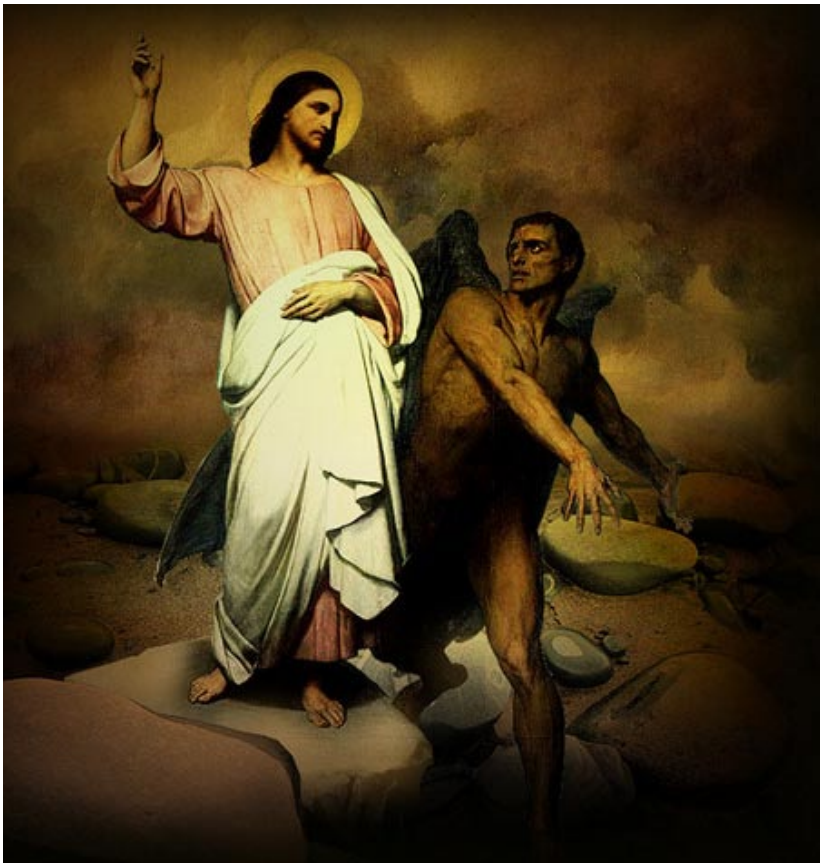
Saint Paul's Episcopal Church

We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.



Sunday, February 26, 2023
The First Sunday in Lent

415 South 18th St., Mount Vernon WA 98274-4658

360-424-1822

E-mail: stpaulmv@comcast.net

Website: www.stpaulsmv.org

WELCOME to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Fee free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.

Opening Bell

Welcome *Celebrant*

Announcements *Member of Vestry*

Prelude

Land Acknowledgement *Celebrant*

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, including the Upper Skagit and Skagit Tribes who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

Presider and People:

We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

What is the Great Litany?

The Great Litany is said to be the first prayer composed in the English language (i.e. not an English translation from another language) for use in public worship. It is used in Anglican worship, most frequently during the season of Lent because of its distinctly penitential nature. In many churches, it is chanted in procession around the perimeter of the worship space.

In the Great Litany, nearly every general area of prayer is addressed including prayer for various aspects of the church, the world, the government, and the poor. These petitions are prefaced by a series of requests asking God to deliver us from all manner of afflictions: evil, sin, heresy, schism, natural disasters, political disasters, violence, death, etc.

The Litany was the first English language rite prepared by Archbishop Thomas Cranmer in 1544. Cranmer modified an earlier litany form by consolidating certain groups of petitions into single prayers with response.

The Litany's use in church processions was ordered by Henry VIII. It was printed as an appendix to the eucharist in the 1549 BCP [Book of Common Prayer]. Henry VIII commissioned Cranmer to write the Litany to be offered in procession through public neighborhoods as was the practice at the time. Disappointed that people were not responding and joining in the prayers, Henry keenly perceived that the people "understode no parte of suche prayers or suffrages as were used to be songe and sayde." He accordingly decreed that a litany be written in English.

