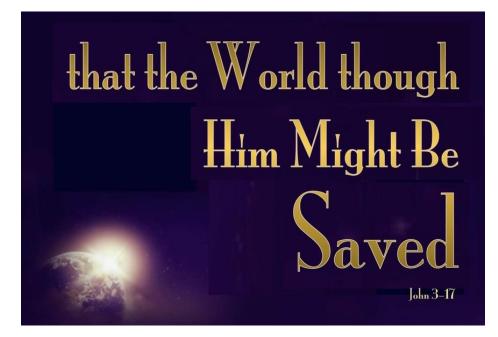
# SAINT PAUL'S EPISCOPAL CHURCH

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.



# SUNDAY, MARCH 10, 2024 The Fourth Sunday in Lent

415 South 18th St., Mount Vernon WA 98274-4658 360-424-1822 E-mail: stpaulmv@comcast.net Website: www.stpaulsmv.org

# A Penitential Order: Rite II

**WELCOME to St. Paul's!** We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.

Opening	Bell
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Welcome

#### Announcements

Member of Vestry

Celebrant

Prelude Amazing Grace - arr. Mark Hayes

Land Acknowledgement Celebrant

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, especially the Skagit Tribe who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

Please stand as you are able

**Opening Hymn Penitential Order**  "What Wondrous Love is This"

Hymn 439

Presider: Bless the Lord who forgives all our sins.

People His mercy endures for ever.

Presider: Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark* 12:29-31

#### **Confession and Absolution**

Presider: Let us confess our sins against God and our neighbor.

Silence may be kept.

#### **Presider and People**

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name. Amen.

Presider speaks an Absolution.



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#### The Collect

Presider: May God be with you. **People:** And also with you.

Presider: Let us pray.

Gracious Father, whose blessed Son Jesus Christ came down from heaven to be the true bread which gives life to the world: Evermore give us this bread, that he may live in us, and we in him; who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.* 

The Liturgy of the Word

Please be seated.

# A reading from Numbers 21:4-9

From Mount Hor the Israelites set out by the way to the Red Sea, to go around the land of Edom; but the people became impatient on the way. The people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we detest this miserable food." Then the LORD sent poisonous serpents among the people, and they bit the people, so that many Israelites died. The people came to Moses and said, "We have sinned by speaking against the LORD and against you; pray to the LORD to take away the serpents from us." So Moses prayed for the people. And the LORD said to Moses, "Make a poisonous serpent, and set it on a pole; and everyone who is bitten shall look at it and live." So Moses made a serpent of bronze, and put it upon a pole; and whenever a serpent bit someone, that person would look at the serpent of bronze and live.

Lector: The Word of the Lord. People: Thanks be to God.

### Psalm 107:1-3, 17-22

### Confitemini Domino

1 Give thanks to the LORD, for he is good, \* and his mercy endures for ever.

- 2 Let all those whom the LORD has redeemed proclaim \* that he redeemed them from the hand of the foe.
- 3 He gathered them out of the lands; \* from the east and from the west, from the north and from the south.

- 17 Some were fools and took to rebellious ways; \* they were afflicted because of their sins.
- 18 They abhorred all manner of food \* and drew near to death's door.
- 19 Then they cried to the LORD in their trouble, \* and he delivered them from their distress.
- 20 He sent forth his word and healed them \* and saved them from the grave.
- 21 Let them give thanks to the LORD for his mercy \* and the wonders he does for his children.
- 22 Let them offer a sacrifice of thanksgiving \* and tell of his acts with shouts of joy.

## A reading from Ephesians 2:1-10

You were dead through the trespasses and sins in which you once lived, following the course of this world, following the ruler of the power of the air, the spirit that is now at work among those who are disobedient. All of us once lived among them in the passions of our flesh, following the desires of flesh and senses, and we were by nature children of wrath, like everyone else. But God, who is rich in mercy, out of the great love with which he loved us even when we were dead through our trespasses, made us alive together with Christ-- by grace you have been saved-- and raised us up with him and seated us with him in the heavenly places in Christ Jesus, so that in the ages to come he might show the immeasurable riches of his grace in kindness toward us in Christ Jesus. For by grace you have been saved through faith, and this is not your own doing; it is the gift of God-- not the result of works, so that no one may boast. For we are what he has made us, created in Christ Jesus for good works, which God prepared beforehand to be our way of life.

