

SAINT PAUL'S EPISCOPAL CHURCH



*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*

SUNDAY, APRIL 7, 2024
THE SECOND SUNDAY IN EASTER

415 SOUTH 18TH ST., MOUNT VERNON WA 98274-4658
360-424-1822

E-MAIL: STPAULMV@COMCAST.NET

WEBSITE: WWW.STPAULSMV.ORG

The Holy Eucharist - Rite II

WELCOME to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.



Opening Bell

Welcome

Celebrant

Announcements

Member of Vestry

Prelude

Land Acknowledgement

Celebrant

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, including the Skagit Tribe who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

1 Hail the day that sees him rise, Al - le - lu - ia!
 2 There the glo - rious tri - umph waits; Al - le - lu - ia!
 *3 See! he lifts his hands a - bove; Al - le - lu - ia!
 4 Lord be - yond our mor - tal sight, Al - le - lu - ia!

glo - rious to his na - tive skies; Al - le - lu - ia!
 lift your heads, e - ter - nal gates! Al - le - lu - ia!
 See! he shows the prints of love: Al - le - lu - ia!
 raise our hearts to reach thy height, Al - le - lu - ia!

Christ, a - while to mor - tals given, Al - le - lu - ia!
 Wide un - fold the ra - diant scene; Al - le - lu - ia!
 Hark! his gra - cious lips be - stow, Al - le - lu - ia!
 there thy face un - cloud - ed see, Al - le - lu - ia!

en - ters now the high - est heaven! Al - le - lu - ia!
 take the King of glo - ry in! Al - le - lu - ia!
 bless - ings on his Church be - low. Al - le - lu - ia!
 find our heaven of heavens in thee. Al - le - lu - ia!

The musical score consists of four systems, each with a vocal line and a piano accompaniment line. The key signature is one sharp (F#) and the time signature is 4/4. The lyrics are printed below the vocal line of each system. The piano accompaniment features a steady bass line and chords that support the vocal melody.

Easter Greeting

Please stand as able.

Presider: Alleluia! Christ is risen!

People: The Lord is risen indeed! Alleluia!

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. Amen.

Gloria Hymn S278 *Here and next page*



1. Glo - ry to God in the high - est, and
peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -
might - y God and Fa - ther, we wor - ship you, we give you thanks, we
praise you for your glo - ry. 3. Lord Je - sus Christ,
on - ly Son of the Fa - ther, Lord God, Lamb of God, 4. you
take a - way the sin of the world: have mer - cy on us;
5. you are seat - ed at the right hand of the Fa - ther: re -

Gloria Hymn S278 *continued*

ceive our prayer. 6. For
you a-lone are the Ho-ly One, you a-lone are the Lord,
7. you a-lone are the Most High, Je-sus Christ, with the
Ho-ly Spi-rit, in the glo-ry of
God the Fa-ther. A-men.

The Collect

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

Presider and People:

Almighty and everlasting God, who in the Paschal mystery established the new covenant of reconciliation: Grant that all who have been reborn into the fellowship of Christ's Body may show forth in their lives what they profess by their faith; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.

The Liturgy of the Word

Please be seated.

A Reading From Acts 4:32-35

Now the whole group of those who believed were of one heart and soul, and no one claimed private ownership of any possessions, but everything they owned was held in

common. With great power the apostles gave their testimony to the resurrection of the Lord Jesus, and great grace was upon them all. There was not a needy person among them, for as many as owned lands or houses sold them and brought the proceeds of what was sold. They laid it at the apostles' feet, and it was distributed to each as any had need.

Lector: The Word of the Lord.

People: Thanks be to God.

Psalm 133

Ecce, quam bonum!

- 1 Oh, how good and pleasant it is, *
when brethren live together in unity!
- 2 It is like fine oil upon the head *
that runs down upon the beard,
- 3 Upon the beard of Aaron, *
and runs down upon the collar of his robe.
- 4 It is like the dew of Hermon *
that falls upon the hills of Zion.
- 5 For there the LORD has ordained the blessing: *
life for evermore.

1 John 1:1-2:2

We declare to you what was from the beginning, what we have heard, what we have seen with our eyes, what we have looked at and touched with our hands, concerning the word of life-- this life was revealed, and we have seen it and testify to it, and declare to you the eternal life that was with the Father and was revealed to us-- we declare to you what we have seen and heard so that you also may have fellowship with us; and truly our fellowship is with the Father and with his Son Jesus Christ. We are writing these things so that our joy may be complete.

