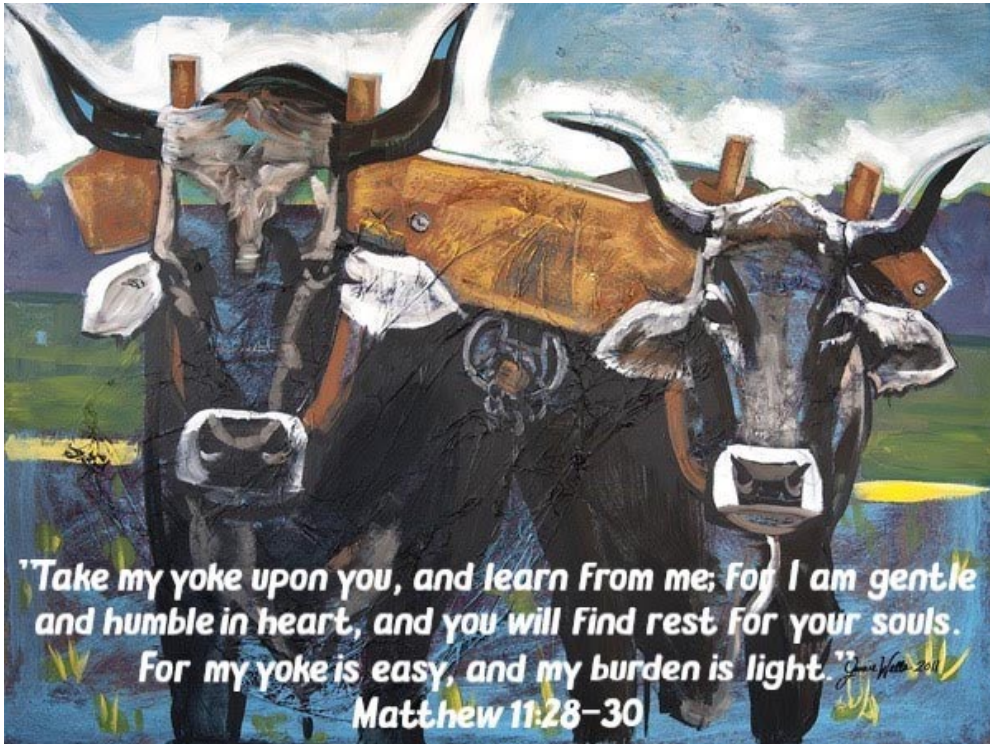


# SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,  
and that we are recipients of and participants in that healing and restoration.*



**SUNDAY, JULY 9, 2023**

**SIXTH SUNDAY AFTER PENTECOST**

**415 SOUTH 18TH ST., MOUNT VERNON WA 98274-4658**

**360-424-1822**

**E-MAIL: STPAULMV@COMCAST.NET**

**WEBSITE: WWW.STPAULSMV.ORG**

# The Holy Eucharist - Rite II

**W**ELCOMED to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

**O**ur worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.

## Opening Bell

Welcome

*Celebrant*

Announcements

*Member of Vestry*

Prelude

*"Sunlight in My Soul"*

arr. Garlock

Land Acknowledgement

*Celebrant*

*We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, especially the Skagit Tribe who has stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.*

Mission Statement

*Presider and People:*

1

**We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.**

*Please stand as able.*

Presider: Blessed be God, Earth Maker, Pain Bearer, Life Giver.

People: **And blessed be God's kingdom, now and for ever. Amen.**

### The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

### The Collect

Presider: God be with you.

People: **And also with you.**

Presider: Let us pray.

**O God, you have taught us to keep all your commandments by loving you and our neighbor: Grant us the grace of your Holy Spirit, that we may be devoted to you with our whole heart, and united to one another with pure affection; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.**

# The Liturgy of the Word

*Please be seated.*

## A Reading from Zechariah 9:9-12.

Rejoice greatly, O daughter Zion!  
Shout aloud, O daughter Jerusalem!  
Lo, your king comes to you;  
triumphant and victorious is he,  
humble and riding on a donkey,  
on a colt, the foal of a donkey.  
He will cut off the chariot from Ephraim  
and the war horse from Jerusalem;  
and the battle bow shall be cut off,  
and he shall command peace to the nations;  
his dominion shall be from sea to sea,  
and from the River to the ends of the earth.  
As for you also, because of the blood of my covenant with you,  
I will set your prisoners free from the waterless pit.  
Return to your stronghold, O prisoners of hope;  
today I declare that I will restore to you double.

Lector: The Word of the Lord.

