

SAINT PAUL'S EPISCOPAL CHURCH

THE PROFESSION OF SISTER KATHARINE, OSB IN THE COMPANIONS OF SAINT LUKE IN THE ORDER OF SAINT BENEDICT



*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*

WEDNESDAY, MAY 7, 2025

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THE PROFESSION OF SISTER KATHARINE, OSB IN THE COMPANIONS OF SAINT LUKE IN THE ORDER OF SAINT BENEDICT

Welcome.....*The Reverend Paul Moore*

Land Acknowledgement.....*The Reverend Paul Moore*

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, especially the Skagit Nation who have stewarded this land throughout the generations. We thank these caretakers of the land, who have lived, and continue to live, here since time immemorial.

Prelude..... Hallelujah, by Leonard CohenElizabeth Mahoney & Dan Niven

Procession

Processional Hymn..... Morning Has Broken Hymn 8

The Presentation and Petition

Abess: Bishop Alan, I present to you Sister Katharine who has been elected for Solemn Profession in the Companions of Saint Luke in the Order of Saint Benedict.

Bishop Visitor: My Sister, what do you ask of God and God's holy Church?

Candidate: Called by the Spirit to follow Christ in the monastic life, I have learned in this Community how to seek God truly in fellowship with the Brothers and Sisters and in prayer. Today, after lengthy deliberation I desire to make my Solemn Profession of Stability, Obedience, and Fidelity to monastic life in the Companions of Saint Luke, devoting myself for the rest of my life in this world to the service of God and the Church.

Bishop Visitor: May God bless you in this holy and sacrificial endeavor. **Amen.**

Easter Greeting

Please stand as able.

Presider: Alleluia! Christ is risen!

People: The Lord is risen indeed! Alleluia!

The Collect for Purity

Presider: Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

Hymn of Praise

GloriaHymn S280

The Collect of the Day

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Presider and People:

O God, by whose grace your servant Benedict, kindled with the flame of your love, became a burning and a shining light in your Church: Grant that we also may be aflame with the spirit of love and discipline, and walk before you as children of light; through Jesus Christ our Lord, who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen.

The Liturgy of the Word

Please be seated.

A Reading From Ecclesiastes 3:1-12

For everything there is a season and a time for every matter under heaven:

a time to be born and a time to die;

a time to plant and a time to pluck up what is planted;

a time to kill and a time to heal;

a time to break down and a time to build up;

a time to weep and a time to laugh;

a time to mourn and a time to dance;

a time to throw away stones and a time to gather stones together;

a time to embrace and a time to refrain from embracing;

a time to seek and a time to lose;

a time to keep and a time to throw away;

a time to tear and a time to sew;

a time to keep silent and a time to speak;

a time to love and a time to hate;

a time for war and a time for peace.

What gain have the workers from their toil? I have seen the business that God has given to everyone to be busy with. He has made everything suitable for its time; moreover, he has put a sense of past and future into their minds, yet they cannot find out what God has done from the beginning to the end. I know that there is nothing better for them than to be happy and enjoy themselves as long as they live;

Lector: The Word of the Lord.

People: Thanks be to God.

Psalm 34:1-8

Antiphon

Taste and see the good-ness of the Lord

Taste and see the good-ness of the Lord

1. D.C. | to Verses Final.

Canted Verses:

1. I will bless the Lord at all times; his praise shall be ever in my mouth.
Let my soul glory in the Lord; the lowly will hear me and be glad. *Antiphon*
2. Glorify the Lord with me, let us together extol his name.
I sought the Lord, and he answered me and delivered me from all my fears. *Antiphon*
3. Look to him that you may be radiant with joy, and your faces may not blush with shame.
When the afflicted man called out, the Lord heard, and from all his distress he saved him.
Antiphon
4. The angel of the Lord encamps around those who fear him and delivers them.
Tast and see how good the Lord is; blessed the man who takes refuge in him. *Antiphon*

A Reading from Philippians 3:7-15

Yet whatever gains I had, these I have come to regard as loss because of Christ. More than that, I regard everything as loss because of the surpassing value of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things, and I regard them as rubbish, in order that I may gain Christ and be found in him, not having a righteousness of my own that comes from the law but one that comes through faith in Christ, the righteousness from God based on faith. I want to know Christ and the power of his resurrection and the sharing of his sufferings by becoming like him in his death, if somehow I may attain the resurrection from the dead.