This is the message we have heard from him and proclaim to you, that God is light and in him there is no darkness at all. If we say that we have fellowship with him while we are walking in darkness, we lie and do not do what is true; but if we walk in the light as he himself is in the light, we have fellowship with one another, and the blood of Jesus his Son cleanses us from all sin. If we say that we have no sin, we deceive ourselves, and the truth is not in us. If we confess our sins, he who is faithful and just will forgive us our sins and cleanse us from all unrighteousness. If we say that we have not sinned, we make him a liar, and his word is not in us.

My little children, I am writing these things to you so that you may not sin. But if anyone does sin, we have an advocate with the Father, Jesus Christ the righteous; and he is the atoning sacrifice for our sins, and not for ours only but also for the sins of the whole world.

Lector: The Word of the Lord.

People: Thanks be to God.

Gradual Hymn "That Easter Day with Joy Was Bright"

1 That Eas - ter day with joy was bright, the
2 His ris - en flesh with ra - diance glowed; his
3 O Je - sus, King of gen - tle - ness, do
4 O Lord of all, with us a - bide in
5 All praise, O ris - en Lord, we give to

1 sun shone out with fair - er light, when, to their long - ing
2 wound - ed hands and feet he showed; those scars their sol - emn
3 thou thy - self our hearts pos - sess that we may give thee
4 this our joy - ful Eas - ter - tide; from ev - ery wea - pon
5 thee, who, dead, a - gain dost live; to God the Fa - ther

1 eyes re - stored, the a - pos - tles saw their ris - en Lord.
2 wit - ness gave that Christ was ris - en from the grave.
3 all our days the will - ing tri - bute of our praise.
4 death can wield thine own re - deemed for ev - er shield.
5 e - qual praise, and God the Ho - ly Ghost, we raise.

Presider: The Holy Gospel of Our Lord Jesus Christ According to John 20:19-31

When it was evening on that day, the first day of the week, and the doors of the house where the disciples had met were locked for fear of the Jews, Jesus came and stood among them and said, "Peace be with you." After he said this, he showed them his hands and his side. Then the disciples rejoiced when they saw the Lord. Jesus said to them again, "Peace be with you. As the Father has sent me, so I send you." When he had said this, he breathed on them and said to them, "Receive the Holy Spirit. If you forgive the sins of any, they are forgiven them; if you retain the sins of any, they are retained."

But Thomas (who was called the Twin), one of the twelve, was not with them when Jesus came. So the other disciples told him, "We have seen the Lord." But he said to them,

"Unless I see the mark of the nails in his hands, and put my finger in the mark of the nails and my hand in his side, I will not believe."

A week later his disciples were again in the house, and Thomas was with them. Although the doors were shut, Jesus came and stood among them and said, "Peace be with you." Then he said to Thomas, "Put your finger here and see my hands. Reach out your hand and put it in my side. Do not doubt but believe." Thomas answered him, "My Lord and my God!" Jesus said to him, "Have you believed because you have seen me? Blessed are those who have not seen and yet have come to believe."

Now Jesus did many other signs in the presence of his disciples, which are not written in this book. But these are written so that you may come to believe that Jesus is the Messiah, the Son of God, and that through believing you may have life in his name.

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

Please be seated.

The Sermon

The Reverend Paul Moore

Please stand as able.

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;**

he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Prsider: Everliving God, we pray for your holy Catholic Church;
People: That we all may be one.

Grant that every member of the Church may truly and humbly serve you;
That your Name may be glorified by all people.

We pray for all bishops, priests, and deacons;
That they may be faithful ministers of your Word and Sacraments.

We pray for all who govern and hold authority in the nations of the world;
That there may be justice and peace on the earth.

Give us grace to do your will in all that we undertake;
That our works may find favor in your sight.

Have compassion on those who suffer from any grief or trouble;
That they may be delivered from their distress.

Give to the departed eternal rest;
Let light perpetual shine upon them.

We praise you for your saints who have entered into joy;
May we also come to share in your heavenly kingdom.

Let us pray for our own needs and those of others.

Silence.

Here other intercessions may be offered, silently or aloud.

The Celebrant adds a concluding Collect.

Confession and Absolution

Presider: Let us confess our sins to God.

Silence may be kept.

Presider and People:

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us
through our Savior Jesus Christ,
that we may abide in your love
and serve only your will. Amen.**

Presider speaks an Absolution.

