

SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*



SUNDAY, AUGUST 28, 2022

TWELFTH SUNDAY AFTER PENTECOST

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The Holy Eucharist - Rite II

WELCOME to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.

Opening Bell

Welcome

Celebrant

Announcements

Member of Vestry

Prelude

Land Acknowledgement

Celebrant

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, including the Upper Skagit, Skagit and Swinomish Tribes who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

1

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

Opening Hymn

When Morning Gilds the Skies

1 When morn - ing gilds the skies, my heart, a - wak - ing, cries,
 2 When mirth for mu - sic longs, this is my song of songs:
 3 No love - lier an - ti - phon in all high heaven is known
 4 Ye na - tions of man - kind, in this your con - cord find:
 5 Sing, suns and stars of space, sing, ye that see his face,

1 may Je - sus Christ be praised! When eve - ning sha - dows fall,
 2 may Je - sus Christ be praised! God's ho - ly house of prayer
 3 than, Je - sus Christ be praised! There to the e - ter - nal Word
 4 may Je - sus Christ be praised! Let all the earth a - round
 5 sing, Je - sus Christ be praised! God's whole cre - a - tion o'er,

1 this rings my cur - few call, may Je - sus Christ be praised!
 2 hath none that can com - pare with: Je - sus Christ be praised!
 3 the e - ter - nal psalm is heard: may Je - sus Christ be praised!
 4 ring joy - ous with the sound: may Je - sus Christ be praised!
 5 both now and ev - er - more shall Je - sus Christ be praised!

Please stand as able.

Presider: Blessed be God: Creator, Redeemer and Sanctifier.

People: And blessed be God's kingdom, now and for ever. Amen.

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria: Hymn S-280

Here & next page.



1. Glo - ry to God in the high - est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly



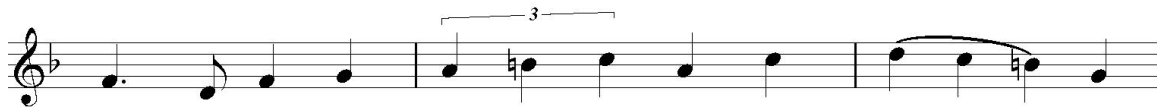
King, al - mighty God and Fa - ther, we wor - ship you, we



give you thanks, we praise you for your glo - ry. 3. Lord Je - sus



Christ, on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy

Gloria: Hymn S-280

cont'd.

on us; 5. you are seat - ed at the right hand of the Fa - ther: re -
ceive our prayer. 6. For you a - lone are the Ho - ly One,
you a - lone are the Lord, 7. you a - lone are the Most
High, Je - sus Christ, with the Ho - ly Spi - rit, in the
glo - ry of God the Fa - ther. A - men.

The Collect

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Lord of all power and might, the author and giver of all good things: Graft in our hearts the love of your Name; increase in us true religion; nourish us with all goodness; and bring forth in us the fruit of good works; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God for ever and ever. Amen.

The Liturgy of the Word

Please be seated.

A Reading from Sirach 10:12-18.

The beginning of human pride is to forsake the Lord;
the heart has withdrawn from its Maker.
For the beginning of pride is sin,
and the one who clings to it pours out abominations.
Therefore the Lord brings upon them unheard-of calamities,
and destroys them completely.
The Lord overthrows the thrones of rulers,
and enthrones the lowly in their place.
The Lord plucks up the roots of the nations,
and plants the humble in their place.
The Lord lays waste the lands of the nations,
and destroys them to the foundations of the earth.
He removes some of them and destroys them,
and erases the memory of them from the earth.
Pride was not created for human beings,
or violent anger for those born of women.

Lector: The Word of the Lord.

People: Thanks be to God.

Psalm 112:1-7, 9



Hap-py are they who have giv-en to the poor.

Hallelujah!

Happy are they who /fear the Lord*
and have great delight in /his commandments!
Their descendants will be mighty in the /land;*—
the generation of the /upright will be blessed. [ANTIPHON]

Wealth and riches will be in /their house,*
and their righteousness will /last for ever.
Light shines in the darkness for the /upright;*
the righteous are merciful and /full of compassion. [ANTIPHON]

It is good for them to be generous in /lending*
and to manage their af/fairs with justice.
For they will never be /shaken;*
the righteous will be kept in ever/lasting remembrance. [ANTIPHON]

They will not be afraid of any evil /rumors;*
their heart is right; they put their /trust in the Lord.
They have given freely to the /poor,*—
and their righteousness stands fast for ever;
they will hold up their /head with honor. [ANTIPHON]

Tone V.2



A Reading from Hebrews 13:1-8, 15-16.