Lector: The Word of the Lord. People: Thanks be to God.

Gradual Hymn "Rock of Ages, Cleft for Me"

Hymn 685

# **Presider:** The Holy Gospel of Our Lord Jesus Christ According to John 3:14-21 Jesus said, "Just as Moses lifted up the serpent in the wilderness, so must the Son of Man

be lifted up, that whoever believes in him may have eternal life.

"For God so loved the world that he gave his only Son, so that everyone who believes in him may not perish but may have eternal life.

"Indeed, God did not send the Son into the world to condemn the world, but in order that the world might be saved through him. Those who believe in him are not condemned; but those who do not believe are condemned already, because they have not believed in the name of the only Son of God. And this is the judgment, that the light has come into the world, and people loved darkness rather than light because their deeds were evil. For all who do evil hate the light and do not come to the light, so that their deeds may not be exposed. But those who do what is true come to the light, so that it may be clearly seen that their deeds have been done in God."

**Presider**: The Gospel of the Lord. **People: Praise to you, Lord Christ.** 

The Sermon

The Rev. Paul Moore

Sermon notes page at the back of the booklet

#### The Nicene Creed

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: was incarnate of the Holy Spirit and the Virgin Mary and became truly human. For our sake he was crucified under Pontius Pilate;

he suffered death and was buried.
On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,

and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets.

#### We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People Form II

I ask your prayers for God's people throughout the world; for our Bishops Michael and Melissa; for this gathering ; and for all ministers and people.

Pray for the Church.

I ask your prayers for peace; for goodwill among nations; and for the well-being of all people. Pray for justice and peace. *Silence* 

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison. Pray for those in any need or trouble. *Silence* 

I ask your prayers for all who seek God, or a deeper knowledge of him. Pray that they may find and be found by him. *Silence* 

I ask your prayers for the departed especially \_\_\_\_\_\_. Pray for those who have died. Silence

Members of the congregation may ask the prayers or the thanksgivings of those present

I ask your prayers for \_\_\_\_\_.

I ask your thanksgiving for \_\_\_\_\_\_. *Silence* 

Praise God for those in every generation in whom Christ has been honored especially \_\_\_\_\_\_\_whom we remember today. Pray that we may have grace to glorify Christ in our own day. Silence

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#### The Peace | La Paz

**Presider**: The peace of the Lord be always with you. | La paz del Señor sea siempre con ustedes.

People: And also with you. | Y con tu espíritu.

#### **Celebrations and Thanksgiving of Life**

Offertory

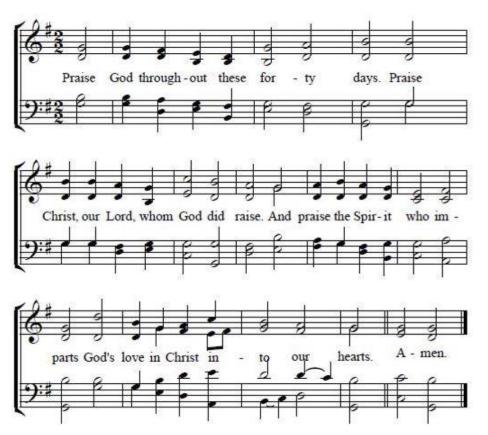
"Oh the Deep, Deep Love of Jesus"

St. Paul's Choir

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18<sup>th</sup> Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

#### Doxology



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Intinction:

Also known as, dipping the bread in the wine, is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of our chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

The Holy Communion

Eucharistic Prayer C

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available. The assembly is invited to stand for the Eucharistic Prayer.

- **Presider**: May God be with you. **People:** And also with you.
- Presider: Lift up your hearts.
- People: We lift them to God.
- **Presider**: Let us give thanks to the Lord our God.
- People: It is right to give God thanks and praise.

**Presider**: God of all power, Ruler of the Universe, you are worthy of glory and praise. **People:** Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home. *By your will they were created and have their being*.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the stewards of creation. But we turned against you, and betrayed your trust; and we turned against one another.

