

SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*



SUNDAY, MARCH 3, 2024 THE THIRD SUNDAY IN LENT

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A Penitential Order: Rite II

WELCOME to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Feel free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.

Opening Bell

Welcome

Celebrant

Announcements

Member of Vestry

Prelude

We Call Him Jesus by Rolland Jacks arr. by Perry Schjolin

Land Acknowledgement

Celebrant

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, especially the Skagit Tribes who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

Please stand as you are able

Opening Hymn

“What Wondrous Love is This”

Hymn 439

Penitential Order

Presider: Bless the Lord who forgives all our sins.

People His mercy endures for ever.

Presider: Jesus said, "The first commandment is this: Hear, O Israel: The Lord your God is the only Lord. Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is this: Love your neighbor as yourself. There is no commandment greater than these." *Mark 12:29-31*

Confession and Absolution

Presider: Let us confess our sins against God and our neighbor.

Silence may be kept.

Presider and People

**Most merciful God,
we confess that we have sinned against you in thought, word, and deed,
by what we have done, and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ, have mercy on us and forgive us;
that we may delight in your will, and walk in your ways,
to the glory of your Name. Amen.**

Presider speaks an Absolution.

Lord Have Mercy

Kyrie



Lord, have mer - cy; Christ have mer - cy; Lord, have mer - cy on me.
Ky - rie e - lei-son Chris - te e - lei-son Ky - rie e - lei-son, elei - son

5



Lord, have mer - cy Christ, have mer - cy Lord, have mer - cy on me.
Ky - rie e - lei-son Chris - te e - lei-son Ky - rie e - lei-son, e - lei - son

The Collect

Presider: The Lord be with you.

People: And also with you.

Presider: Let us pray.

Almighty God, you know that we have no power in ourselves to help ourselves: Keep us both outwardly in our bodies and inwardly in our souls, that we may be defended from all adversities which may happen to the body, and from all evil thoughts which may assault and hurt the soul; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Liturgy of the Word

Please be seated.

A reading from **Exodus 20:1-17**

Then God spoke all these words:

I am the LORD your God, who brought you out of the land of Egypt, out of the house of slavery; you shall have no other gods before me.

You shall not make for yourself an idol, whether in the form of anything that is in heaven above, or that is on the earth beneath, or that is in the water under the earth. You shall not bow down to them or worship them; for I the LORD your God am a jealous God, punishing children for the iniquity of parents, to the third and the fourth generation of those who reject me, but showing steadfast love to the thousandth generation of those who love me and keep my commandments.

You shall not make wrongful use of the name of the LORD your God, for the LORD will not acquit anyone who misuses his name.

Remember the sabbath day, and keep it holy. For six days you shall labour and do all your work. But the seventh day is a sabbath to the LORD your God; you shall not do any work—you, your son or your daughter, your male or female slave, your livestock, or the alien resident in your towns. For in six days the LORD made heaven and earth, the sea, and all

that is in them, but rested the seventh day; therefore the LORD blessed the sabbath day and consecrated it.

Honor your father and your mother, so that your days may be long in the land that the LORD your God is giving you.

You shall not murder.

You shall not commit adultery.

You shall not steal.

You shall not bear false witness against your neighbor.

You shall not covet your neighbor's house; you shall not covet your neighbor's wife, or male or female slave, or ox, or donkey, or anything that belongs to your neighbor.

Lector: The Word of the Lord.

People: Thanks be to God.

Psalm 19

Caeli enarrant

The heavens declare the glory of God, *
and the firmament shows his handiwork.

One day tells its tale to another, *
and one night imparts knowledge to another.

Although they have no words or language, *
and their voices are not heard,

Their sound has gone out into all lands, *
and their message to the ends of the world.

In the deep has he set a pavilion for the sun; *
it comes forth like a bridegroom out of his chamber;
it rejoices like a champion to run its course.

It goes forth from the uttermost edge of the heavens and runs about to the end of it again; *
nothing is hidden from its burning heat.

The law of the LORD is perfect and revives the soul; *
the testimony of the LORD is sure and gives wisdom to the innocent.