Let mutual love continue. Do not neglect to show hospitality to strangers, for by doing that some have entertained angels without knowing it. Remember those who are in prison, as though you were in prison with them; those who are being tortured, as though you yourselves were being tortured. Let marriage be held in honor by all, and let the marriage bed be kept undefiled; for God will judge fornicators and adulterers. Keep your lives free from the love of money, and be content with what you have; for he has said, “I will never leave you or forsake you.” So we can say with confidence,

“The Lord is my helper;
 I will not be afraid.
 What can anyone do to me?”

Remember your leaders, those who spoke the word of God to you; consider the outcome of their way of life, and imitate their faith. Jesus Christ is the same yesterday and today and forever.

Through him, then, let us continually offer a sacrifice of praise to God, that is, the fruit of lips that confess his name. Do not neglect to do good and to share what you have, for such sacrifices are pleasing to God.

Lector: The Word of the Lord.

People: Thanks be to God.

Gradual Hymn

Where Cross the Crowded Ways of Life

Here & next page.

1 Where cross the crowd - ed ways of life, where sound the
 2 In haunts of wretch - ed - ness and need, on sha - dowed
 3 The cup of wa - ter given for thee still holds the
 4 O Mas - ter, from the moun - tain side, make haste to
 5 till all the world shall learn thy love, and fol - low

1 cries of race and clan, a - bove the noise of
 2 thresh - olds dark with fears, from paths where hide the
 3 fresh - ness of thy grace; yet long these mul - ti -
 4 heal these hearts of pain; a - mong these rest - less
 5 where thy feet have trod; till glo - rious from thy

Where Cross the Crowded Ways of Life

cont'd.

The image shows a musical score for a hymn. It consists of two staves: a treble clef staff at the top and a bass clef staff at the bottom. The key signature has three flats (B-flat, E-flat, A-flat), and the time signature is 4/4. The melody is written in the treble staff, and the bass line is in the bass staff. The lyrics are printed between the two staves, with line numbers 1 through 5 on the left. The lyrics are: 1 self - ish strife, we hear thy voice, O Son of Man. 2 lures of greed, we catch the vi - sion of thy tears. 3 tudes to see the true com - pas - sion of thy face. 4 throngs a - bid, O tread the ci - ty's streets a - gain; 5 heaven a - bove, shall come the ci - ty of our God.

Presider: The Holy Gospel of Our Lord Jesus Christ According to Luke 14:1, 7-14.

People: Glory to you, Lord Christ.

On one occasion when Jesus was going to the house of a leader of the Pharisees to eat a meal on the sabbath, they were watching him closely.

When he noticed how the guests chose the places of honor, he told them a parable. “When you are invited by someone to a wedding banquet, do not sit down at the place of honor, in case someone more distinguished than you has been invited by your host; and the host who invited both of you may come and say to you, ‘Give this person your place,’ and then in disgrace you would start to take the lowest place. But when you are invited, go and sit down at the lowest place, so that when your host comes, he may say to you, ‘Friend, move up higher’; then you will be honored in the presence of all who sit at the table with you. For all who exalt themselves will be humbled, and those who humble themselves will be exalted.”

He said also to the one who had invited him, “When you give a luncheon or a dinner, do not invite your friends or your brothers or your relatives or rich neighbors, in case they may invite you in return, and you would be repaid. But when you give a banquet, invite the poor, the crippled, the lame, and the blind. And you will be blessed, because they cannot repay you, for you will be repaid at the resurrection of the righteous.”

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Deacon/Presider: In peace, we pray to you, Lord God.

Silence.

Eucharistic Minister: For all people in their daily life and work;
For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Michael our Presiding Bishop, and Greg our Bishop and for all bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence.

The People may add their own petitions.

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence.

The People may add their own thanksgivings.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence.

The People may add their own petitions.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

Confession and Absolution

Deacon/Presider: Let us confess our sins to God.

Silence may be kept.

Presider and People:

God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.

Presider speaks an Absolution.