People: **Thanks be to God.**

Psalm 145:8-15

- 8 The Lord is gracious and full of compassion, \*  
slow to anger and of great kindness.
- 9 The Lord is loving to everyone \*  
and his compassion is over all his works.
- 10 All your works praise you, O Lord, \*  
and your faithful servants bless you.
- 11 They make known the glory of your kingdom \*  
and speak of your power;
- 12 That the peoples may know of your power \*  
and the glorious splendor of your kingdom.
- 13 Your kingdom is an everlasting kingdom; \*  
your dominion endures throughout all ages.
- 14 The Lord is faithful in all his words \*  
and merciful in all his deeds.
- 15 The Lord upholds all those who fall; \*  
he lifts up those who are bowed down.

**A Reading from Romans 7:15-25a.**

I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. Now if I do what I do not want, I agree that the law is good. But in fact it is no longer I that do it, but sin that dwells within me. For I know that nothing good dwells within me, that is, in my flesh. I can will what is right, but I cannot do it. For I do not do the good I want, but the evil I do not want is what I do. Now if I do what I do not want, it is no longer I that do it, but sin that dwells within me.

So I find it to be a law that when I want to do what is good, evil lies close at hand. For I delight in the law of God in my inmost self, but I see in my members another law at war with the law of my mind, making me captive to the law of sin that dwells in my members. Wretched man that I am! Who will rescue me from this body of death? Thanks be to God through Jesus Christ our Lord!

Lector: The Word of the Lord.

People: **Thanks be to God.**

*Please stand as able.*

Gradual

If Thou But Suffer God to Guide Thee

Hymn 635

Presider: The Holy Gospel of Our Lord Jesus Christ According to Matthew 11:16-19, 25-30.

**People: Glory to you, Lord Christ.**

Jesus said to the crowd, “To what will I compare this generation? It is like children sitting in the marketplaces and calling to one another,

‘We played the flute for you, and you did not dance; we wailed, and you did not mourn.’

For John came neither eating nor drinking, and they say, ‘He has a demon’; the Son of Man came eating and drinking, and they say, ‘Look, a glutton and a drunkard, a friend of tax collectors and sinners!’ Yet wisdom is vindicated by her deeds.”

At that time Jesus said, “I thank you, Father, Lord of heaven and earth, because you have hidden these things from the wise and the intelligent and have revealed them to infants; yes, Father, for such was your gracious will. All things have been handed over to me by my Father; and no one knows the Son except the Father, and no one knows the Father except the Son and anyone to whom the Son chooses to reveal him.

“Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest. Take my yoke upon you, and learn from me; for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

Presider: The Gospel of the Lord.

**People: Praise to you, Lord Christ.**

*Please be seated.*

*Please stand as able.*

## The Nicene Creed

We believe in one God,  
the Father, the Almighty,  
maker of heaven and earth,  
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,  
the only Son of God,  
eternally begotten of the Father,  
God from God, Light from Light,  
true God from true God,  
begotten, not made,  
of one Being with the Father.  
Through him all things were made.

For us and for our salvation

he came down from heaven:

was incarnate of the Holy Spirit and the Virgin Mary  
and became truly human.

For our sake he was crucified under Pontius Pilate;  
he suffered death and was buried.

On the third day he rose again  
in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,  
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,  
who proceeds from the Father,  
who with the Father and the Son is worshiped and glorified,  
who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.



## The Prayers of the People

*Eucharistic Minister:* In peace, we pray to you, Lord God.

*Silence.*

For all people in their daily life and work;  
**For our families, friends, and neighbors, and for those who are alone.**

For this community, the nation, and the world;  
**For all who work for justice, freedom, and peace.**

For the just and proper use of your creation;  
**For the victims of hunger, fear, injustice, and oppression.**

For all who are in danger, sorrow, or any kind of trouble;  
**For those who minister to the sick, the friendless, and the needy.**

For the peace and unity of the Church of God;  
**For all who proclaim the Gospel, and all who seek the Truth.**

For Michael our Presiding Bishop, and Melissa our Bishop and for all bishops and other ministers;  
**For all who serve God in his Church.**

Almighty God, giver of every good gift: Look graciously on your Church, and so guide the minds of those who shall choose a bishop for this Diocese, that we may receive a faithful pastor, who will care for your people and equip us for our ministries; through Jesus Christ our Lord.

For the special needs and concerns of this congregation.

*Silence.*

*The People may add their own petitions.*

Hear us, Lord;  
**For your mercy is great.**

We thank you, Lord, for all the blessings of this life.

*Silence.*

*The People may add their own thanksgivings.*

We will exalt you, O God our King; **And praise your Name for ever and ever.**

We pray for all who have died, that they may have a place in your eternal kingdom.

*Silence.*

*The People may add their own petitions.*

Lord, let your loving-kindness be upon them;  
**Who put their trust in you.**

## **Confession and Absolution**

Deacon or Presider: Let us confess our sins to God.