Not that I have already obtained this or have already reached the goal, but I press on to lay hold of that for which Christ has laid hold of me. Brothers and sisters, I do not consider that I have laid hold of it, but one thing I have laid hold of: forgetting what lies behind and straining forward to what lies ahead, I press on toward the goal, toward the prize of the heavenly call of God in Christ Jesus. Let those of us, then, who are mature think this way, and if you think differently about anything, this, too, God will reveal to you.

Lector: The Word of the Lord.

People: Thanks be to God.

Gradual Hymn.....Breathe

Verse

This is the air I breathe
This is my dai - ly bread. This is the air I breathe
This is my dai - ly bread.

Your Holy pre-sence _____ liv - ing _____ in me.
Your ver - y word _____ spo ken _____ to me.

2. Refrain

And I _____ I'm des-p'rate for _____ you _____

As needed D.S.

And I _____ I'm lost with-out you _____

Final

I'm lost with-out _____ you _____ I'm lost with-out
_____ you _____ This is the air _____ I breathe
This is the air I breathe

Presider: The Holy Gospel of Our Lord Jesus Christ According to Matthew 6:24-33

“No one can serve two masters, for a slave will either hate the one and love the other or be devoted to the one and despise the other. You cannot serve God and wealth.

“Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by worrying can add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, ‘What will we eat?’ or ‘What will we drink?’ or ‘What will we wear?’ For it is the gentiles who seek all these things, and indeed your heavenly Father knows that you need all these things. But seek first the kingdom of God and his righteousness, and all these things will be given to you as well.

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

The Sermon.....The Reverend Paul Moore

Please stand as able.

Prayers for the Professed

Presider: Let us now pray for this person who is about to make her Benedictine Life Profession.

Presider: Deliver her, O Lord, from the way of sin and death.

People: Lord, hear our prayer.

Presider: Open her heart to your grace and truth.

People: Lord, hear our prayer.

Presider: Fill her with your holy and life-giving Spirit.

People: Lord, hear our prayer.

Presider: Keep her in the faith and communion of your holy Church.

People: Lord, hear our prayer.

Presider: Teach her to love others in the power of the Spirit.

People: Lord, hear our prayer.

Presider: Send her into the world in witness to your love.

People: Lord, hear our prayer.

Presider: Bring her to the fullness of your peace and glory.

People: Lord, hear our prayer.

Presider: Grant, O Lord, that all who are baptized into the death of Jesus Christ your Son may live in the power of his resurrection and look for him to come again in glory. Grant also O Lord that those taking vows of Obedience, Stability and Conversatio Morum Suorum may continue to grow and live fully into these promises. All this we ask through your Son our Savior Jesus Christ who lives and reigns with You and the Holy Spirit now and forever. Amen.

The Renewal of Baptismal Vows

Presider: Do you reaffirm your renunciation of evil and renew your commitment to Jesus Christ?

People: I do.

Presider: Do you believe in God the Father?

People: I believe in God, the Father almighty, creator of heaven and earth.

Presider: Do you believe in Jesus Christ, the Son of God?

People: I believe in Jesus Christ, his only Son, our Lord.

He was conceived by the power of the Holy Spirit and born of the Virgin Mary.

He suffered under Pontius Pilate, was crucified, died, and was buried.

He descended to the dead.

On the third day he rose again.

He ascended into heaven, and is seated at the right hand of the Father.

He will come again to judge the living and the dead.

Presider: Do you believe in God the Holy Spirit?

People: I believe in the Holy Spirit,

the holy catholic Church, the communion of saints,

the forgiveness of sins, the resurrection of the body,

and the life everlasting.

Presider: Will you continue in the apostles' teaching and fellowship, in the breaking of bread, and in the prayers?

People: I will, with God's help.

Presider: Will you persevere in resisting evil, and, whenever you fall into sin, repent and return to the Lord?

People: I will, with God's help.

Presider: Will you proclaim by word and example the Good News of God in Christ?

People: I will, with God's help.

Presider: Will you seek and serve Christ in all persons, loving your neighbor as yourself?

People: I will, with God's help.

Presider: Will you strive for justice and peace among all people, and respect the dignity of every human being?

People: I will, with God's help.

Presider: Will you cherish the wondrous works of God, and protect and restore the beauty and integrity of all creation?

People: I will, with God's help.

Presider: May Almighty God, the Father of our Lord Jesus Christ, who has given us a new birth by water and the Holy Spirit, and bestowed upon us the forgiveness of sins, keep us in eternal life by his grace, in Christ Jesus our Lord. **Amen.**

Institution of the Professed

Bishop Visitor: My dear Sister, you have already died to the world and been consecrated to God's service by water and the Holy Spirit in Baptism. Are you now resolved to unite yourself more closely to God by the bond of Solemn Monastic Profession?