The Peace | La Paz

Presider: The peace of the Lord be always with you. | La paz del Señor sea siempre con ustedes.

People: And also with you. | **Y con tu espíritu.**

If you are worshiping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

Tom and Penny Worrell celebrated their 60th wedding anniversary on Thursday, August 25th.

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Offertory Hymn

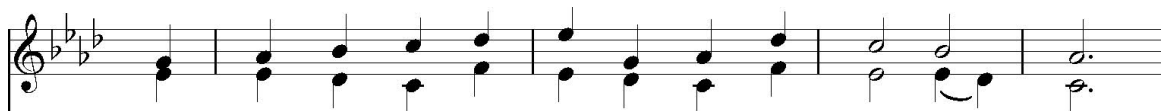
The God of Abraham Praise

Here & next page.

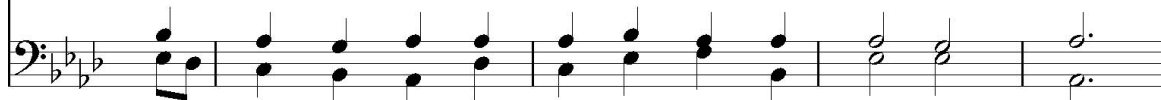
1 The God of A - braham praise, who reigns en - throned a - bove;
2 He by him - self hath sworn: we on his oath de - pend;
3 There dwells the Lord, our King, the Lord, our Right - eous - ness,
4 The God who reigns on high the great arch - an - gels sing,
5 The whole tri - um - phant host give thanks to God on high;

The God of Abraham Priase

cont'd.



1 An - cient of ev - er - last - ing days, and God of love;
 2 we shall, on ea - gle - wings up - borne, to heaven a - scend:
 3 tri - um - phant o'er the world and sin, the Prince of Peace;
 4 and "Ho - ly, ho - ly, ho - ly," cry, "Al - might - y King!
 5 "Hail, Fa - ther, Son, and Ho - ly Ghost!" they ev - er cry;



1 the Lord, the great I AM, by earth and heaven con - fessed:
 2 we shall be - hold his face, we shall his power a - dore,
 3 on Zi - on's sa - cred height his king - dom he main - tains,
 4 Who was, and is, the same, and ev - er - more shall be:
 5 hail, A - braham's Lord di - vine! With heaven our songs we raise;



we bow and bless the sa - cred Name for ev - er blest.
 and sing the won - ders of his grace for ev - er - more.
 and, glo - rious with his saints in light, for ev - er reigns.
 e - ter - nal Fa - ther, great I AM, we wor - ship thee."
 all might and ma - jes - ty are thine, and end - less praise.



Doxology

Praise God from whom all blessings flow
 Praise God all creatures here below
 Praise God above ye heavenly hosts
 Creator, Christ, and Holy Ghost. Amen.

Please stand as able.

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth. Through Jesus Christ our Lord; who on the first day of the week overcame death and the grave, and by his glorious resurrection opened to us the way of everlasting life. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Presider and People:

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
 heart is glad to say the words: you are ho - ly, Lord.

Presider: Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People:

**Christ has died,
Christ is risen,
Christ will come again.**

Presider: We celebrate the memorial of our redemption, Loving God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever.
AMEN.

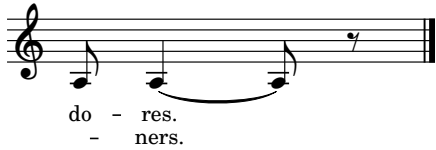
Presider: As our Savior Christ has taught us, we now pray:

Our Fa - ther in hea - ven, hal - lowed be your Name,
 your king - dom come, your will be done, on earth as in
 hea - ven. Give us to - day our dai - ly bread.
 For - give us our sins as we for - give those who
 sin a - gainst us. Save us from the time of trial,
 and de - liv - er us from e - vil. For the king - dom the pow - er,
 and the glo - ry are yours, now and for ev - er. A - men.

The Breaking of the Bread

The Fraction Song: *(Here & next page.)*

Se - ñor y Je-su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je-su -
 Lord Je-sus Christ, Son of the li - ving God, Lord Je-sus
 cris - to, Hi - jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no -
 Christ, Son of the li - ving God; O have mer - cy on us
 so - tros pe - ca - do - res. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca -
 sin - ners, O have mer - cy on us sin -



Presider: Alleluia. Christ our Passover is sacrificed for us;
People: **Therefore let us keep the feast. Alleluia.**
Presider: The Gifts of God for the People of God.