The statutes of the LORD are just and rejoice the heart; *
the commandment of the LORD is clear and gives light to the eyes.

The fear of the LORD is clean and endures for ever; *
the judgments of the LORD are true and righteous altogether.

More to be desired are they than gold, more than much fine gold, *
sweeter far than honey, than honey in the comb.

By them also is your servant enlightened, *
and in keeping them there is great reward.

Who can tell how often he offends? *
cleans me from my secret faults.

Above all, keep your servant from presumptuous sins; let them not get dominion over me; *
then shall I be whole and sound, and innocent of a great offense.

Let the words of my mouth and the meditation of my heart be acceptable in your sight, *
O LORD, my strength and my redeemer.

A reading from 1 Corinthians 1:18-25

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written,

“I will destroy the wisdom of the wise,
and the discernment of the discerning I will thwart.”

Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God’s foolishness is wiser than human wisdom, and God’s weakness is stronger than human strength.

Lector: The Word of the Lord.

People: Thanks be to God.

Gradual Hymn

“In the Cross of Christ I Glory” verses 1-3

Hymn 441

Presider: The Holy Gospel of Our Lord Jesus Christ According to John 2:13-22

The Passover of the Jews was near, and Jesus went up to Jerusalem. In the temple he found people selling cattle, sheep, and doves, and the money changers seated at their tables. Making a whip of cords, he drove all of them out of the temple, both the sheep and the cattle. He also poured out the coins of the money changers and overturned their tables. He told those who were selling the doves, "Take these things out of here! Stop making my Father's house a marketplace!" His disciples remembered that it was written, "Zeal for your house will consume me." The Jews then said to him, "What sign can you show us for doing this?" Jesus answered them, "Destroy this temple, and in three days I will raise it up." The Jews then said, "This temple has been under construction for forty-six years, and will you raise it up in three days?" But he was speaking of the temple of his body. After he was raised from the dead, his disciples remembered that he had said this; and they believed the scripture and the word that Jesus had spoken.

Presider: The Gospel of the Lord.

People: Praise to you, Lord Christ.

The Sermon

The Rev. Paul Moore

Sermon notes page at the back of the booklet

The Nicene Creed

**We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.**

**We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.**

Through him all things were made.

For us and for our salvation

he came down from heaven:

by the power of the Holy Spirit

**he became incarnate from the Virgin Mary,
and was made man.**

**For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.**

**We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.**

The Prayers of The People Form II

I ask your prayers for God's people throughout the world;
for our Bishops Michael and Melissa; for this gathering ; and for all ministers and people.

Pray for the Church.

I ask your prayers for peace; for goodwill among nations;
and for the well-being of all people.
Pray for justice and peace.

Silence

I ask your prayers for the poor, the sick, the hungry, the oppressed, and those in prison.
Pray for those in any need or trouble.

Silence

I ask your prayers for all who seek God, or a deeper knowledge of him.
Pray that they may find and be found by him.

Silence

I ask your prayers for the departed especially _____.
Pray for those who have died.

Silence

Members of the congregation may ask the prayers or the thanksgivings of those present

I ask your prayers for _____.

I ask your thanksgiving for _____.

Silence

Praise God for those in every generation in whom Christ has been honored especially
_____ whom we remember today.
Pray that we may have grace to glorify Christ in our own day.

Silence

The Peace | La Paz

Presider: The peace of the Lord be always with you. | La paz del Señor sea siempre con
ustedes.

People: **And also with you. | Y con tu espíritu.**

Celebrations and Thanksgiving of Life

Offertory

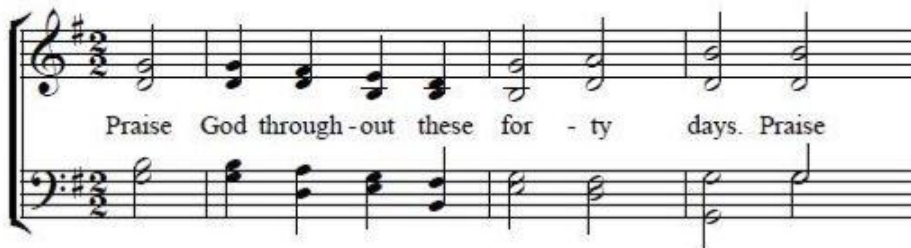
“Forgive Our Sins as We Forgive”