The Peace / **La Paz**

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: And also with you. / **Y con tu espíritu.**

If you are worshiping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

Offertory

“The Day of Resurrection”

Hymn 210

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Doxology - Sung to the Tune of “All Creatures of Our God and King”

Praise God from whom all blessings flow

Praise God all creatures here below

Alleluia! Alleluia!

Praise God above ye heavenly hosts

Creator, Christ, and Holy Ghost

Alleluia! Alleluia! Alleluia! Alleluia! Alleluia!

Intinction, also known as dipping the bread in the wine, is not practiced here. If you do not wish to drink from the common cup, please cross your arms in front of our chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

The Holy Communion

Eucharistic Prayer D

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available. The assembly is invited to stand as they are able for the Eucharistic Prayer.

Presider: God be with you.

People: And also with you.

Presider: Lift up your hearts.

People: We lift our hearts to God.

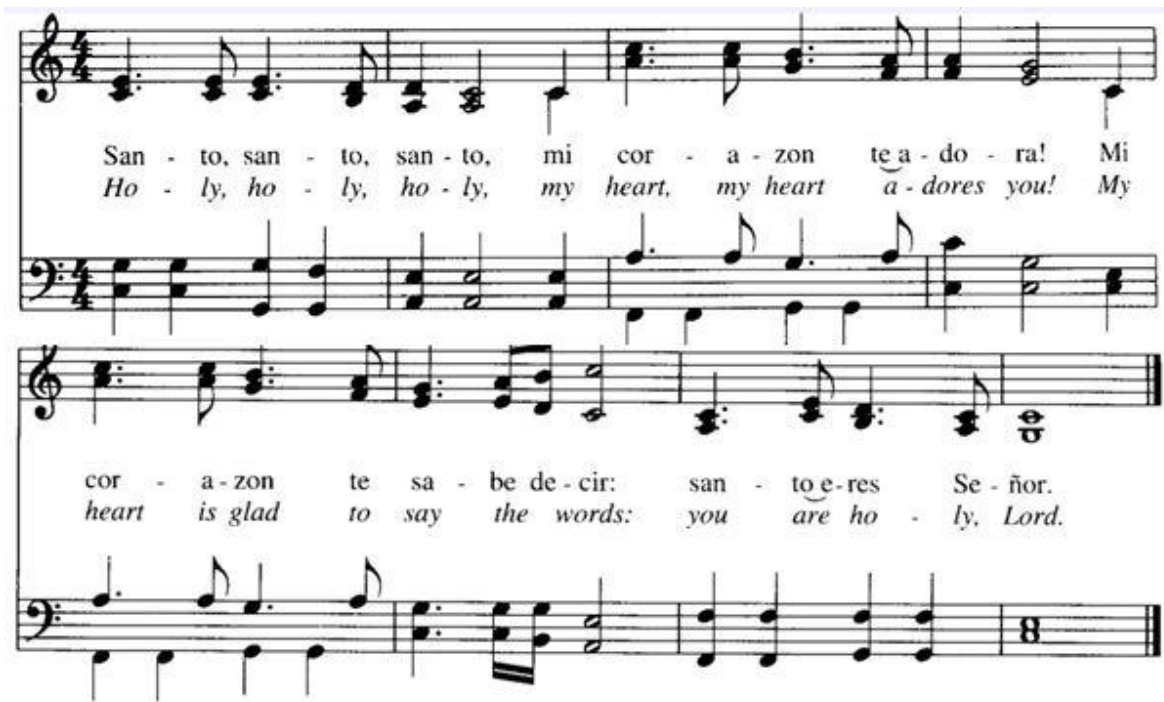
Presider: Let us give thanks to the one who created us.

People: It is right to give God thanks and praise.

Presider: It is truly right to glorify you, O God, our Refuge and Strength, and to give you thanks, for you alone are God, living and true, dwelling in light inaccessible from before time and forever.

Fountain of life and source of all goodness, you made all things and fill them with your blessing; you created them to rejoice in the splendor of your radiance. Countless throngs of angels stand before you to serve you night and day; and, beholding the glory of your presence, they offer you unceasing praise. Joining with them, and giving voice to every creature under heaven, we acclaim you, and glorify your Name, as we sing,

Presider and People:



San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
 heart is glad to say the words: you are ho - ly, Lord.

