

SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*



SUNDAY, AUGUST 18, 2024 THE THIRTEENTH SUNDAY AFTER PENTECOST

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360-424-1822

E-MAIL: STPAULMV@COMCAST.NET
WEBSITE: WWW.STPAULSMV.ORG

Welcome to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.



The Holy Eucharist - Rite II

Opening Bell

Welcome..... *Celebrant*

Announcements *Member of Vestry*

Prelude..... "Be Thou My Vision" – Traditional Irish tune

Land Acknowledgement..... *Celebrant*

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, including the Skagit Tribe who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

***Presider and People:* We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.**

The Word of God

Opening Hymn Just as I Am Without One Plea Hymn 693

Please stand as able.

Presider: Blessed be God: Creator, Redeemer, and Sanctifier

People: And blessed be God's kingdom, now and forever. Amen

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Gloria Gloria Hymn S280

The Collect of the Day

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Presider and People:

Almighty God, you have given your only Son to be for us a sacrifice for sin, and also an example of godly life: Give us grace to receive thankfully the fruits of his redeeming work, and to follow daily in the blessed steps of his most holy life; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Liturgy of the Word

Please be seated.

A Reading From Proverbs 9:1-6

Wisdom has built her house,

she has hewn her seven pillars.

She has slaughtered her animals, she has mixed her wine,

she has also set her table.

She has sent out her servant-girls,

she calls from the highest places in the town,

“You that are simple, turn in here!”

To those without sense she says,

Come, eat of my bread

and drink of the wine I have mixed.

Lay aside immaturity, and live,

and walk in the way of insight.”

Lector: The Word of the Lord.

People: Thanks be to God.

Psalm 34:9-14

Benedicam Dominum

9 Fear the LORD, you that are his saints, *
for those who fear him lack nothing.

10 The young lions lack and suffer hunger, *
but those who seek the LORD lack nothing that is good.

11 Come, children, and listen to me; *
I will teach you the fear of the LORD.

12 Who among you loves life *
and desires long life to enjoy prosperity?

13 Keep your tongue from evil-speaking *
and your lips from lying words.

14 Turn from evil and do good; *
seek peace and pursue it.

A Reading From Ephesians 5:15-20

Be careful then how you live, not as unwise people but as wise, making the most of the time, because the days are evil. So do not be foolish, but understand what the will of the Lord is. Do not get drunk with wine, for that is debauchery; but be filled with the Spirit, as you sing psalms and hymns and spiritual songs among yourselves, singing and making melody to the Lord in your hearts, giving thanks to God the Father at all times and for everything in the name of our Lord Jesus Christ.

Lector: The Word of the Lord.

People: Thanks be to God.

Gradual HymnBread of the World..... Hymn 301

Presider: The Holy Gospel of Our Lord Jesus Christ According to John 6:51-58

Jesus said, "I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Jews then disputed among themselves, saying, "How can this man give us his flesh to eat?" So Jesus said to them, "Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them. Just as the living Father sent me, and I live because of the Father, so whoever eats me will live because of me. This is the bread that came down from heaven, not like that which your ancestors ate, and they died. But the one who eats this bread will live forever."

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

Please stand as able.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation

he came down from heaven:

**was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.**

**On the third day he rose again
in accordance with the Scriptures;**

he ascended into heaven

and is seated at the right hand of the Father.

**He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.**

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

**We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For Michael and Melissa, our presiding bishops, for Philip and Sean, our bishops elect, and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Leader and People

Have mercy upon us, most merciful God; in your compassion forgive us our sins, known and unknown, things done and left undone; and so uphold us by your Spirit that we may live and serve you in newness of life, to the honor and glory of your Name; through Jesus Christ our Lord. Amen.

Presider speaks an Absolution.

The Peace / La Paz

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: And also with you. / Y con tu espíritu.

If you are worshiping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

Offertory When In Our Music God is Glorified.....Hymn 420

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Doxology

**Praise God from whom all blessings flow
Praise God all creatures here below
Praise God above ye heavenly hosts
Creator, Christ, and Holy Ghost.
Amen**

The Holy Communion - Eucharistic Prayer A

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available. The assembly is invited to stand as they are able for the Eucharistic Prayer.

Intinction, also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of our chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to God.

Presider: Let us give thanks to the one who created us.

People: It is right to give God thanks and praise.

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For by water and the Holy Spirit you have made us a new people in Jesus Christ our Lord, to show forth your glory in all the world.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Next page:

San - to, san - to, san-to, mi co - ra - zón te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dore you! My

co - ra - zón te sa - be de - cir: san - to e - res Señ - or.
heart is glad to say the words: You are ho - ly Lord.