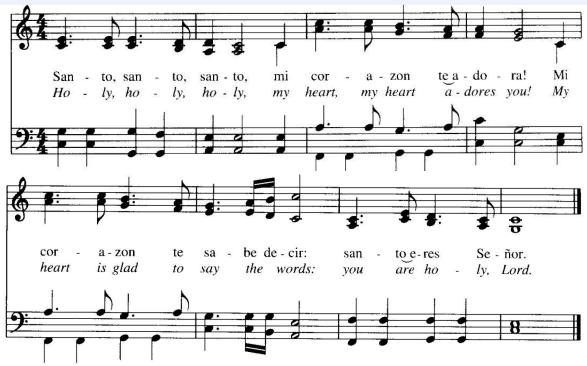
Have mercy, Dear God, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of Mary his mother, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, Christ reconciled us.

By Christ's wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:



And so, Most Gracious God, we who have been redeemed by Christ, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ, our Savior.

On the night he was betrayed Jesus took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, Jesus took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

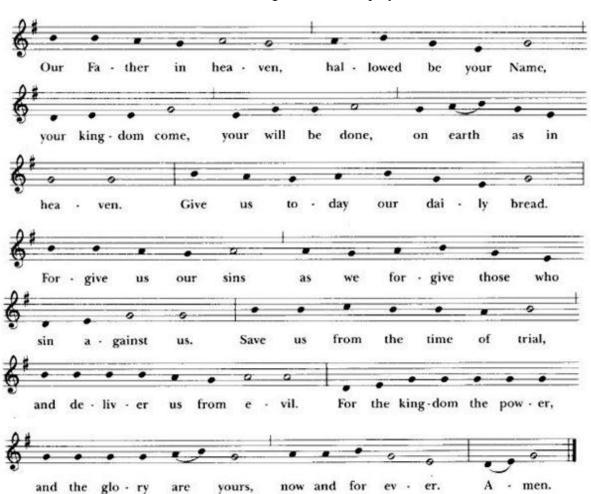
Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving, *We celebrate his death and resurrection, as we await the day of his coming.* 

God of our kindred and their generation: God of Abraham, Isaac and Jacob; Deborah, Hannah and Rebecca; God and Father of our Savior Jesus Christ: Open our eyes to see your hand at

work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let this grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in your Son's name..

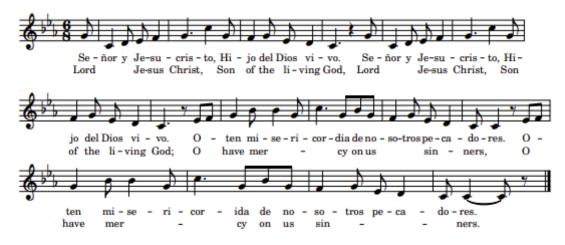
#### Risen and Ascended One, be known to us in the breaking of the Bread.

Accept these prayers and praises, O God, Most Merciful, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN**.



**Presider**: As our Savior Christ has taught us, we now pray:

The Breaking of the Bread The Fraction Song:



Presider: Christ our Passover is sacrificed for us; People: Therefore let us keep the feast.

Presider: The Gifts of God for the People of God.

Please be seated.

*Those present are invited to receive Holy Communion. You can approach the altar at the direction of the usher.* 

Those with us online, during these next moments of meditation, wherever you are, receive God's gifts to you. We share spiritual communion today.

Communion Hymn

'Amazing Grace"

Hymn 671

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

- Presider: We who are many are one body
- People: Because we all share one bread, one cup.
- Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.
- People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you, go in peace. Amen.

Post Communion Prayer

Presider: Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Prayer over the People

Closing Hymn	"Savior, Like a Shepherd Lead Us"	Hymn 708

Dismissal

Presider: Go in peace to love and serve the Lord. **People:** Thanks be to God.