Hymn 674

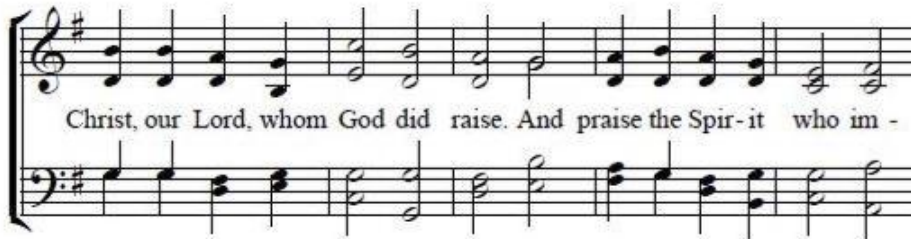
Your gifts are much appreciated.

*If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street,
Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org*

Doxology



Praise God through-out these for - ty days. Praise



Christ, our Lord, whom God did raise. And praise the Spir-it who im -



parts God's love in Christ in - to our hearts. A - men.

Intinction:

Also known as, dipping the bread in the wine, is not available at this time. If you do not wish to drink from the common cup, please cross your arms in front of our chest as the chalice bearer approaches. The full grace of the sacrament is received with only the bread.

The Holy Communion

Eucharistic Prayer C

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Gluten free wafers are available. The assembly is invited to stand for the Eucharistic Prayer.

Presider: The Lord be with you.

People: And also with you.

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Presider: God of all power, Ruler of the Universe, you are worthy of glory and praise.

People: **Glory to you for ever and ever.**

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

The image shows a musical score for a hymn. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is one sharp (F#) and the time signature is 4/4. The melody is written in the treble clef, and the accompaniment is in the bass clef. The lyrics are written below the treble clef staff. The lyrics are: "San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My". The music is in a simple, hymn-like style with a clear melody and accompaniment.

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
heart is glad to say the words: you are ho - ly, Lord.

And so, Loving God, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

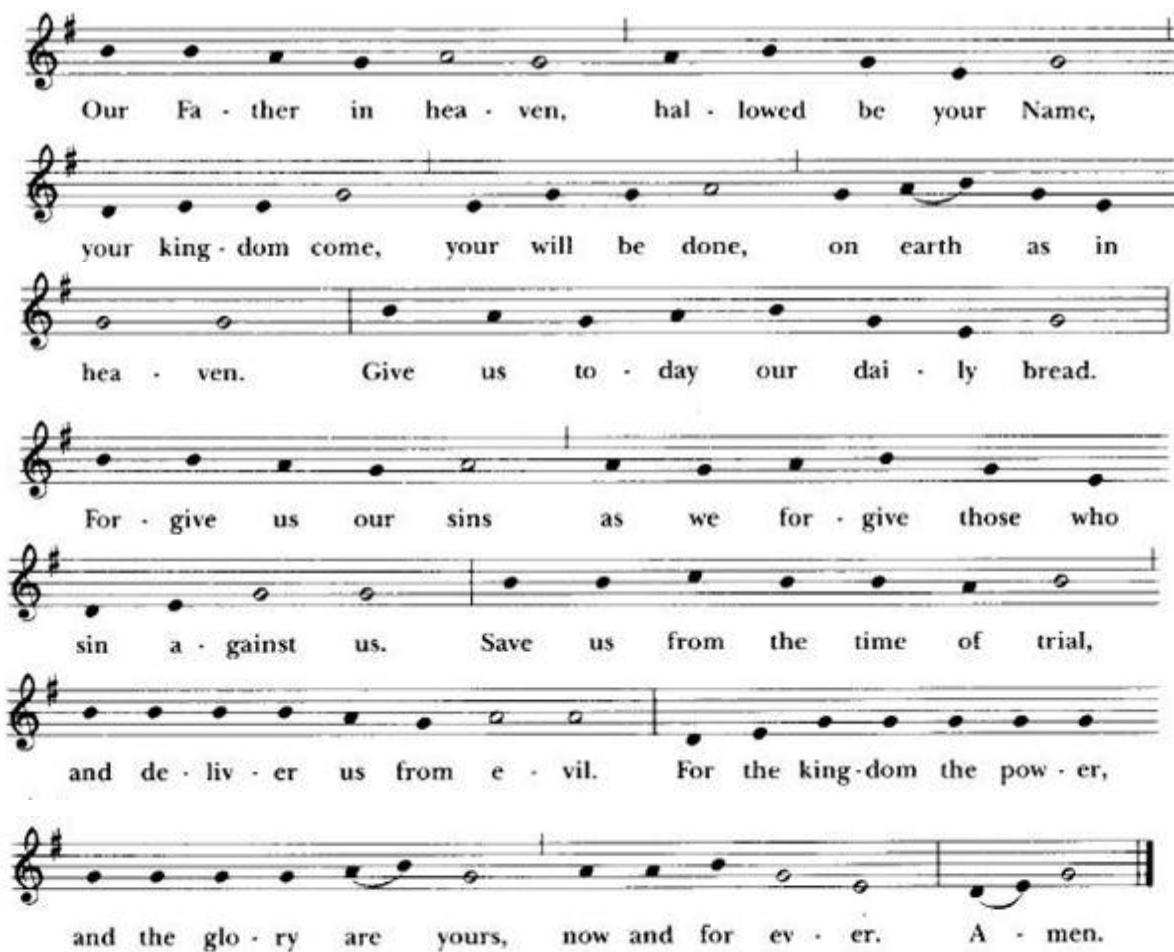
Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Spiritual Ancestors: God of Abraham, Sarah, Hagar, Isaac, Rebecca, Jacob, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, O God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