Candidate: I am, God being my helper.

People: Thanks be to God.

Bishop Visitor: My Sister, you have come among us to seek God. Now, in the company of your Brothers and Sisters you stand in God's presence before this sacred altar. Are you resolved to bind yourself to stability in the Companions of Saint Luke of the Order of Saint Benedict?

Candidate: I am, God being my helper.

Bishop Visitor: Are you resolved to follow the Gospel teaching closely and to promise fidelity to monastic life, according to the Rule of our holy father Benedict?

Candidate: I am, God being my helper.

Bishop Visitor: Are you resolved to prefer nothing whatever to Christ and to obey in all things the commands of the Rule as interpreted by this Community and its Superior?

Candidate: I am, God being my helper.

Bishop Visitor: May God bring to fulfillment what he has begun in you before the day of Christ Jesus our Lord.

Profession

I, Sister Katharine, here in the sight of the holy angels, the Blessed Virgin Mary, our holy Father Saint Benedict, our patron Saint Luke, all the company of heaven, and in the presence of those here gathered, do freely and voluntarily promise myself to the service of our Lord Jesus Christ in God's one holy catholic and apostolic Church, professing today the threefold vows of Obedience, Stability, and Conversatio Morum Suorum for the rest of my life in this world. I reaffirm my Baptismal Vows as expressed in the Rule of St. Benedict and I submit myself to the following of Christ under the teaching of the Gospels, The Rule of Saint Benedict interpreted by this Community, and to Abbess Martha Lamoy, and their legitimate successors as Superior and to my Brothers and Sisters in the Companions of Saint Luke. Lord, be my helper.

Litany of the Saints

Lord have mercy. Christ have mercy. Lord have mercy.

Holy Mary, Mother of God. Pray for us.

Holy Father Benedict. Pray for us.

Holy Luke. Pray for us.

Holy Peter and Paul. Pray for us.

Holy Mary Magdalene. Pray for us.

Holy Kateri Tekakwitha. Pray for us.

Holy Mother Scholastica. Pray for us.

Holy Katharine Drexel. Pray for us.

Lord have mercy. Christ have mercy. Lord have mercy.

Blessing while Covered.

Bishop Visitor: Almighty and Everliving God, strengthen and sustain your servant that she may be a faithful follower of Christ, and may her offering be brought to its fulfillment as may be most pleasing to you, through the same Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, in glory everlasting. **Amen.**

Suscipe

Bishop Visitor: Lord, hear the prayers of your people, and grant your grace to your servant; May the fire of the Spirit purify every fault and set her ablaze with an ardent love. Through Jesus Christ our Lord. **Amen.**

Candidate: Lord, establish me according to your word, that I may live: and do not disappoint me in my hope. (3x)

Bishop Visitor: Fulfill your work in us, O Lord; look down from your holy place and grant our prayer.

Blessing of the Ring

Bishop Visitor: May this ring be blessed in the Name of the Father, and of the Son, and of the Holy Spirit, and may she who wears it be ever faithful to the vows she has made this day. **Amen.**

Anthem

Earthly Kingdoms..... St. Paul's Choir

Text of Earthly Kingdoms:

Earthly kingdoms, and all the glory of the world I spurned,
For the love of my Lord and Savior Jesus Christ,
Whom I have seen, whom I have loved, in whom I have believed, whom I have desired.
Alleluia, Alleluia, Alleluia.
My Heart overflows with a song of joy; I address my song to the king.
Whom I have seen, whom I have loved, in whom I have believed, whom I have desired.
Glory be to the Father, and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and shall be for ever. AMEN

Exhortation and Solemn Monastic Blessing

Reader: A reading from Paul's letter to the Ephesians 3:15-21:

I pray that, according to the riches of his glory, he may grant that you may be strengthened in your inner being with power through his Spirit, and that Christ may dwell in your hearts through faith, as you are being rooted and grounded in love. I pray that you may have the power to

comprehend, with all the saints, what is the breadth and length and height and depth, and to know the love of Christ that surpasses knowledge, so that you may be filled with all the fullness of God. Now to him who by the power at work within us is able to accomplish abundantly far more than all we can ask or imagine, to him be glory in the church and in Christ Jesus to all generations, forever and ever. **Amen.**

Bishop Visitor: The Lord be with you.

People: And also with you.

Bishop Visitor: Let us pray.