*Please be seated.
Those present are invited to receive Holy Communion.
You can approach the altar at the direction of the usher.
Those with us online, during these next moments of meditation,
wherever you are, receive God's gifts to you.
We share spiritual communion today.*

Communion Hymn

You Satisfy the Hungry Heart

Here & next page.

Musical score for the first line of the Communion Hymn. It features a vocal line in treble clef and a piano accompaniment in grand staff (treble and bass clefs). The key signature has three flats (B-flat, E-flat, A-flat). The tempo is marked 'Refrain'. The lyrics are: "You sat-is- fy the hun- gry heart with gift of fin- est wheat;".

Refrain

You sat-is- fy the hun- gry heart with gift of fin- est wheat;

Musical score for the second line of the Communion Hymn. It features a vocal line in treble clef and a piano accompaniment in grand staff (treble and bass clefs). The key signature has three flats (B-flat, E-flat, A-flat). The tempo is marked 'Fine'. The lyrics are: "Come give to us, O sav- ing Lord, the bread of life to eat."

Fine

Come give to us, O sav- ing Lord, the bread of life to eat.

1. As when the shep-herd calls his sheep, They know and heed his voice;
 2. With joy - ful lips we sing to You Our praise and grat - i - tude
 3. Is not the cup we bless and share The blood of Christ out-poured?
 4. The mys - tery of Your pres - ence, Lord, No mor - tal tongue can tell:
 5. You give Your-self to us, O Lord; Then self - less let us be,

So when You call Your fam - ily, Lord, We fol - low and re - joice.
 That You should count us wor - thy, Lord, To share this heav - en - ly food.
 Do not one cup, one loaf, de - clare Our one - ness in the Lord?
 Whom all the world can - not con - tain Comes in our hearts to dwell.
 To serve each oth - er in Your name In truth and char - i - ty.

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you. Amen.

Post Communion Prayer

Presider: Let us pray.

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

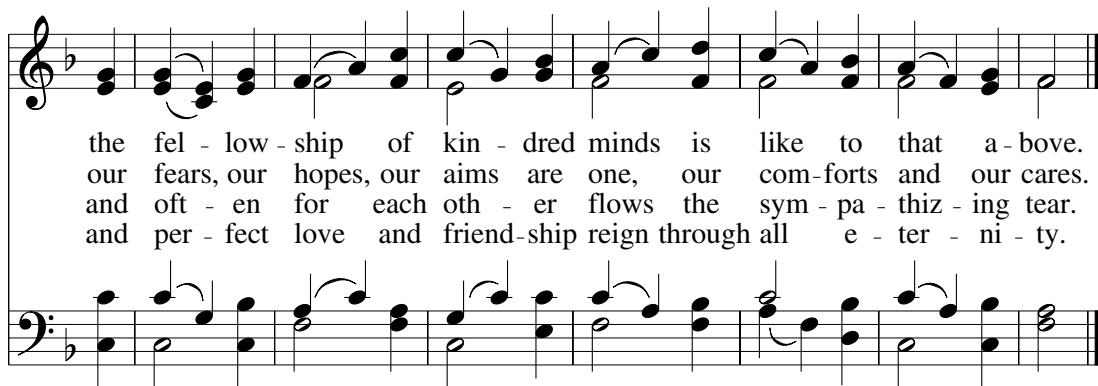
Blessing

Closing Hymn

Blest Be the Tie That Binds



1 Blest be the tie that binds our hearts in Chris - tian love;
2 Be - fore our Fa - ther's throne we pour our ar - dent prayers;
3 We share our mu - tual woes, each oth - er's bur - dens bear;
4 From sor - row, toil, and pain, and sin we shall be free;



the fel - low - ship of kin - dred minds is like to that a - bove.
our fears, our hopes, our aims are one, our com - forts and our cares.
and oft - en for each oth - er flows the sym - pa - thiz - ing tear.
and per - fect love and friend - ship reign through all e - ter - ni - ty.

Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia.

People: Thanks be to God. Alleluia, Alleluia.



Offertory - Thank you for giving!