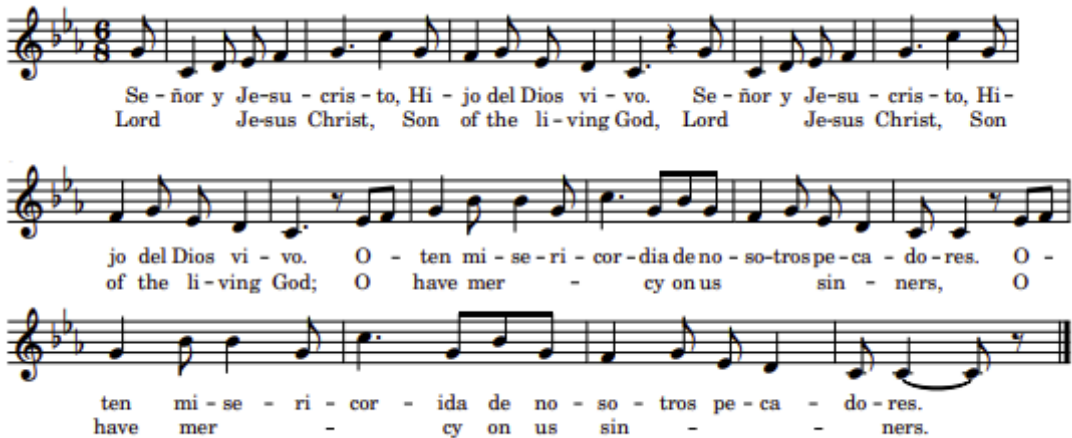
Presider: As our Savior Christ has taught us, we now pray:



Our Fa - ther in hea - ven, hal - lowed be your Name,
your king - dom come, your will be done, on earth as in
hea - ven. Give us to - day our dai - ly bread.
For - give us our sins as we for - give those who
sin a - gainst us. Save us from the time of trial,
and de - liv - er us from e - vil. For the king - dom the pow - er,
and the glo - ry are yours, now and for ev - er. A - men.

The Breaking of the Bread

The Fraction Song:



Se - ñor y Je - su - cris - to, Hi - jo del Dios vi - vo. Se - ñor y Je - su - cris - to, Hi -
Lord Je - sus Christ, Son of the li - ving God, Lord Je - sus Christ, Son
jo del Dios vi - vo. O - ten mi - se - ri - cor - dia de no - so - tros pe - ca - do - res. O -
of the li - ving God; O have mer - cy on us sin - ners, O
ten mi - se - ri - cor - ida de no - so - tros pe - ca - do - res.
have mer - cy on us sin - ners.