Bishop Visitor: Holy and gracious Father we ask that you bless Sister Katharine, and sanctify the whole manner of life, both of soul and body, of your servant who in earnest love and devotion offers herself to you. Give her, through your Spirit, prudence and modesty, wisdom and kindness, gravity and gentleness, openness and freedom of heart. May she be fervent in charity and love nothing apart from you. May she live worthy of praise without seeking praise. May she glorify you in holiness of body and purity of heart. May she serve you in love and holy awe. Be her honor, Lord, her joy and her whole desire, her comfort in trouble, her counsel in doubt, her defense in injury, her patience in adversity, her abundance in poverty, her food in fasting, her medicine in sickness. May she find all in you, whom she seeks to love above all. May she hold fast to what she has professed, and at the end be counted among those faithful ones who await the coming of their Savior and enter into the eternal joy of his heavenly banquet. Through the same Jesus Christ our Lord, who with you and the Holy Spirit lives and reigns forever and ever. **Amen.**

Bishop Visitor: Lord, God, look with love and mercy upon your servant Sister Katharine. In your providence you have called her to follow Christ under the guidance of Saint Benedict. Pour upon her the fullness of your life-giving Spirit, help her to fulfill in faith what you have enabled her to vow in joy, that she may persevere until life's end. May she be rooted in humility; may she be filled with joy in Christ and your Gospel, and be enflamed with love for her Brothers and Sisters, and for your whole creation. May she build up your Church by the holiness of her life, advance the salvation of the world, and be a sign of your kingdom to come. May she receive in this life you promised hundredfold blessing, that at the judgment seat of Christ she may find the joy of vows fulfilled and, made perfect in your love, rejoice to praise you in the Communion of Saints unto ages of ages. Amen. May the blessing of Almighty God, the Father, and the Son, and the Holy Spirit, come down upon you and remain with you forever. **Amen.**

The Peace / La Paz

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: And also with you. / Y con tu espíritu.

If you are worshipping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

Offertory Simple Gifts St. Paul’s Choir

Doxology - Sung to the Tune of “All Creatures of Our God and King”

**Praise God from whom all blessings flow
Praise God all creatures here below
Alleluia! Alleluia!
Praise God above ye heavenly hosts
Creator, Christ, and Holy Ghost
Alleluia! Alleluia! Alleluia! Alleluia! Alleluia!**

The Holy Communion Eucharistic Prayer D

Intinction, also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of our chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

*All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available.
The assembly is invited to stand as they are able for the Eucharistic Prayer.*

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

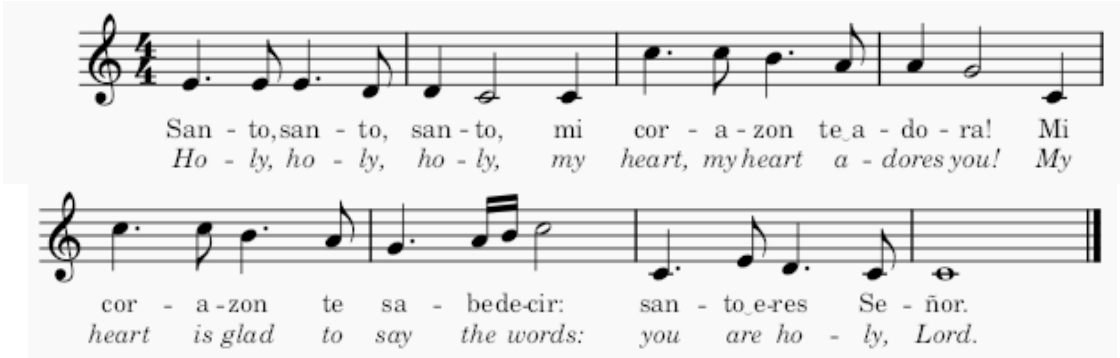
People: We lift our hearts to God.

Presider: Let us give thanks to the one who created us.

People: It is right to give God thanks and praise.

Presider: It is truly right to glorify you, O God, our Refuge and Strength, and to give you thanks, for you alone are God, living and true, dwelling in light inaccessible from before time and forever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,



San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - bede-cir: san - to e-res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

Presider: We acclaim you, Holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, given the whole world into our care, so that, in obedience to you, our Creator, we might dwell as faithful companions with all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Gracious God, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, Jesus lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom, to the sorrowful, joy. To fulfill your purpose, Jesus gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for the One who died and rose for us, Jesus sent the Holy Spirit, the first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for Jesus to be glorified by you, his heavenly Father, having loved his own who were in the world, Jesus loved them to the end; at supper with them Jesus took bread, broke it, and gave it to them, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; offered thanks and gave it to them, and said, “Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me.”