The 1979 BCP titled the Litany "The Great Litany" (p. 148), distinguishing it from other litanies in the Prayer Book (e.g. the Litany for Ordinations (p. 548) and the Litany of Thanksgiving (p. 836). The Great Litany, though now an oddity to many, is a reminder that English-speaking Christians from the beginning earnestly desired God's intervention and involvement in all areas of life.

The Great Litany and Holy Eucharist Rite II

The Great Litany **BCP page 148**

Please kneel or stand as you are able.

Presider: O God the Father, Creator of heaven and earth,
People: Have mercy upon us.

O God the Son, Redeemer of the world, **Have mercy upon us.**

O God the Holy Spirit, Sanctifier of the faithful, **Have mercy upon us.**

O holy, blessed, and glorious Trinity, one God, **Have mercy upon us.**

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us, for ever.
Spare us, good Lord.

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation, **Good Lord, deliver us.**

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity, **Good Lord, deliver us.**

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil, **Good Lord, deliver us.**

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment, **Good Lord, deliver us.**

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine, **Good Lord, deliver us.**

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared, **Good Lord, deliver us.**

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation, **Good Lord, deliver us.**

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost, **Good Lord, deliver us.**

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment, **Good Lord, deliver us.**

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,
We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly, **We beseech thee to hear us, good Lord.**

That it may please thee to bless and keep all thy people,
We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom, **We beseech thee to hear us, good Lord.**

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit, **We beseech thee to hear us, good Lord.**

That it may please thee to bring into the way of truth all such as have erred, and are deceived, **We beseech thee to hear us, good Lord.**

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments, **We beseech thee to hear us, good Lord.**

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth, **We beseech thee to hear us, good Lord.**

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,
We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,
We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them, **We beseech thee to hear us, good Lord.**

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,
We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel, **We beseech thee to hear us, good Lord.**

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,
We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,
We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation, **We beseech thee to hear us, good Lord.**

That it may please thee to have mercy upon all mankind,
We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word, **We beseech thee to hear us, good Lord.**

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts, **We beseech thee to hear us, good Lord.**

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet, **We beseech thee to hear us, good Lord.**

That it may please thee to grant to all the faithful departed eternal life and peace, **We beseech thee to hear us, good Lord.**

That it may please thee to grant that, in the fellowship of St. Paul all the saints, we may attain to thy heavenly kingdom, **We beseech thee to hear us, good Lord.**

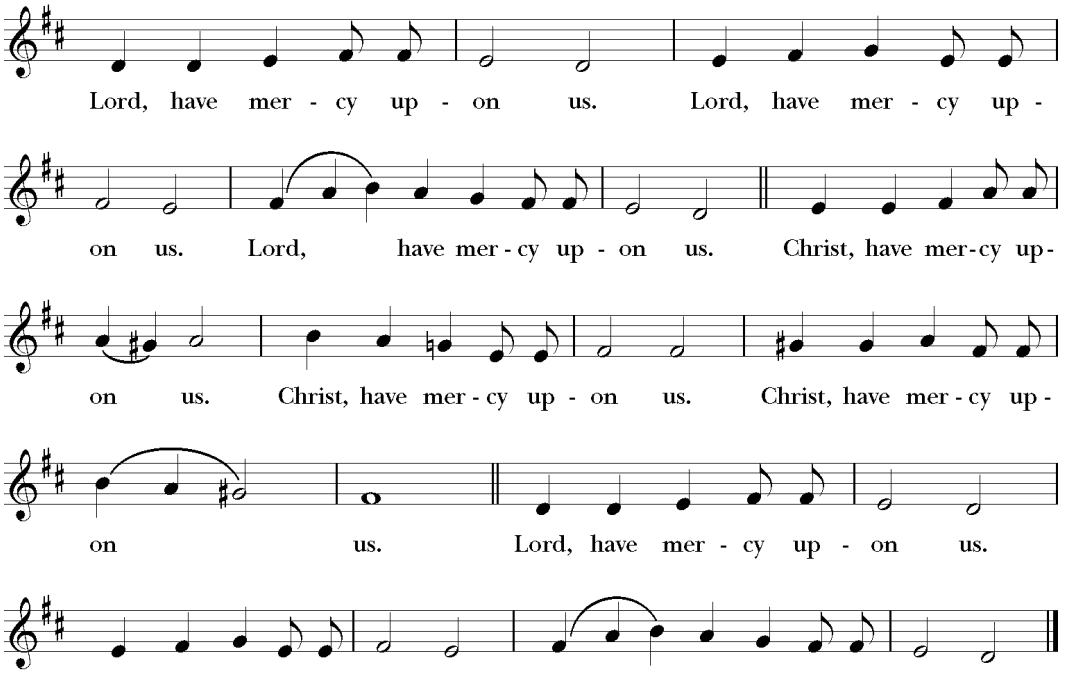
Son of God, we beseech thee to hear us. **Son of God, we beseech thee to hear us.**