Please drop your offering in the church's mailbox or mail it to:

St. Paul's Episcopal Church
415 S. 18th Street
Mount Vernon, WA 98274

Their Sound has Gone Out (Psalm 19:4)

St. Paul's is engaged in a Capital Campaign with a goal of raising \$30,000 to upgrade the parish sound system. We are hoping to receive a Diocesan Development grant from the Diocese to help defray some of this major expense, but we know our parish family will be the primary source of funding if we are to replace that which is no longer able to adequately serve our growing needs. We appreciate all you have done and continue to do to help share the Gospel in and around our community, and thank you in advance for your generosity of spirit which allows us to continue building relationships with God and neighbor. Please note "Sound System" on your checks or envelopes. Thank you and God bless you. *Joe Thomas, Maggie Bird, Keith Axberg, your Sound System Task Force.*

Serving Today: 9:30 a.m. Holy Eucharist

Presider:	The Reverend Paul Moore
Deacon:	Rev. Dennis Taylor, Rev. Vicki Johnson
Music Director:	David Sloat
Eucharistic Minister:	Sherri Greenleaf
Eucharistic Visitor:	Carol/Fr. Paul
Lector:	Nicole Smith
Greeters:	Penny Worrell
Counters:	Sharon Johnson, Margie Lauer

Your Vestry members request your prayers for this congregation and their leadership. They want to be in conversation with you. Speak with them so they know the needs of the congregation:

Darcy Wells - *Senior Warden*, Dan Niven - *Junior Warden*, Margaret Bird - *Treasurer*
Barb Cheyney - *Clerk*, Michael Boss, Margie Lauer, Sara Young, Joe Thomas

St. Paul's Prayer Team prays daily for those on the prayer list.

Please email Penny Worrell at penny.worrell@gmail.com.

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Cover image: <https://rogerfarnworth.com/2016/08/28/shame-at-the-wedding-banquet-luke-1417-14/>

Page 20 image: <https://www.agnusday.org/comics/207/luke-14-1-7-14-2007>

What is Ordinary Time?

According to Ecclesiastes 3:1 and the song by The Byrds, “To everything there is a season.” In much of the Church, we observe the seasons of the two great cycles of the Church Year: Advent and Christmas, Lent and Easter. But there are “in between” times which are sometimes counted as “ordinary.” In the Roman Catholic Church, the Sundays after the Feast of the Epiphany and after the Feast of the Pentecost are considered “ordinary time.” Episcopalians are more likely to call these times “the Season of Epiphany” and “the Season of Pentecost.”

The Book of Common Prayer calls these periods “Epiphany Season” and “The Season after Pentecost” (pp. 31-32). When Sundays are called “ordinary,” it does not mean that they are prosaic and mundane and all alike. They are ordinary in the sense that certain forms of numbers used count off things (e.g. first, second, third) are called “ordinal” numbers. The first ordinary season (which begins on the Sunday after the Feast of the Epiphany, which is always January 6) emphasizes how Jesus was and is manifested to be the Christ in the world. The second ordinary season (which begins on the Sunday after the Feast of Pentecost, also called Trinity Sunday) emphasizes how the Holy Spirit grew the Church to become the body of Christ in the world after Jesus’ Ascension into Heaven. This second Ordinary Time (or the Season after Pentecost) always ends on the Sunday next before the First Sunday of Advent with an observance sometimes called Christ the King Sunday.

Churches which follow the Roman/Episcopal scheme of liturgical colors use green vestments and paraments in their churches during Ordinary Time although there is freedom to use other colours. Neither the Prayer Book nor the Canons prescribe liturgical colors. This allows some churches to use dark forest green in Epiphanytide and light grass green during Pentecost. Other churches use copper or bronze during these seasons. Without some variety, the green set always wear out first. The colors, like the other elements of worship which change with the seasons, are intended to help focus our thinking and our meditation upon those aspects of the Faith emphasized during the particular season. If done correctly, this changes ordinary time into extraordinary time.

Thanks to the Rev. Stephen Moore for this post on Ordinary Time. Rev. Moore is the retired Vicar at All Saints Episcopal Church in Bellevue.

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's table. We use real wine in the cup. If you wish to receive only a blessing, simply cross your arms in front of you as the priest approaches. If you do not want to drink from the chalice, keep the piece of bread on your open palm, and present it to the chalice bearer, who will then dip the bread into the wine and place it on your tongue. Non-gluten bread is also available. Please inform us if this is your preference. We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.



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