Most Blessed One, we now celebrate this memorial of our redemption. Recalling Christ’s death and descent among the dead, proclaiming Christ’s resurrection and ascension to your right hand, awaiting Christ’s coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Presider and People:

**We praise you, we bless you,
we give thanks to you,
and we pray to you, the Rock of our Salvation.**

Presider continues:

We pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, O God, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember, O God, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember our Bishops all who minister in your Church.


Remember all your people, and those who seek your truth.

Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.

And grant that we may find our inheritance with the Blessed Virgin Mary, with matriarchs, patriarchs, prophets, apostles and martyrs, with St. Paul and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Redeemer.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God our Creator, in the unity of the Holy Spirit, forever and forever. **AMEN.**

Presider: As our Savior Christ has taught us, we are bold to pray:



Our Fa - ther in hea - ven hal - lowed be your Name, your king - dom come,
 your will be done on earth as in hea - ven. Give us to - day our dai - ly bread.
 For - give us our sins as we for - give those who sin a - gainst us.
 Save us from the time of trial, and de - liv - er us from e - vil For the king - dom the pow - er,
 and the glo - ry are yours, now and for ev - er. a - men.

The Breaking of the Bread

Presider: Alleluia! Christ Our Passover is sacrificed for us:

People: Therefore let us keep the feast. Alleluia!

The Fraction Song



Se - ñor y Je - su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je - su - cris - to, Hi -
 Lord Je - sus Christ, Son of the li - ving God, Lord Je - sus Christ, Son

jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -
of the li - ving God; O have mer - cy on us sin - ners, O

ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.
have mer - cy on us sin - ners.

Presider: The gifts of God for the People of God.

Please be seated.

Those present are invited to receive Holy Communion. You can approach the altar at the direction of the usher.

Those with us online, during these next moments of meditation, wherever you are, receive God's gifts to you. We share spiritual communion today.

Communion Hymn..... Seek Ye First

1. Seek ye first the king - dom of God and his righ - eous - ness,
2. Ask, and it shall be giv - en un - to you, seek, and you shall find,
3. You do not live by bread a - lone, but by ev - ry word

and all these things shall be add - ed un - to you;
knock, and the door shall be o - pened un - to you; Al - le lu, al - le - lu - ia.
that comes from the mouth of God;

Post Communion Prayer

Presider: Let us pray.

Presider and People: God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn..... Joyful, Joyful *Hymn 375*

Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia, Alleluia!

People: Thanks be to God. Alleluia, Alleluia!

Postlude “Joy”, by Amy Grant

Altar Flowers

The flowers in the sanctuary today are brought to you by the generous donations of the congregation to the Altar Guild. As we are happy to prepare the altar for worship, including flowers, your individual contribution towards altar flowers is always welcome. Please sign up in the parish hall to contribute to this ongoing ministry.

Serving Today:

Presider:	The Right Reverend Philip LaBelle, Bishop of the Diocese of Olympia
Bishop Visitor:	The Right Reverend Alan Scarfe
Abbess:	Reverend Abbess Martha Lamoy
Preacher:	The Reverend Paul Moore
Deacon:	The Reverend Dennis Taylor
Acolytes:	Acacia McDermott & Roland Crudder
Readers:	The Reverends Vicki Wezen, Keith Axberg
Music Director:	J.J. Cully
Cantor:	Sandy McDougall
Eucharistic Minister:	Acacia McDermott
Greeters:	Don & Arlene Zimmerman
Lectors:	Roger Emerson & Lynn Conver

St. Paul's Prayer Team prays daily for those on the prayer list.
Please email Acacia McDermott redwoodam@proton.me.

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Cover image: *provided by Sister Katharine*

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's Table. We use real wine in the cup. Intinction, which is also known as dipping the bread in the wine, is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread, which is gluten free.

We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

TELECOIL ASSIST AVAILABLE.



HEADPHONES ARE ALSO AVAILABLE,
PLEASE SEE A GREETER.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
<i>The Right Reverend Philip N. LaBelle, Bishop</i>		
The Reverend Paul Moore	254-368-6475	rector@stpaulsmv.org
<i>Rector</i>		
The Reverend Dennis Taylor	360-661-1551	deacon2rn@comcast.net
<i>Deacon / Faith Community Nurse</i>		
J.J. Cully		music@stpaulsmv.org
<i>Music Director</i>		
St. Paul's Office	360-424-1822	stpaulmv@comcast.net
<i>David Lorente, Parish Administrator</i>		