

SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*



SUNDAY, JUNE 2, 2024
THE SECOND SUNDAY AFTER PENTECOST
TRINITY SUNDAY

415 SOUTH 18TH ST., MOUNT VERNON WA 98274-4658
360-424-1822

E-MAIL: STPAULMV@COMCAST.NET
WEBSITE: WWW.STPAULSMV.ORG

Welcome to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.



The Holy Eucharist - Rite II

Opening Bell

Welcome

Celebrant

Announcements

Member of Vestry

Prelude.....Let All Things Now Living – Welsh Melody – arr. Julia A. Lind

Land Acknowledgement

Celebrant

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, including the Skagit Tribe who have stewarded this land throughout the generations. We thank these caretakers of this land who have lived and continue to live here, since time immemorial.

Mission Statement

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

Opening Hymn“O,for a Thousand Tongues to Sing”..... Hymn 439

Please stand as able.

Presider: Blessed be God: Creator, Redeemer, and Sanctifier

People: And blessed be God's kingdom, now and forever. Amen

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria Hymn S280

The Collect

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Presider and People:

O God, your never-failing providence sets in order all things both in heaven and earth: Put away from us, we entreat you, all hurtful things, and give us those things which are profitable for us; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Liturgy of the Word

Please be seated.

A Reading from **Deuteronomy 5:12-15**

Observe the sabbath day and keep it holy, as the LORD your God commanded you. Six days you shall labor and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, or your son or your daughter, or your male or female slave, or your ox or your donkey, or any of your livestock, or the resident alien in your towns, so that your male and female slave may rest as well as you. Remember that you were a slave in the land of Egypt, and the LORD your God brought you out from there with a mighty hand and an outstretched arm; therefore the LORD your God commanded you to keep the sabbath day.

Lector: The Word of the Lord.

People: Thanks be to God.

PSALM 81:2-5,8-10



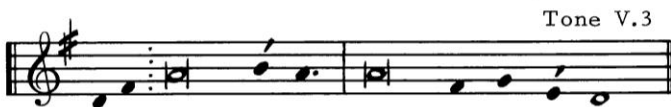
Sing with joy to God our strength.

Raise a song and sound the /timbrel,*
the merry /harp, and the lyre.
Blow the ram's-horn at the /new moon,*
and at the full moon, the /day of our feast. [ANTIPHON]

For this is a statute for /Israēl,*
a law of the /God of Jacob.
He laid it as a solemn charge upon /Joseph,*
when he came out of the /land of Egypt. [ANTIPHON]

Hear, O my people, and I will ad/monish you;*
O Israel, if you would but /listen to me!
There shall be no strange god a/mong you;*
you shall not wor/ship a foreigⁿ god. [ANTIPHON]

I am the Lord your God, who brought you out of the land of Egypt and / said,*—
"Open your mouth wide, and /I will fill it." [ANTIPHON]



Tone V.3

A Reading From **2 Corinthians 4:5-12**

We do not proclaim ourselves; we proclaim Jesus Christ as Lord and ourselves as your slaves for Jesus' sake. For it is the God who said, "Let light shine out of darkness," who has shone in our hearts to give the light of the knowledge of the glory of God in the face of Jesus Christ. But we have this treasure in clay jars, so that it may be made clear that this extraordinary power belongs to God and does not come from us. We are afflicted in every way, but not crushed; perplexed, but not driven to despair; persecuted, but not forsaken; struck down, but not destroyed; always carrying in the body the death of Jesus, so that the life of Jesus may also be made visible in our bodies. For while we live, we are always being given up to death for Jesus' sake, so that the life of Jesus may be made visible in our mortal flesh. So death is at work in us, but life in you.

Lector: The Word of the Lord.

People: Thanks be to God.