*Silence may be kept.*

**Presider and People:**

God of all mercy,  
we confess that we have sinned against you,  
opposing your will in our lives.  
We have denied your goodness in each other,  
in ourselves, and in the world you have created.  
We repent of the evil that enslaves us,  
the evil we have done,  
and the evil done on our behalf.

Forgive, restore, and strengthen us  
through our Savior Jesus Christ,  
that we may abide in your love  
and serve only your will. Amen.

*Presider speaks an Absolution.*

## **The Peace / La Paz**

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: **And also with you. / Y con tu espíritu.**

*If you are worshipping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.*

## **Celebrations and Thanksgiving of Life**

*Your gifts are much appreciated.*

*If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at [www.stpaulsmv.org](http://www.stpaulsmv.org)*

**Offertory (vocal solo)**

**“Sing Ye a Joyful Song”**

*by Antonin Dvorak*

## **Doxology**

**Praise God from whom all blessings flow  
Praise God all creatures here below  
Praise God above ye heavenly hosts  
Creator, Christ, and Holy Ghost. Amen.**

*Please stand as able.*

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.

People: It is right to give God thanks and praise.

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, God Almighty, Creator of heaven and earth. For you are the source of light and life, you made us in your image, and called us to new life in Jesus Christ our Lord. Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Presider and People:

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi  
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.  
 heart is glad to say the words: you are ho - ly, Lord.

Presider: Holy and gracious God: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

*Presider and People:*

**Christ has died,  
Christ is risen,  
Christ will come again.**

Presider: We celebrate the memorial of our redemption, Loving God, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

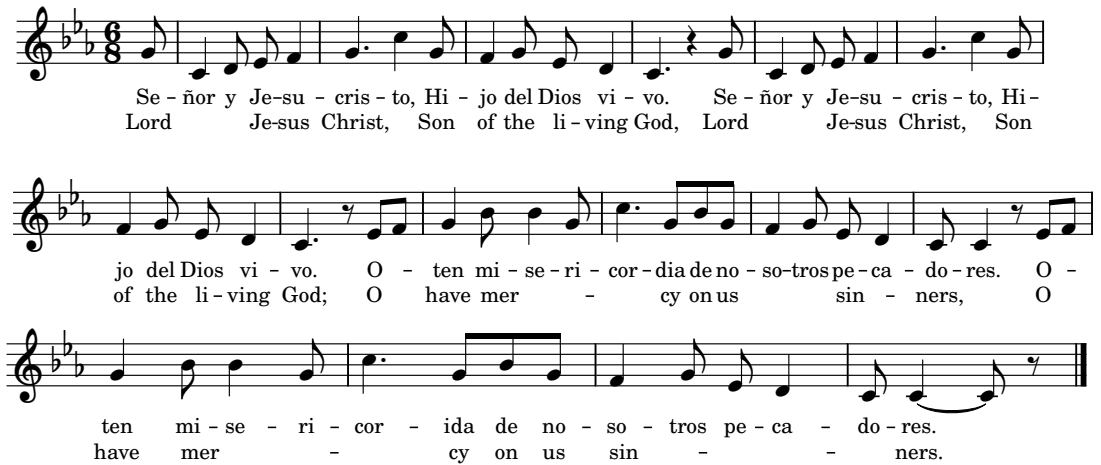
All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty God, now and for ever. **AMEN.**

Prisider: As our Savior Christ has taught us, we now pray:

Our Fa - ther in hea - ven, hal - lowed be your Name,  
your king - dom come, your will be done, on earth as in  
hea - ven. Give us to - day our dai - ly bread.  
For - give us our sins as we for - give those who  
sin a - gainst us. Save us from the time of trial,  
and de - liv - er us from e - vil. For the king - dom the pow - er,  
and the glo - ry are yours, now and for ev - er. A - men.

## The Breaking of the Bread

The Fraction Song:



Se - ñor y Je - su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je - su - cris - to, Hi -  
Lord Je - sus Christ, Son of the li - ving God, Lord Je - sus Christ, Son  
jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -  
of the li - ving God; O have mer - cy on us sin - ners, O  
ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.  
have mer - cy on us sin - ners.

Presider: Alleluia. Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia.

Presider: The Gifts of God for the People of God.

*Please be seated.*

*Those present, are invited to receive Holy Communion. You can approach the altar at the direction of the usher.*

*Those with us online, during these next moments of meditation, wherever you are, receive God's gifts to you. We share spiritual communion today.*

Communion

One Bread, One Body

Refrain

One bread, one bod-y, one Lord of all,  
one cup of bless-ing which we bless. And we, though  
man-y, through-out the earth, we are one bod-y in this

Verses

one Lord. 1. Gen-tile or Jew, ser-vant or  
2. Man-y the gifts, man-y the  
3. Grain for the fields, scat-tered and  
to Refrain  
1. free, wom-an or man, no more.  
2. works, one in the Lord of all.  
3. grown, gath-ered to one, for all.