O Lamb of God, that takest away the sins of the world, **Have mercy upon us.**
O Lamb of God, that takest away the sins of the world, **Have mercy upon us.**

O Lamb of God, that takest away the sins of the world, **Grant us thy peace.**

O Christ, hear us. **O Christ, hear us.**

Lord, have mercy upon us *Kyrie* **S 91**



The Collect

Presider: The Lord be with you.
People: And also with you.

Presider*:* Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

The Liturgy of the Word

Please be seated.

A Reading from Genesis 2:15-17; 3:1-7.

The Lord God took the man and put him in the garden of Eden to till it and keep it. And the Lord God commanded the man, "You may freely eat of every tree of the garden; but of the tree of the knowledge of good and evil you shall not eat, for in the day that you eat of it you shall die."

Now the serpent was more crafty than any other wild animal that the Lord God had made. He said to the woman, "Did God say, 'You shall not eat from any tree in the garden'?" The woman said to the serpent, "We may eat of the fruit of the trees in the garden; but God said, 'You shall not eat of the fruit of the tree that is in the middle of the garden, nor shall you touch it, or you shall die.'" But the serpent said to the woman, "You will not die; for God knows that when you eat of it your eyes will be opened, and you will be like God, knowing good and evil." So when the woman saw that the tree was good for food, and that it was a delight to the eyes, and that the tree was to be desired to make one wise, she took of its fruit and ate; and she also gave some to her husband, who was with her, and he ate. Then the eyes of both were opened, and they knew that they were naked; and they sewed fig leaves together and made loincloths for themselves.

Lector: The Word of the Lord.
People: Thanks be to God.

Psalm 32:1-8

I ac-knowl-edged my sin to you, and you for-gave me the guilt of my sin.

Happy are they whose transgres/sions are forgiven, *
and whose sin / is put away!
Happy are they to whom the / Lord imputes no guilt, *
and in whose spirit there / is no guile! [ANTIPHON]

While I held my tongue, / my bones withered away, *
because of my groaning / all day long.
For your hand was heavy up/on me day and night; *
my moisture was dried up as in the / heat of summer. [ANTIPHON]

Then I acknowl/edged my sin to you, *
and did not con/ceal my guilt.
I said, "I will confess my trans/gressions to the Lord." *
Then you forgave me the guilt / of my sin. [ANTIPHON]

Therefore all the faithful will make their prayers to you / in time of trouble; *
when the great waters overflow, they shall / not reach them.
You are my hiding-place; you pre/serve me from trouble; *
you surround me with shouts of de/liverance. [ANTIPHON]

Tonus Peregrinus B

A Reading from Romans 5:12-19.