Presider: The Holy Gospel of Our Lord Jesus Christ According to **Mark 2:23-3:6**

One sabbath Jesus and his disciples were going through the grainfields; and as they made their way his disciples began to pluck heads of grain. The Pharisees said to him, “Look, why are they doing what is not lawful on the sabbath?” And he said to them, “Have you never read what David did when he and his companions were hungry and in need of food? He entered the house of God, when Abiathar was high priest, and ate the bread of the Presence, which it is not lawful for any but the priests to eat, and he gave some to his companions.” Then he said to them, “The sabbath was made for humankind, and not humankind for the sabbath; so the Son of Man is lord even of the sabbath.”

Again he entered the synagogue, and a man was there who had a withered hand. They watched him to see whether he would cure him on the sabbath, so that they might accuse him. And he said to the man who had the withered hand, “Come forward.” Then he said to them, “Is it lawful to do good or to do harm on the sabbath, to save life or to kill?” But they were silent. He looked around at them with anger; he was grieved at their hardness of heart and said to the man, “Stretch out your hand.” He stretched it out, and his hand was restored. The Pharisees went out and immediately conspired with the Herodians against him, how to destroy him.

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

The Sermon.....Rev. Paul Moore

Please stand as able.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

**Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of the People

Let us pray for the Church and for the world.

Grant, Almighty God, that all who confess your Name may be united in your truth, live together in your love, and reveal your glory in the world.

Silence

Lord, in your mercy

Hear our prayer.

Guide the people of this land, and of all the nations, in the ways of justice and peace; that we may honor one another and serve the common good.

Silence

Lord, in your mercy

Hear our prayer.

Give us all a reverence for the earth as your own creation, that we may use its resources rightly in the service of others and to your honor and glory.

Silence

Lord, in your mercy
Hear our prayer.

Bless all whose lives are closely linked with ours, and grant that we may serve Christ in them, and love one another as God loves us.

Silence

Lord, in your mercy
Hear our prayer.

Comfort and heal all those who suffer in body, mind, or spirit; give them courage and hope in their troubles, and bring them the joy of your salvation.

Silence

Lord, in your mercy
Hear our prayer.

We commend to your mercy all who have died, that your will for them may be fulfilled; and we pray that we may share with all your saints in your eternal kingdom.

Silence

Lord, in your mercy
Hear our prayer.

Silence.

Here other intercessions may be offered, silently or aloud.

The Celebrant adds a concluding Collect.

Confession and Absolution

Presider: Let us confess our sins to God.

Silence may be kept.

Presider and People:

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Presider speaks an Absolution.

The Peace / **La Paz**

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: And also with you. / **Y con tu espíritu.**

If you are worshiping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

Offertory.....“O, Jesus I Have Promised To Serve You To The End..... Hymn 655

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Doxology

**Praise God from whom all blessings flow
Praise God all creatures here below
Praise God above ye heavenly hosts
Creator, Christ, and Holy Ghost.
Amen**

The Holy Communion Eucharistic Prayer A

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available. The assembly is invited to stand as they are able for the Eucharistic Prayer.

Intinction, also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of our chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift our hearts to God.

Presider: Let us give thanks to the one who created us.

People: It is right to give God thanks and praise.

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

But chiefly are we bound to praise you for the glorious resurrection of your Son Jesus Christ our Lord; for he is the true Paschal Lamb, who was sacrificed for us, and has taken away the sin of the world. By his death he has destroyed death, and by his rising to life again he has won for us everlasting life.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

San - to, san - to, san-to, mi co - ra - zón te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

co - ra - zón te sa - be de - cir: san - to_e - res Señ - or.
heart is glad to say the words: You are ho - ly Lord.

Presider: Holy and gracious Father: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People:

Christ has died.

Christ is risen.

