

SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*



SUNDAY, MAY 26, 2024 THE FIRST SUNDAY AFTER PENTECOST TRINITY SUNDAY

415 SOUTH 18TH ST., MOUNT VERNON WA 98274-4658

360-424-1822

E-MAIL: STPAULMV@COMCAST.NET

WEBSITE: WWW.STPAULSMV.ORG

Welcome to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's Table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.



The Holy Eucharist - Rite II

Opening Bell

Welcome

Celebrant

Announcements

Member of Vestry

Prelude..... Dona Nobis Pacem by Mary Lynn Lightfoot

Land Acknowledgement

Celebrant

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, including the Skagit Tribe who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

Opening Hymn.....“Holy, Holy, Holy:..... Hymn 362

Presider: Blessed be God: Creator, Redeemer, and Sanctifier

People: And blessed be God's kingdom, now and forever. Amen

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria Hymn S280

The Collect

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Presider and People:

Almighty and everlasting God, you have given to us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity, and in the power of your divine Majesty to worship the Unity: Keep us steadfast in this faith and worship, and bring us at last to see you in your one and eternal glory, O Father; who with the Son and the Holy Spirit live and reign, one God, for ever and ever. *Amen.*

The Liturgy of the Word

Please be seated.

A Reading From Isaiah 6:1-8

In the year that King Uzziah died, I saw the Lord sitting on a throne, high and lofty; and the hem of his robe filled the temple. Seraphs were in attendance above him; each had six wings: with two they covered their faces, and with two they covered their feet, and with two they flew. And one called to another and said:

“Holy, holy, holy is the LORD of hosts;
the whole earth is full of his glory.”

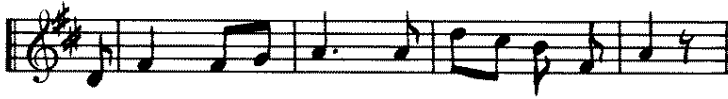
The pivots on the thresholds shook at the voices of those who called, and the house filled with smoke. And I said: “Woe is me! I am lost, for I am a man of unclean lips, and I live among a people of unclean lips; yet my eyes have seen the King, the LORD of hosts!” Then one of the seraphs flew to me, holding a live coal that had been taken from the altar with a pair of tongs. The seraph touched my mouth with it and said: “Now that this has touched your lips, your guilt has departed and your sin is blotted out.” Then I heard the voice of the Lord saying, “Whom shall I send, and who will go for us?” And I said, “Here am I; send me!”

Presider: The Word of the Lord.

People: Thanks be to God.

Psalm 29:3-11

PSALM 29:3-11



A—scribe to the Lord the glo-ry due his Name.

The voice of the Lord is upon the waters;
the God of glory /thunders;*

the Lord is upon the /mighty waters.

The voice of the Lord is a power/ful voice;*

the voice of the Lord is a /voice of splendor.

The voice of the Lord breaks the /cedar trees;*

the Lord breaks the ce/dars of Lebaⁿon; [ANTIPHON]

He makes Lebanon skip like /a calf, *

and Mount Hermon like /a young wild ox.

The voice of the Lord splits the flames of fire;

the voice of the Lord shakes the /wilderness;*

the Lord shakes the wilder/ness of Kadesh.

The voice of the Lord makes the /oak trees writhe*

and /strips the forests bare. [ANTIPHON]

And in the temple of the /Lord*—

all are /crying, "Glory!"

The Lord sits enthroned a/bove the flood;*

the Lord sits enthroned as /King for evermore.

The Lord shall give strength to his /people;*

the Lord shall give his people the /blessing of peace.

[ANTIPHON]



A Reading From Romans 8: 12-17

So then, brothers and sisters, we are debtors, not to the flesh, to live according to the flesh-
for if you live according to the flesh, you will die; but if by the Spirit you put to death the
deeds of the body, you will live. For all who are led by the Spirit of God are children of
God. For you did not receive a spirit of slavery to fall back into fear, but you have received
a spirit of adoption. When we cry, "Abba! Father!" it is that very Spirit bearing witness
with our spirit that we are children of God, and if children, then heirs, heirs of God and

joint heirs with Christ-- if, in fact, we suffer with him so that we may also be glorified with him.

Lector: The Word of the Lord.

People: Thanks be to God.

Gradual Hymn “Holy God, we Praise Thy Name”Hymn 366

Presider: The Holy Gospel of Our Lord Jesus Christ According to John 3:1-17

There was a Pharisee named Nicodemus, a leader of the Jews. He came to Jesus by night and said to him, “Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.” Jesus answered him, “Very truly, I tell you, no one can see the kingdom of God without being born from above.” Nicodemus said to him, “How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?” Jesus answered, “Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. What is born of the flesh is flesh, and what is born of the Spirit is spirit. Do not be astonished that I said to you, ‘You must be born from above.’ The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.” Nicodemus said to him, “How can these things be?” Jesus answered him, “Are you a teacher of Israel, and yet you do not understand these things?

“Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things? No one has ascended into heaven except the one who descended from heaven, the Son of Man. And just as Moses lifted up the serpent in the wilderness, so must the Son of Man be lifted up, that whoever believes in him may have eternal life.