Presider: We acclaim you, Holy God, glorious in power. Your mighty works reveal your wisdom and love. You formed us in your own image, given the whole world into our care, so that, in obedience to you, our Creator, we might dwell as faithful companions with all your creatures. When our disobedience took us far from you, you did not abandon us to the power of death. In your mercy you came to our help, so that in seeking you we might find you. Again and again you called us into covenant with you, and through the prophets you taught us to hope for salvation.

Gracious God, you loved the world so much that in the fullness of time you sent your only Son to be our Savior. Incarnate by the Holy Spirit, born of the Virgin Mary, Jesus lived as one of us, yet without sin. To the poor he proclaimed the good news of salvation; to prisoners, freedom, to the sorrowful, joy. To fulfill your purpose, Jesus gave himself up to death; and, rising from the grave, destroyed death, and made the whole creation new.

And, that we might live no longer for ourselves, but for the One who died and rose for us, Jesus sent the Holy Spirit, the first gift for those who believe, to complete his work in the world, and to bring to fulfillment the sanctification of all.

When the hour had come for Jesus to be glorified by you, his heavenly Father, having loved his own who were in the world, Jesus loved them to the end; at supper with them Jesus took bread, broke it, and gave it to them, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper Jesus took the cup of wine; offered thanks and gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Most Blessed One, we now celebrate this memorial of our redemption. Recalling Christ's death and descent among the dead, proclaiming Christ's resurrection and ascension to your right hand, awaiting Christ's coming in glory; and offering to you, from the gifts you have given us, this bread and this cup, we praise you and we bless you.

Presider and People:

**We praise you, we bless you,
we give thanks to you,
and we pray to you, the Rock of our Salvation.**

Presider continues:

We pray that in your goodness and mercy your Holy Spirit may descend upon us, and upon these gifts, sanctifying them and showing them to be holy gifts for your holy people, the bread of life and the cup of salvation, the Body and Blood of your Son Jesus Christ. Grant that all who share this bread and cup may become one body and one spirit, a living sacrifice in Christ, to the praise of your Name.

Remember, O God, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember, O God, your one holy catholic and apostolic Church, redeemed by the blood of your Christ. Reveal its unity, guard its faith, and preserve it in peace.

Remember our Bishops all who minister in your Church.

Remember all your people, and those who seek your truth.

Remember all who have no shelter this night, all who have no food, all who suffer and hurt this night, all who are alone. May they know the healing warmth of your love.

Remember all who serve this night on behalf of others.

Remember all who have died in the peace of Christ, and those whose faith is known to you alone; bring them into the place of eternal joy and light.

And grant that we may find our inheritance with the Blessed Virgin Mary, with matriarchs, patriarchs, prophets, apostles and martyrs, with St. Paul and all the saints who have found favor with you in ages past. We praise you in union with them and give you glory through your Son Jesus Christ our Redeemer.

Through Christ, and with Christ, and in Christ, all honor and glory are yours, Almighty God our Creator, in the unity of the Holy Spirit, forever and forever. **AMEN.**

Presider: As our Savior Christ has taught us, we are bold to pray: *here and the next page*

Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in
hea - ven. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who
sin a - gainst us. Save us from the time of trial,
and de - liv - er us from e - vil. For the king - dom the pow - er,
and the glo - ry are yours, now and for ev - er. A - men.

The Breaking of the Bread

The Fraction Song

Se - ñor y Je-su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je-su - cris - to, Hi -
Lord Jesus Christ, Son of the li - ving God, Lord Jesus Christ, Son

8
jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -
of the li - ving God; O have mer - cy on us sin - ners, O

14
ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.
have mer - cy on us sin - ners.

Presider: Alleluia! We break this bread to share in the Body of Christ

People: We who are many are one body, for we all share in the one bread. Alleluia!

Please be seated.

Those present, are invited to receive Holy Communion. You can approach the altar at the direction of the usher.

Those with us online, during these next moments of meditation, wherever you are, receive God's gifts to you.

We share spiritual communion today.

Communion Hymn

“Deck Thyself, My Soul, with Gladness”

Hymn 339

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you, go in peace. Amen.

Post Communion Prayer

Presider: Let us pray.

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior. Amen.

Blessing

Closing Hymn

“Alleluia, Sing to Jesus!”

Hymn 460

Dismissal

Presider: Let us go forth into the world, rejoicing in the power of the Spirit.

Alleluia, Alleluia!

People: Thanks be to God. Alleluia, Alleluia!

Postlude

Offertory - Thank you for giving!