Postlude:

Psalm 121 - by Robert Lau

Offertory - Thank you for giving! Please drop your offering in the church's mailbox or mail it to: St. Paul's Episcopal Church 415 S. 18<sup>th</sup> Street Mount Vernon, WA 98274 You can also make payments online at www.stpaulsmv.org

Serving Today:

9:30 a.m. Holy Eucharist	
Presider:	The Reverend Paul Moore
Deacon:	Rev. Dennis Taylor, Rev. Vicki Johnson
Organist and Music Director	Nancy Blaire Serrano
Eucharistic Minister:	Dan Niven
Greeters:	Debbie & Eric Bloom
Lector(s):	Nicole Smith & Carol Treston
Counters:	Elizabeth Tucker & Margie Lauer

St. Paul's Prayer Team prays daily for those on the prayer list. Please email Penny Worrell at *penny.worrell@gmail.com*.

All music used during this service is licensed for online streaming through OneLicense.net #A-725912 Cover image: https://images.knowing-jesus.com/i/john-3-17-god-sent-his-son-into-the-world-gold-13064#

# Announcements for March 10, 2024

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

## 2024 Lenten Devotional Book

If you would like to receive the Lenten devotional book by email and have not received it that way before, please go to http://eepurl.com/hi9\_lb to sign up.

## Paths to Understanding

Pastor Terry Kyllo, formerly of this parish, has written a book called, Go and Do Likewise, and there are several interesting Zoom conversations in honor of the book's launch. Details on the conversations and how to register are in your email newsletter.

## **Cathedral Day**

Please save April 27th for Cathedral Day. At it, people who would like to officially join St. Paul's can do so. The rest of us can go along to support them. We will coordinate transportation. A number of people from Resurrección will also be going. If you are one of those who would like to join us, please speak with Fr. Paul.

## **SonShine Stitchers**

The SonShine Stitchers meet the first and third Wednesdays from 1 to 3 pm in the church. Please join us this upcoming Wednesday, March 13. Bring a project, an idea, a friend. All are welcome.

## Lenten Soup and Bread/Book Study

Please join us for soup and bread on Wednesday evenings at 6:00 p.m. as we look at Jay Bowen's new book "Boy to Man: Times of Klak-A-Dub, a Skagit History 1730-1910". If you would like to volunteer to bring soup or bread or help set-up/clean up, please sign up on the sheet on the bulletin board in the Fellowship Hall.

More Announcements Next Page

# More Announcements for March 10, 2024

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

#### **Easter Sunday Altar Flowers**

We have a young woman in the Resurreccion congregation that has volunteered to design a few arrangements for the Easter Sunday Services. If you would like to donate funds toward Easter Flowers, please add "Easter Flowers" to the memo line of your check and put it in the offering plate, attached to the form that you can pick up from the round table in the Narthex. The form is designed for you to designate your thanksgiving or memorial to be included in the Easter Sunday bulletin. For more information, please speak with Bonnie Schuh.

#### **Flowering of the Cross**

The flowering cross will meet you in the Narthex on Easter Sunday morning waiting to be filled with offerings of beautiful flowers and greens. Please look around your yard for flowers or greens that you would like to add to this community collection. It is always a blessing to see the beautifully flowered cross on Easter Sunday!

#### **Fire Blanket**

Thanks to Acacia there is now a fire blanket at the kneeler near the candles at the back of the sanctuary. Please stop by to read the instructions on how to use it.

# SERMON NOTES


# Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's table. We use real wine in the cup. If you wish to receive only a blessing, simply cross your arms in front of you as the priest approaches. If you do not want to drink from the chalice, keep the piece of bread on your open palm, and present it to the chalice bearer, who will then dip the bread into the wine and place it on your tongue. Non-gluten bread is also available. Please inform us if this is your preference. We ask that those worshiping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/	
The Reverend Paul Moore Rector	254-368-6475	padrequiteno@gmail.com	
The Reverend Dennis Taylor Deacon / Fait	360-661-1551 h Community Nurse	deacon2rn@comcast.net	
Nancy Blaire Serrano Organist and Music Director		stpaulmvmusic@gmail.com	
St. Paul's Office Parish Administrator Bookkeeper	360-424-1822	stpaulmv@comcast.net spbookkeeper@comcast.net	
If you would like to receive our e-news, please send a message to stpaulmv@comcast.net.			

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