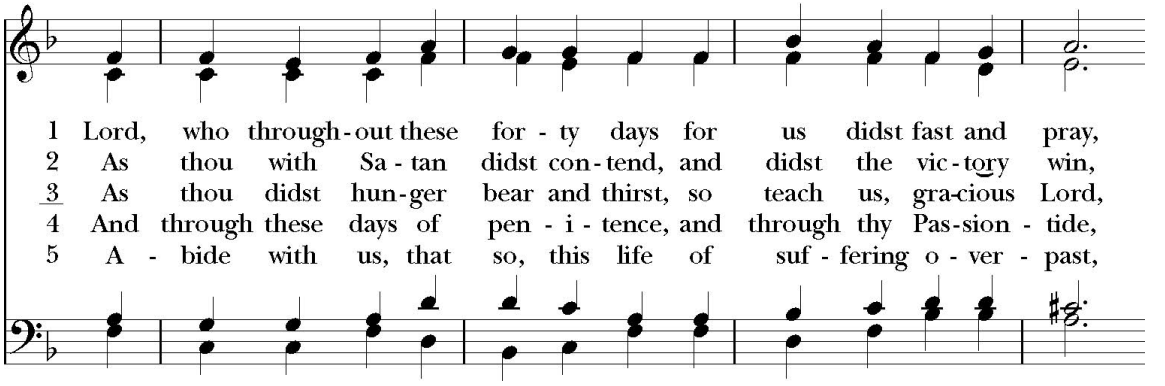
As sin came into the world through one man, and death came through sin, and so death spread to all because all have sinned-- sin was indeed in the world before the law, but sin is not reckoned when there is no law. Yet death exercised dominion from Adam to Moses, even over those whose sins were not like the transgression of Adam, who is a type of the one who was to come.

But the free gift is not like the trespass. For if the many died through the one man's trespass, much more surely have the grace of God and the free gift in the grace of the one man, Jesus Christ, abounded for the many. And the free gift is not like the effect of the one man's sin. For the judgment following one trespass brought condemnation, but the free gift following many trespasses brings justification. If, because of the one man's trespass, death exercised dominion through that one, much more surely will those who receive the abundance of grace and the free gift of righteousness exercise dominion in life through the one man, Jesus Christ.

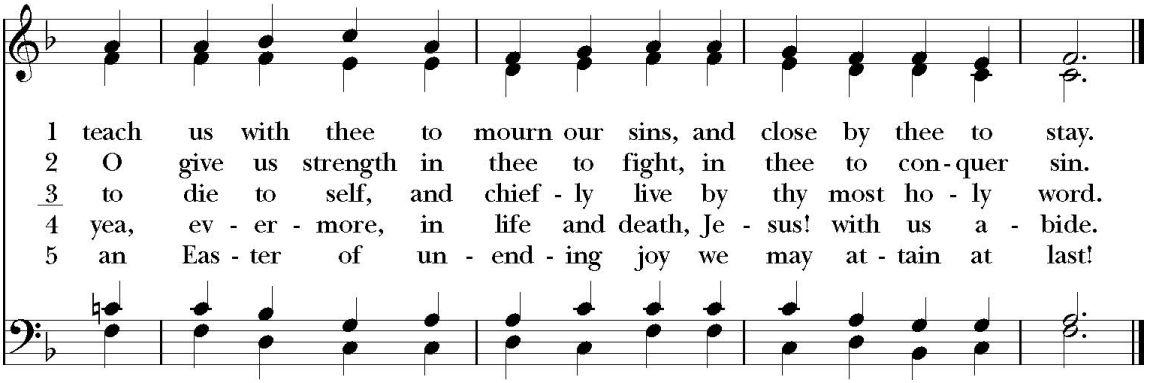
Therefore just as one man's trespass led to condemnation for all, so one man's act of righteousness leads to justification and life for all. For just as by the one man's disobedience the many were made sinners, so by the one man's obedience the many will be made righteous.