“For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

“Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him.”

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

Sermon notes page at back of the booklet.

Please stand as able.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation

he came down from heaven:

**was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.**

For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.

On the third day he rose again

in accordance with the Scriptures;

he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,

who proceeds from the Father and the Son,

who with the Father and the Son is worshiped and glorified,

who has spoken through the prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come.

Amen.

The Prayers of the People

Presider: In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For all Michael and Melissa our Bishop and all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence

The People may add their own petitions

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

The People may add their own thanksgivings.

We will exalt you, O God our King;

And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence

The People may add their own petitions

Lord, let your loving-kindness be upon them;

Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Presider and People

God of all mercy,

**we confess that we have sinned against you,
opposing your will in our lives.**

**We have denied your goodness in each other,
in ourselves, and in the world you have created.**

**We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.**

**Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Silence.

The Celebrant adds a concluding Collect.

Confession and Absolution

Presider: Let us confess our sins to God.

Silence may be kept.

Presider speaks an Absolution.

The Peace / **La Paz**

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: And also with you. / **Y con tu espíritu.**

If you are worshiping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

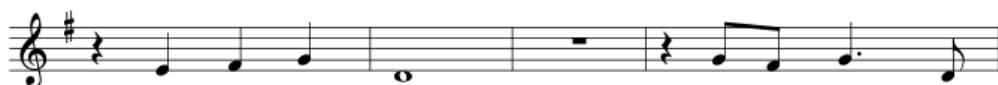
Offertory Here I am Lord



1. I, the Lord of sea and sky, I have heard my
2. I, the Lord of snow and rain, I have borne my
3. I, the Lord of wind and flame, I will tend the



peo - ple cry. All who dwell in dark and sin
peo - ple's pain. I have wept for love of them.
poor and lame. I will set a feast for them.



My hand will save. I who made the
They turn a - way. I will break their
My hand will save. Fin - est bread I



stars of night, I will make their dark - ness bright.
hearts of stone, Give them hearts for love a - lone.
will pro - vide Till their hearts be sat - is - fied.



Who will bear my light to them? Whom shall I send?
I will speak my word to them. Whom shall I send?
I will give my life to them. Whom shall I send?



Here I am, Lord. Is it I, Lord? I have heard you



call - ing in the night. I will go, Lord, where you



lead me. I will hold your peo - ple in my heart.

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Doxology

**Praise God from whom all blessings flow
Praise God all creatures here below
Praise God above ye heavenly hosts
Creator, Christ, and Holy Ghost.
Amen**

The Holy Communion Eucharistic Prayer A

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available. The assembly is invited to stand as they are able for the Eucharistic Prayer.

Intinction, also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of our chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

Presider: God be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to God.**

Presider: Let us give thanks to the one who created us.

People: **It is right to give God thanks and praise.**

Presider: It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

For with your co-eternal Son and Holy Spirit, you are one God, one Lord, in Trinity of Persons and in Unity of Substance; and we celebrate the one and equal glory of you, Earth Maker, Pain Bearer, and Life Giver.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

San - to, san - to, san - to, mi co - ra - zón te a - do - ra! Mi
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

co - ra - zón te sa - be de - cir: san - to_e - res Señ - or.
 heart is glad to say the words: You are ho - ly Lord.

Presider: Oh God, you are holy and gracious: In your infinite love you made us for yourself, and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, our Rock and our Foundation.

Jesus stretched out his arms upon the cross, and offered himself, in obedience to your will, a perfect sacrifice for the whole world.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: this is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People: Christ has died.

**Christ is risen.
Christ will come again.**

Presider: We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling Christ's death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in Christ. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal Reign.

All this we ask through your Son Jesus Christ: By whom, and with whomhim, and in whom, in the unity of the Holy Spirit all honor and glory is yours, Most Blessed One, now and for ever. Amen.

Presider: As our Savior Christ has taught us, we are bold to pray:

Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in
hea - ven. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who
sin a - gainst us. Save us from the time of trial,
and de - liv - er us from e - vil. For the king - dom the pow - er,
and the glo - ry are yours, now and for ev - er. A - men.

The Breaking of the Bread

The Fraction Song

Se - ñor y Je-su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je-su - cris - to, Hi -
Lord Je-sus Christ, Son of the li - ving God, Lord Je-sus Christ, Son

8
jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -
of the li - ving God; O have mer - cy on us sin - ners, O

14
ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.
have mer - cy on us sin - ners.

Presider: Alleluia! Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast. Alleluia!

Presider: The Gifts of God for the People of God.

Please be seated.

Those present, are invited to receive Holy Communion. You can approach the altar at the direction of the usher.

*Those with us online, during these next moments of meditation,
wherever you are, receive God's gifts to you.
We share spiritual communion today.*

Communion Hymn..... "Let All Mortal Flesh Keep Silence"Hymn 324

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you, go in peace. Amen.

Post Communion Prayer

Presider: Let us pray.

People and Presider: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn..... "I Bind Unto Myself Today" Hymn 370
All seven verses

Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit.