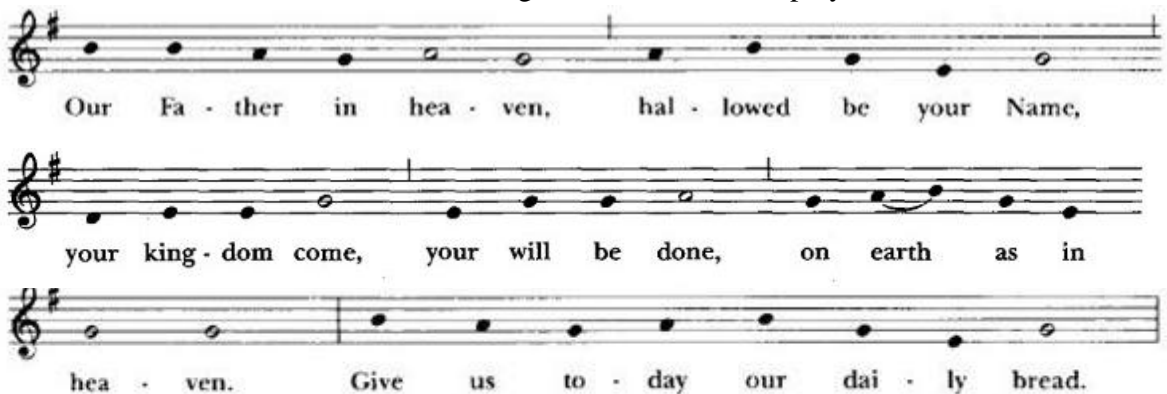
Christ will come again.

Presider continues:

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts. Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ: By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **Amen.**

Presider: As our Savior Christ has taught us, we are bold to pray:



Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in
hea - ven. Give us to - day our dai - ly bread.

For - give us our sins as we for - give those who
 sin a - gainst us. Save us from the time of trial,
 and de - liv - er us from e - vil. For the king - dom the pow - er,
 and the glo - ry are yours, now and for ev - er. A - men.

The Breaking of the Bread
 The Fraction Song

Se - ñor y Je - su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je - su - cris - to, Hi -
 Lord Je - sus Christ, Son of the li - ving God, Lord Je - sus Christ, Son
 jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -
 of the li - ving God; O have mer - cy on us sin - ners, O
 ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.
 have mer - cy on us sin - ners.

Presider: Alleluia! Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia!

Presider: The Gifts of God for the People of God.

Please be seated.

Those present, are invited to receive Holy Communion. You can approach the altar at the direction of the usher.

Those with us online, during these next moments of meditation, wherever you are, receive God's gifts to you. We share spiritual communion today.

Communion Hymn “Let Us Break Bread Together” Hymn 325

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you, go in peace. Amen.

Post Communion Prayer

Presider: Let us pray.

People and Presider: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn..... “The Church's One Foundation” Hymn 525

Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit.
Alleluia, Alleluia!

People: Thanks be to God. Alleluia, Alleluia!

Postlude: Go, My Children, With My Blessing – Welsh Traditional – Arr. Julie A. Lind

Offertory - Thank you for giving!

Please drop your offering in the church's mailbox or mail it to:

St. Paul's Episcopal Church
415 S. 18th Street
Mount Vernon, WA 98274

You can also make payments online at www.stpaulsmv.org

Serving Today:

9:30 a.m. Holy Eucharist

Presider and Preacher	The Reverend Paul Moore
Deacon:	Rev. Dennis Taylor, Rev. Vicki Johnson
Musician:	Elizabeth Mahoney-Niven
Eucharistic Minister:	Maggie Bird
Eucharistic Visitors:	Acacia McDermott & Mary Ann Taylor
Greeters:	Debby & Eric Bloom
Lectors:	Jen McCabe & Carol Treston
Counters:	Sharon Johnson & Carol Boss

St. Paul's Prayer Team prays daily for those on the prayer list. Please email Penny Worrell at penny.worrell@gmail.com.

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Cover image: <https://ttglutheran.wordpress.com/2018/06/05/law-breakers-mark-223-36/comment-page-1>

Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

SonShine Stitchers

The SonShine Stitchers meet the first and third Wednesdays from 1 to 3 pm at the church. Please join us. Bring a project, an idea, a friend. All are welcome.

Flowers

The flowers this morning are from Sue and Shep Shepherd in celebration of their anniversary.