## **Sending out of Eucharistic Visitors:**

*The Presider sends forth the Eucharistic Minister with a blessing:*

Presider: We who are many are one body

**People: Because we all share one bread, one cup.**

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

**People: As you have been fed, now feed others in the name of Christ.**

Presider: Our prayers go with you, go in peace. **Amen.**

## **Post Communion Prayer**

Presider: Let us pray.

**God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.**

## **Blessing**

**Dismissal**

Presider: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia.

People: Thanks be to God. Alleluia, Alleluia.

**Postlude**

“Be Thou My Vision”

*arr. Carraway*

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*Offertory - Thank you for giving!*

Please drop your offering in the church's mailbox or mail it to:

**St. Paul's Episcopal Church**

**415 S. 18<sup>th</sup> Street**

**Mount Vernon, WA 98274**

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## Serving Today: 9:30 a.m. Holy Eucharist

Presider:	The Reverend Paul Moore
Deacon:	Rev. Dennis Taylor, Rev. Vicki Johnson
Music Director:	David Sloat
Eucharistic Minister:	Margie Adams
Greeters:	Don & Arlene Zimmerman
Lector(s):	Carol Treston
Eucharistic Visitors:	Vicki J/Sherrri G
Counters:	Elizabeth Tucker, Margie Lauer

Your **Vestry** members request your prayers for this congregation and their leadership. They want to be in conversation with you. Speak with them so they know the needs of the congregation: Maggie Bird, Bonnie Schuh, Joe Thomas, Darcy Wells, Margie Lauer, Sue Shepherd.

St. Paul's Prayer Team prays daily for those on the prayer list.  
Please email Penny Worrell at [penny.worrell@gmail.com](mailto:penny.worrell@gmail.com).

All music used during this service is licensed for online streaming through OneLicense.net #A-725912  
Cover image: <https://upcsterling.com/2020/07/07/rest-responsibility/>

### ***Opportunity Knocks!***

Skagit Habitat for Humanity is actively seeking volunteer candidates for the 2023/2024 Homebuyer Selection Committee. The Homebuyer Selection Committee screens and selects qualified applicants following a fair and objective Homebuyer selection process based on the evaluation criteria of Habitat for Humanity International. Training for this position is provided. For additional information and/or to apply to serve on this committee, contact: Jenna Blade, Skagit Habitat for Humanity Volunteer Outreach & Engagement Manager at: [j.blade@skagithabitat.com](mailto:j.blade@skagithabitat.com) or 360.420.3649.

### ***New Group***

A new group, entitled "The Buckets and Brooms Brigade," is forming. Its purpose is to occasionally perform cleaning tasks that aren't done by the cleaning staff. We need at least 20 people (men and women) so we can ensure that "Many Hands Make Light the Work." Jesus has already signed up. When the brigade has been assembled, a blessing will be bestowed upon all and the work will begin. If you can help out, please contact Carol Boss ([cbossnwa@gmail.com](mailto:cbossnwa@gmail.com)) or Margie Lauer ([margie.lauer@gmail.com](mailto:margie.lauer@gmail.com)) for more information. (A party will always be part of the task! )

## *Welcome to Saint Paul's!*

**W**e hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

**E**veryone is welcome to receive Holy Communion at the Lord's table. We use real wine in the cup. If you wish to receive only a blessing, simply cross your arms in front of you as the priest approaches. If you do not want to drink from the chalice, please cross your arms across your chest. Non-gluten bread is also available. Please inform us if this is your preference. We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.



The Episcopal Diocese of Olympia	206-325-4200	<a href="https://ecww.org/">https://ecww.org/</a>
The Reverend Paul Moore <i>Rector</i>	254-368-6475	<a href="mailto:padrequiteno@gmail.com">padrequiteno@gmail.com</a>
The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	<a href="mailto:deacon2rn@comcast.net">deacon2rn@comcast.net</a>
David Sloat <i>Organist and Music Director</i>	713-834-4335	<a href="mailto:dsloat617@msn.com">dsloat617@msn.com</a>
St. Paul's Office <i>Parish Administrator</i> <i>Bookkeeper</i>	360-424-1822	<a href="mailto:stpaulmv@comcast.net">stpaulmv@comcast.net</a> <a href="mailto:spbookkeeper@comcast.net">spbookkeeper@comcast.net</a>

If you would like to receive our e-news, please send a message to [stpaulmv@comcast.net](mailto:stpaulmv@comcast.net).