Alleluia, Alleluia!

People: Thanks be to God. Alleluia, Alleluia!

PostludeSing a Joyful Song (Fanfare) by Cynthia Gray

Offertory - Thank you for giving!

Please drop your offering in the church's mailbox or mail it to:

St. Paul's Episcopal Church

415 S. 18th Street

Mount Vernon, WA 98274

You can also make payments online at www.stpaulsmv.org

Serving Today:

9:30 a.m. Holy Eucharist

Presider and Preacher

Deacon:

Musician

Eucharistic Minister:

Eucharistic Visitors:

Greeters:

Lectors:

Counters:

The Reverend Paul Moore

Rev. Dennis Taylor, Rev. Vicki Johnson

Elizabeth Mahoney-Niven

Mary Ann Taylor

Carol Treston & Vicki Johnson

Tony and Nicole Smith

Nicole Smith & Jen McCabe

Sharon Johnson & Dianna Hume

St. Paul's Prayer Team prays daily for those on the prayer list. Please email Penny Worrell at penny.worrell@gmail.com.

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Cover image: <https://bobtraupman.com/2023/06/02/the-feast-of-the-holy-trinity-on-the-edge-of-mystery/>

Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

SonShine Stitches

The SonShine Stitches meet the first and third Wednesdays from 1 to 3 pm at the church. Please join us. Bring a project, an idea, a friend. All are welcome.

Other things to do to participate in our community

Check out the whiteboard in the narthex for other interesting events and happenings in the area. You can also sign up for church activities (such as flowers or coffee hour) in the Parish Hall.

Flowers

The flowers this morning are from Andy & Bonnie Schuh in celebration of Steve Schuh's 86th birthday!

Covid Tests

There are free covid tests in the Parish Hall. It's a good idea to have one in advance of needing one, so stop by and get one as necessary. There are two tests in each kit. It's just one more way to show caring to those around you.

Mayor's Coffee Hour

Mayor Donovan invites you to join him for Mayor's Coffee Hour - an opportunity for residents to ask questions, hear what's happening at the city, discuss concerns and relay ideas. The next one is Friday June 21, 2024 in the Skagit Publishing Community Room, 1215 Anderson Rd.

Anacortes Pride Parade

Christ Episcopal Church, in Anacortes, will be supporting our brothers and sisters in the LBGTQ+ community, by participating in the Anacortes Pride Parade, on Saturday, June 22nd. They will also be sponsoring a booth at the festival afterwards. The folks at Christ Church have invited anyone at St. Paul's who would like to, to come join them by participating in the parade and/or helping to man the booth. If you have any question or are interested in joining Christ Church in supporting the LBGT+ community please call Maggie Collinge at 360-202-5588. Please let her know if you are planning on participating in this event.

Announcements and Opportunities

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

Vestry

Vestry meetings are every second Tuesday at 4:30, usually in the Fireside room and are open meetings.

Your Vestry are:

Rector: The Rev. Paul Moore

Treasurer: Margaret Bird

Clerk: Joe Thomas

Senior Warden: ... Margie Lauer

Junior Warden: Carol Boss

Member Sue Shepherd

Member Tony Smith

Announcements

If you need to put announcements in the bulletin, the contact person is David Lorente, our parish administrator. His email is “stpaulmv@comcast.net, and the deadline is noon on Wednesday. If you need to submit an announcement for the e-blast, the contact person is Jen McCabe. Her email address is jennifer.e.mccabe@gmail.com, and the deadline is 8 p.m. on Thursday. Please do **not** use the “stpaulsmv@gmail.com” address. It is for social media purposes only.

Birdwatchers Club

Do you enjoy birdwatching? The City of Mount Vernon is hosting bird watching events. The Birdwatchers Club is designed to beginning borders to avid ornithologists alike. Each session will begin with a brief presentation featuring a theme in bird behavior, and will be followed by a one-hour birdwatching experience, and a debrief of observations where we can learn from each other. There is no cost. The next session is June 1, at Bakerview Park, from 9:00 to 11:00. Contact the city parks for more info. 360.336.6215 or mvparks@mountvernonwa.gov

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's Table. We use real wine in the cup. Intinction, which is also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of your chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread, which is gluten free.

We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

TELECOIL ASSIST AVAILABLE.



HEADPHONES ARE ALSO AVAILABLE,
PLEASE SEE A GREETER.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
The Reverend Paul Moore <i>Rector</i>	254-368-6475	padrequiteno@gmail.com
The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	deacon2rn@comcast.net
Nancy Blaire Serrano <i>Organist and Music Director</i>		stpaulmvmusic@gmail.com
St. Paul's Office <i>Parish Administrator</i> <i>Bookkeeper</i>	360-424-1822	stpaulmv@comcast.net spbookkeeper@comcast.net
If you would like to receive our e-news, please send a message to stpaulmv@comcast.net .		

“...imagine and remember that the whole point of the Trinity is that God’s love is too big, too immense, even, to be described as the love of a single person, but is more like the love shared among a community, a love shared so deeply that it can’t be contained but spills out from the Trinity into the whole world and into our lives.” David Lose.