The Presider continues

Oh God, you are holy and gracious: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to

reconcile us to you, our Rock and our Foundation. Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People: Christ has died.

Christ is risen.

Christ will come again.

The Presider continues

We celebrate the memorial of our redemption, O God, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

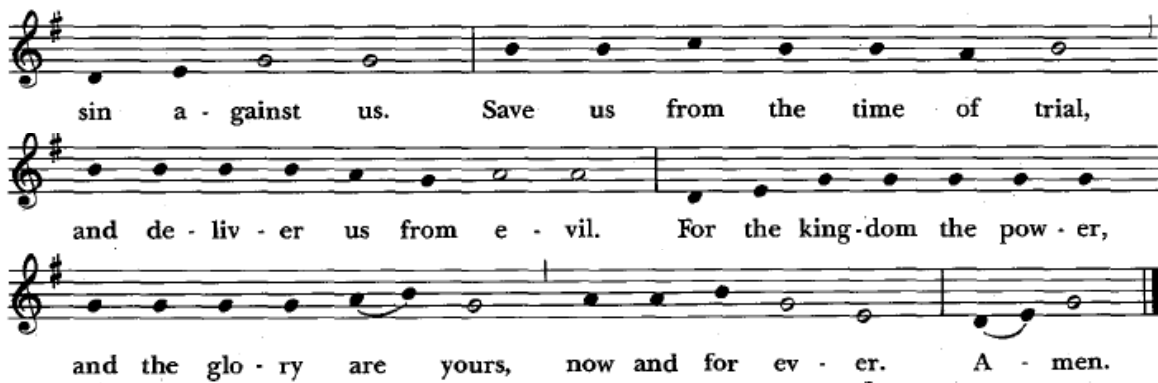
Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal Reign.

All this we ask through your Son Jesus Christ: By whom, and with whom, and in whom, in the unity of the Holy Spirit all honor and glory is yours, Most Blessed One, now and forever.

Amen.

Presider: As our Savior Christ has taught us, we are bold to pray:

Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in
hea - ven. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who



sin a - gainst us. Save us from the time of trial,
and de - liv - er us from e - vil. For the king - dom the pow - er,
and the glo - ry are yours, now and for ev - er. A - men.

Presider: Alleluia! Christ our Passover is sacrificed for us;

People: **Therefore let us keep the feast. Alleluia!**

The Breaking of the Bread

The Fraction Song



Se - ñor y Je - su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je - su - cris - to, Hi -
Lord Je - sus Christ, Son of the li - ving God, Lord Je - sus Christ, Son
jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -
of the li - ving God; O have mer - cy on us sin - ners, O
ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.
have mer - cy on us sin - ners.

Presider: The Gifts of God for the People of God.

Please be seated.

Those present are invited to receive Holy Communion. You can approach the altar at the direction of the usher.

*Those with us online,
during these next moments of meditation wherever you are, receive God's gifts to you.
We share spiritual communion today.*

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you, go in peace. Amen.

Post Communion Prayer

Presider: Let us pray.

People and Presider: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn Guide Me, O Thou Great JehovahHymn 550

Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia!

People: Thanks be to God. Alleluia, Alleluia!

Postlude.....“Holy Spirit, Ever Dwelling – Timothy Reese, 1844



Serving Today:

9:30 a.m. Holy Eucharist

Presider

Preacher

Deacon:

Musician

Eucharistic Minister:

Eucharistic Visitors:

Greeters:

Lectors:

Counters:

Rev. Paul Moore

Rev. Vicki Johnson

Rev. Dennis Taylor, Rev. Vicki Johnson

Elizabeth Mahoney-Niven

Penny Worrell

Vicki Johnson & Mary Ann Taylor

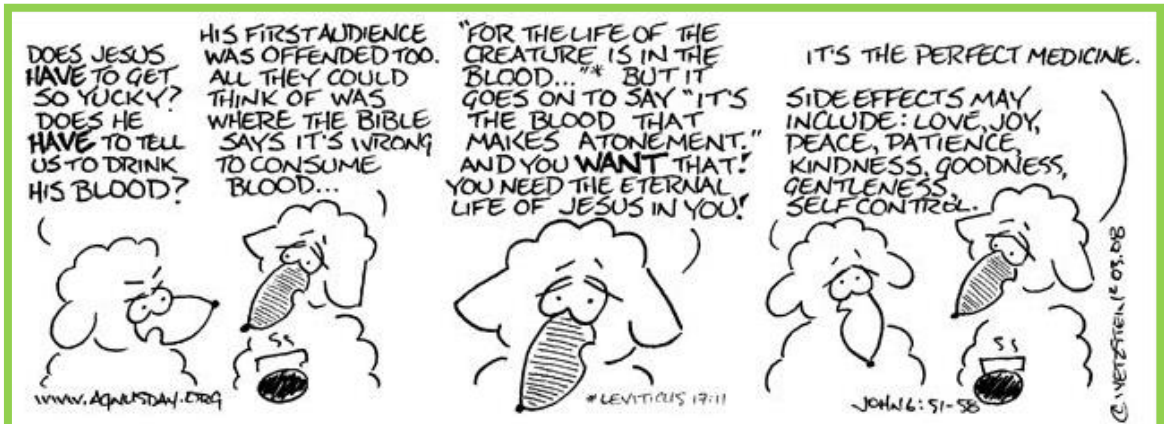
Ron & Pat Kostanich

Sherri Greenleaf & Bonnie Schuh

Bonnie Schuh & Joe Thomas

St. Paul's Prayer Team prays daily for those on the prayer list. Please email Penny Worrell at penny.worrell@gmail.com.

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Cover image: <https://digitalmissioners.com/2020/06/john-651-58/>



Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

Other things to do to participate in our community

Check out the whiteboard in the narthex for other interesting events and happenings in the area. You can also sign up for church activities (such as flowers or coffee hour) in the Parish Hall.

COVID Tests

There are free COVID tests in the Parish Hall. It's a good idea to have one in advance of needing one, so stop by and get one as necessary. There are two tests in each kit. It's just one more way to show caring to those around you.

Vestry

Vestry meetings are every second Tuesday at 4:30, usually in the Fireside room and are open meetings.

Your Vestry are:

Rector:The Rev. Paul Moore

Treasurer:.....Margaret Bird

Clerk:Joe Thomas

Senior Warden:Margie Lauer

Junior Warden:Carol Boss

Member.....Sue Shepherd

Member.....Tony Smith

Flowers

The Flowers today are from Dave and Kathi Forbes, celebrating their anniversary.

Day By Day

The Day by Day devotionals for August through October are available on the table by the office door. Both English and Spanish versions are available.

St. Paul's Mass on the Grass

Mass on the Grass for St. Paul's will be held on Sunday, August 25th at 10:30 a.m. at the Woodland Shelter at Hillcrest Park. It will be a bilingual service with Resurrección, and we will have a potluck afterward. The sign-up sheet for that is in your email and a copy is in the parish hall. Please bring a lawn or camping chair and worship in God's beauty.

Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

David on vacation

David Lorente, Parish Admin, will be on vacation Aug. 14 through Aug. 22. Office hours will be kept by volunteers.

Art in the Narthex

Do you have art you would like to display in the narthex? Religious or otherwise, we enjoy seeing what parishioners enjoy in their homes. It does not have to be your own artwork. It can be fiber, glass, paint, sculpture or whatever medium. Contact Margie Lauer, 425.248.9336 or Sally Rode for scheduling.

The Art in the Narthex at this time is from Lauren Wright.

Banner Bearer

We need someone to take our banner to the consecration of our next bishop on September 14th. Volunteers, please see Fr. Paul. Thank you.

Announcements

If you need to put announcements in the bulletin, the contact person is David Lorente, our Parish Administrator. His email is "stpaulmv@comcast.net, and the deadline is noon on Wednesday. If you need to submit an announcement for the e-blast, the contact person is Jen McCabe. Her email address is jennifer.e.mccabe@gmail.com, and the deadline is 8 p.m. on Thursday. Please do not use the "stpaulsmv@gmail.com" address. It is for social media purposes only.

Why does voting matter?

Your vote makes a difference in shaping policies addressing challenges that matter to you.



OFFICE OF
GOVERNMENT
RELATIONS



EPISCOPAL
PUBLIC POLICY
NETWORK

#VoteFaithfully

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's Table. We use real wine in the cup. Intinction, which is also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of your chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread, which is gluten free.

We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

TELECOIL ASSIST AVAILABLE.



HEADPHONES ARE ALSO AVAILABLE,
PLEASE SEE A GREETER.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
The Reverend Paul Moore <i>Rector</i>	254-368-6475	padrequiteno@gmail.com
The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	deacon2rn@comcast.net
St. Paul's Office <i>Parish Administrator</i>	360-424-1822	stpaulmv@comcast.net

If you would like to receive our e-news, please send a message to stpaulmv@comcast.net.

Offertory - Thank you for giving!
Please drop your offering in the church's mailbox or mail it to:
St. Paul's Episcopal Church
415 S. 18th Street
Mount Vernon, WA 98274