hall.

Vestry

Vestry meetings are every second Tuesday at 4:30, usually in the Fireside room and are open meetings.

Your Vestry are:

Rector: The Rev. Paul Moore

Treasurer: Margaret Bird

Clerk: Joe Thomas

Senior Warden: ... Margie Lauer

Junior Warden: Carol Boss

Member Sue Shepherd

Member Tony Smith

Flowers

The flowers today are from Julie Hagen.

Stamp Collector's Workshop

The City of Mount Vernon Parks and Recreation Department will having a Stamp Collectors Workshop at Hillcrest Recreation Building, Saturday September 21, 2024 from 2-4pm. The cost is \$5.00. Contact the Mount Vernon Parks and Recreation Department at 360.336.6215 for more info or to register.

Inquirer's Class

Get to know more about the Episcopal Church and St. Paul's. An Inquirer's Class will begin at 5pm n September 19th by Zoom. The class runs 6 weeks. See the notice in the e-blast for the link to the class.

Cross-Cultural Event

The third Cross-cultural Training Day will be held September 28 from 10 to Noon pm in the Parish Hall. As we consider merging with Resurrección, our capacity for intercultural communication will be very important. The theme this time: "Creating a Safe Third Place."

Choir Starting Up

The choir will start up rehearsals on Sept. 27 at 6:30.

Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

Celebration of Life

A Celebration of Life for Ray DeBoer will be held September 21st in the Parish Hall from 3 p.m. to 5 p.m. Everyone is welcome.

Art in the Narthex

Do you have art you would like to display in the narthex? Religious or otherwise, we enjoy seeing what parishioners enjoy in their homes. It does not have to be your own artwork. It can be fiber, glass, paint, sculpture or whatever medium. Contact Margie Lauer at 425.248.9336 or Sally Rode for scheduling.

The Art in the Narthex at this time is from Norma Louise Black Shepard, mother of Val Aadsen.

Why does voting matter?

We give thanks for the right to vote. Help us to hold this privilege and responsibility with the care and awareness it merits, realizing that our vote matters and that it is an act of faith.



#VoteFaithfully

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's Table. We use real wine in the cup. Intinction, which is also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of your chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread, which is gluten free.

We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

TELECOIL ASSIST AVAILABLE.



HEADPHONES ARE ALSO AVAILABLE,
PLEASE SEE A GREETER.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
The Reverend Paul Moore <i>Rector</i>	254-368-6475	padrequiteno@gmail.com
The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	deacon2rn@comcast.net
St. Paul's Office <i>Parish Administrator</i>	360-424-1822	stpaulmv@comcast.net

If you would like to receive our e-news, please send a message to stpaulmv@comcast.net.

Offertory - Thank you for giving!
Please drop your offering in the church's mailbox or mail it to:
St. Paul's Episcopal Church
415 S. 18th Street
Mount Vernon, WA 98274