Please drop your offering in the church's mailbox or mail it to:

St. Paul's Episcopal Church

415 S. 18th Street

Mount Vernon, WA 98274

You can also make payments online at www.stpaulsmv.org

Serving Today:

9:30 a.m. Holy Eucharist

Presider and Preacher:	The Reverend Paul Moore
Deacon:	Rev. Dennis Taylor, Rev. Vicki Johnson
Organist and Music Director	Nancy Blaire Serrano
Eucharistic Minister:	Dan Niven
Greeters:	Roy & Kim Blumenhagen
Lector(s):	Jen McCabe & Carol Treston
Counters:	Sharon Johnson & Diana Hume

St. Paul's Prayer Team prays daily for those on the prayer list.

Please email Penny Worrell at penny.worrell@gmail.com.

All music used during this service is licensed for online streaming through OneLicense.net #A-725912

Cover image: <https://dailyverse.knowing-jesus.com/john-20-21>

Announcements for April 7, 2024

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

Paths to Understanding

Pastor Terry Kylo, formerly of this parish, has written a book called, *Go and Do Likewise*, and there are several interesting Zoom conversations in honor of the book's launch.

Details on the conversations and how to register are in your email newsletter.

Cathedral Day

Please save April 27th for Cathedral Day. At it, people who would like to officially join St. Paul's can do so. The rest of us can go along to support them. We will coordinate transportation. A number of people from Resurrección will also be going. If you are one of those who would like to join us, please speak with Fr. Paul.

SonShine Stitchers

The SonShine Stitchers meet the first and third Wednesdays from 1 to 3 pm in the church. Please join us this upcoming Wednesday, March 13. Bring a project, an idea, a friend. All are welcome.

Newcomers Luncheon

Are you new to St. Paul's? Do you feel new to St. Paul's? Maybe you would like to get to know more people from St. Paul's? This is your chance! The Vestry, which is the governing board of the church, is hosting a fellowship event to accomplish this very thing. We will gather at the home of Bonnie and Andy Schuh and enjoy a light lunch. Fr. Paul will provide a brief introduction to the congregation and host a Q & A session, but mostly, we will be getting to know each other better! Please RSVP by text to (949) 735-6289 or email at schuh21902@gmail.com so we have enough groceries. Hope to see you there!

Birdwatchers Club

Do you enjoy birdwatching? The City of Mount Vernon is hosting bird watching events. The Birdwatchers Club is designed to beginning borders to avid ornithologists alike. Each session will begin with a brief presentation featuring a theme in bird behavior, and will be followed by a hoe-hour birdwatching experience, and a debrief of observations where we can learn from each other. Locations will vary to observe bird life in multiple habitats. There is no cost. The first session is April 13, Hillcrest Park, from 9:00 to 1:00. Contact the city of more info. 360.336.6215 or mvparcs@mountvernonwa.gov

Announcements for April 7, 2024

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

Covid Tests

There are free covid tests in the Parish Hall. It's a good idea to have one in advance of needing one, so stop by and get one as necessary. It's just one more way to show caring to those around you.

Vestry

Vestry meetings are every second Tuesday at 4:30, usually in the Fireside room. Your Vestry are:

Rector: The Rev. Paul Moore

Treasurer: Margaret Bird

Clerk: Joe Thomas

Senior Warden: . Margie Lauer

Junior Warden: . Carol Boss

Member Sue Shepherd

Member Tony Smith

Open Art Studio

Jay Bowen--local tribal elder and honored guest and friend of many at Saint Paul's—is having an open studio 10 a.m. - 3 p.m. today in downtown La Conner. 106 First Street, La Conner. Visit Jay's website: <https://jaybowen-art.com>

Flowers

Flowers this Sunday are given by the McCabe family in honor of the 15th birthday of Daniel Kibler, son of Jen McCabe.

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's Table. We use real wine in the cup. Intinction, which is also known as dipping the bread in the wine, is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of your chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread, which is gluten free.

We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

TELECOIL ASSIST AVAILABLE.



HEADPHONES ARE ALSO AVAILABLE,
PLEASE SEE A GREETER.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
The Reverend Paul Moore <i>Rector</i>	254-368-6475	padrequiteno@gmail.com
The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	deacon2rn@comcast.net
Nancy Blaire Serrano <i>Organist and Music Director</i>		stpaulmvmusic@gmail.com
St. Paul's Office <i>Parish Administrator</i> <i>Bookkeeper</i>	360-424-1822	stpaulmv@comcast.net spbookkeeper@comcast.net
If you would like to receive our e-news, please send a message to stpaulmv@comcast.net .		