Presider: Christ our Passover is sacrificed for us;

People: Therefore let us keep the feast.

Presider: The Gifts of God for the People of God.

Please be seated.

*Those present are invited to receive Holy Communion.
You can approach the altar at the direction of the usher.*

*Those with us online, during these next moments of meditation,
wherever you are, receive God's gifts to you.
We share spiritual communion today.*

Communion Hymn

‘Bread of the World’ – repeat 1x

Hymn 301

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you, go in peace. Amen.

Post Communion Prayer

Presider: Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Prayer over the People

Closing Hymn

“God of Grace and God of Glory”

Hymn 594

Dismissal

Presider: Go in peace to love and serve the Lord.

People: Thanks be to God.

Postlude:

Panis Angelicus by Cesar Franck

Offertory - Thank you for giving!
Please drop your offering in the church's mailbox or mail it to:
St. Paul's Episcopal Church
415 S. 18th Street
Mount Vernon, WA 98274
You can also make payments online at www.stpaulsmv.org

Serving Today:

9:30 a.m. Holy Eucharist

Presider:	The Reverend Paul Moore
Deacon:	Rev. Dennis Taylor, Rev. Vicki Johnson
Musician:	Elizabeth Mahoney-Niven
Eucharistic Minister:	Andy Schuh
Greeters:	Ron & Pat Kostanich
Lector(s):	Sherri Greenleaf, Jen McCabe
Counters:	Sharon Johnson & Bonnie Schuh

St. Paul's Prayer Team prays daily for those on the prayer list.
Please email Penny Worrell at penny.worrell@gmail.com.

All music used during this service is licensed for online streaming through OneLicense.net #A-725912
Cover image: <https://www.heartlight.org/gallery/1496.html>

Announcements for March 5, 2024

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

2024 Lenten Devotional Book

If you would like to receive the Lenten devotional book by email and have not received it that way before, please go to http://eepurl.com/hi9_lb to sign up.

Paths to Understanding

Pastor Terry Kyлло, formerly of this parish, has written a book called, *Go and Do Likewise*, and there are several interesting Zoom conversations in honor of the book's launch. Details on the conversations and how to register are in your email newsletter.

Cathedral Day

Please save April 27th for Cathedral Day. At it, people who would like to officially join St. Paul's can do so. The rest of us can go along to support them. We will coordinate transportation. A number of people from Resurrección will also be going. If you are one of those who would like to join us, please speak with Fr. Paul.

SonShine Stitchers

The SonShine Stitchers meet the first and third Wednesdays from 1 to 3 pm in the church. Please join us this upcoming Wednesday, February 21. Bring a project, an idea, a friend. All are welcome.

Lenten Soup and Bread/Book Study

Please join us for soup and bread on Wednesday evenings at 6:00 p.m. as we look at Jay Bowen's new book "*Boy to Man: Times of Klak-A-Dub, a Skagit History 1730-1910*". If you would like to volunteer to bring soup or bread or help set-up/clean up, please sign up on the sheet on the bulletin board in the Fellowship Hall.

Fire Blanket

Thanks to Acacia there is now a fire blanket at the kneeler near the candles at the back of the sanctuary. Please stop by to read the instructions on how to use it.

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's table. We use real wine in the cup. If you wish to receive only a blessing, simply cross your arms in front of you as the priest approaches. If you do not want to drink from the chalice, keep the piece of bread on your open palm, and present it to the chalice bearer, who will then dip the bread into the wine and place it on your tongue. Non-gluten bread is also available. Please inform us if this is your preference. We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
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The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	deacon2rn@comcast.net
Nancy Blaire Serrano <i>Organist and Music Director</i>		stpaulmvmusic@gmail.com
St. Paul's Office <i>Parish Administrator</i> <i>Bookkeeper</i>	360-424-1822	stpaulmv@comcast.net spbookkeeper@comcast.net
If you would like to receive our e-news, please send a message to stpaulmv@comcast.net .		