Anacortes Pride Parade

Christ Episcopal Church, in Anacortes, will be supporting our brothers and sisters in the LGBTQ+ community, by participating in the Anacortes Pride Parade, on Saturday, June 22nd. They will also be sponsoring a booth at the festival afterwards. The folks at Christ Church have invited anyone at St. Paul's who would like to, to come join them by participating in the parade and/or helping to man the booth. If you have any question or are interested in joining Christ Church in supporting the LBGT+ community please call Maggie Collinge at 360-202-5588. Please let her know if you are planning on participating in this event.

Key Lockbox Code

On June 10th the code for the key lockbox (outside the west entrance) will be changed. If you have a need for the code, please stop in the office after the service today and complete a short form. Only people who complete the form will have access and will be notified when the code changes.

Vestry

Vestry meetings are every second Tuesday at 4:30, usually in the Fireside room and are open meetings.

Your Vestry are:

Rector: The Rev. Paul Moore

Treasurer: Margaret Bird

Clerk: Joe Thomas

Senior Warden: Margie Lauer

Junior Warden: Carol Boss

Member Sue Shepherd

Member Tony Smith

Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

Announcements

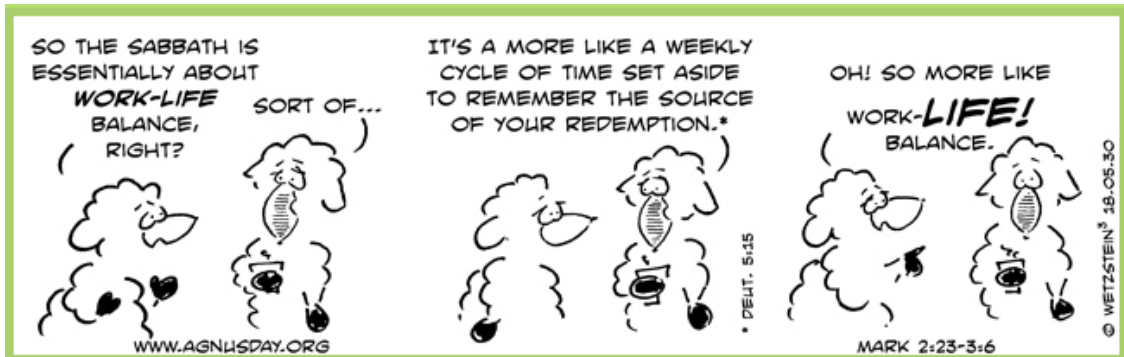
If you need to put announcements in the bulletin, the contact person is David Lorente, our parish administrator. His email is “stpaulmv@comcast.net, and the deadline is noon on Wednesday. If you need to submit an announcement for the e-blast, the contact person is Jen McCabe. Her email address is jennifer.e.mccabe@gmail.com, and the deadline is 8 p.m. on Thursday. Please do **not** use the “stpaulsmv@gmail.com” address. It is for social media purposes only.

Countertop Dishwasher

We have a surplus *countertop* dishwasher that needs to go to a new home. If anyone at St. Paul’s would like it we are asking for a donation of \$200. Please see Carol Boss for more information.

About this item

- 7 wash cycles: Heavy, normal, light, mini party, rinse, speed and soak
- Delay start for added convenience : Two, four, six or eight hours
- Universal faucet adapter and Quick Connect: For quick and easy connection to most kitchen faucets
- Electronic controls with LED display : LED displays remaining time or current running state
- Water supply warning indicator and rinse aid warning indicator
- Energy guide capacity: 203
- Installation type: Counter Top
- Form factor: Stand Alone
- Controls type: Full Panel



Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's Table. We use real wine in the cup. Intinction, which is also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of your chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread, which is gluten free.

We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

TELECOIL ASSIST AVAILABLE.



HEADPHONES ARE ALSO AVAILABLE,
PLEASE SEE A GREETER.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
The Reverend Paul Moore <i>Rector</i>	254-368-6475	padrequiteno@gmail.com
The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	deacon2rn@comcast.net
St. Paul's Office <i>Parish Administrator</i>	360-424-1822	stpaulmv@comcast.net

If you would like to receive our e-news, please send a message to stpaulmv@comcast.net.