Lector: The Word of the Lord.
People: Thanks be to God.

Gradual Hymn **Lord, Who Throughout These Forty Days** *Here & next page.*



Lord, Who Throughout These Forty Days *cont'd.*



Presider: The Holy Gospel of Our Lord Jesus Christ According to Matthew 4:1-11.
People: Glory to you, Lord Christ

Jesus was led up by the Spirit into the wilderness to be tempted by the devil. He fasted forty days and forty nights, and afterwards he was famished. The tempter came and said to him, "If you are the Son of God, command these stones to become loaves of bread." But he answered, "It is written,

'One does not live by bread alone,
but by every word that comes from the mouth of God.'"

Then the devil took him to the holy city and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down; for it is written,

'He will command his angels concerning you,'
and 'On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus said to him, "Again it is written, 'Do not put the Lord your God to the test.'" Again, the devil took him to a very high mountain and showed him all the kingdoms of the world and their splendor; and he said to him, "All these I will give you, if you will fall down and worship me." Jesus said to him, "Away with you, Satan! for it is written,

'Worship the Lord your God,
and serve only him.'"

Then the devil left him, and suddenly angels came and waited on him.

Presider: The Gospel of the Lord. **People: Praise to you, Lord Christ.**

The Sermon **The Reverend Paul Moore**

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Peace | La Paz

Presider: The peace of the Lord be always with you. | La paz del Señor sea siempre con vosotros.

People: And also with you. | Y con tu espíritu.

Celebrations and Thanksgiving of Life

Offertory Hymn *I Want Jesus to Walk with Me* by St. Paul's Choir

Your gifts are much appreciated.
If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Doxology

Praise God from whom all blessings flow
Praise God all creatures here below
Praise God above ye heavenly hosts
Creator, Christ, and Holy Ghost. Amen.

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Glutenfree wafers are available. The assembly is invited to stand for the Eucharistic Prayer.

Presider: The Lord be with you.
People: And also with you.

Presider: Lift up your hearts.
People: We lift them to the Lord.

Presider: Let us give thanks to the Lord our God.
People: It is right to give God thanks and praise.

Presider: God of all power, Ruler of the Universe, you are worthy of glory and praise.
People: Glory to you for ever and ever.

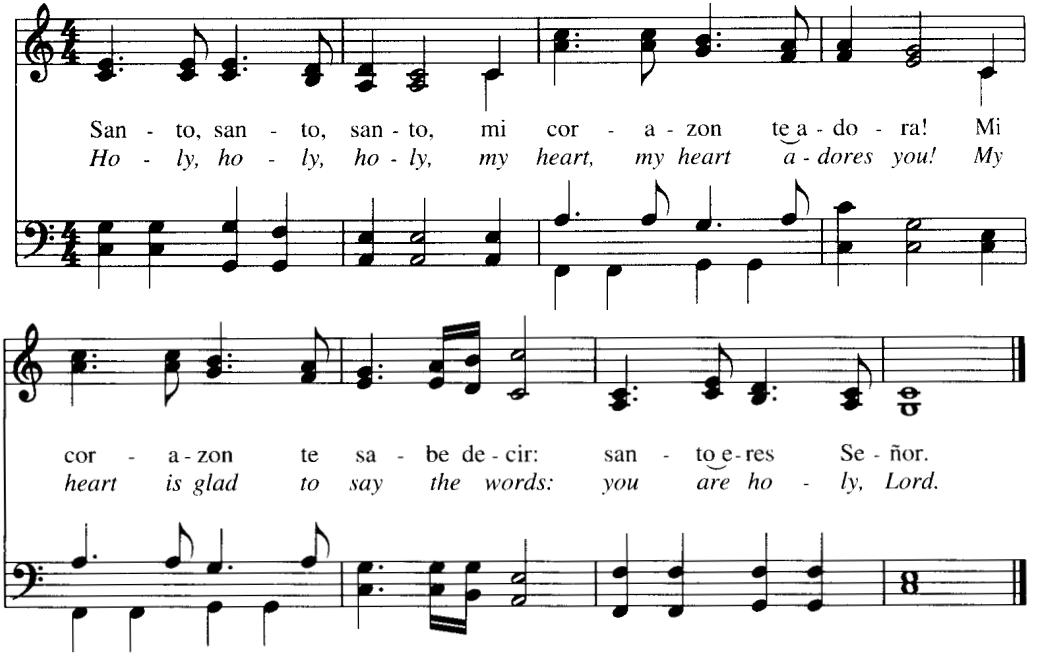
At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.
By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill. You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.
Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.
By his blood, he reconciled us.
By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Presider and People:



And so, Loving God, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

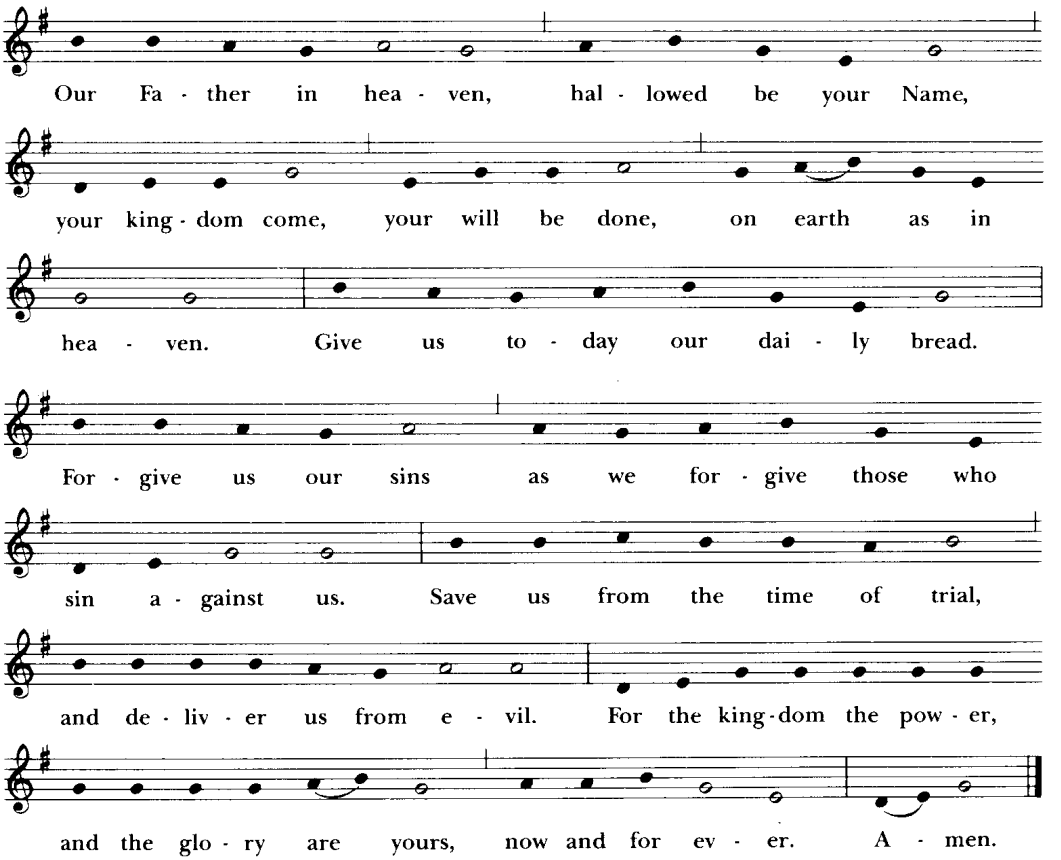
After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,
We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Spiritual Ancestors: God of Abraham, Sarah, Hagar, Isaac, Rebecca, Jacob, Rachel and Leah; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.
Risen Lord, be known to us in the breaking of the Bread.

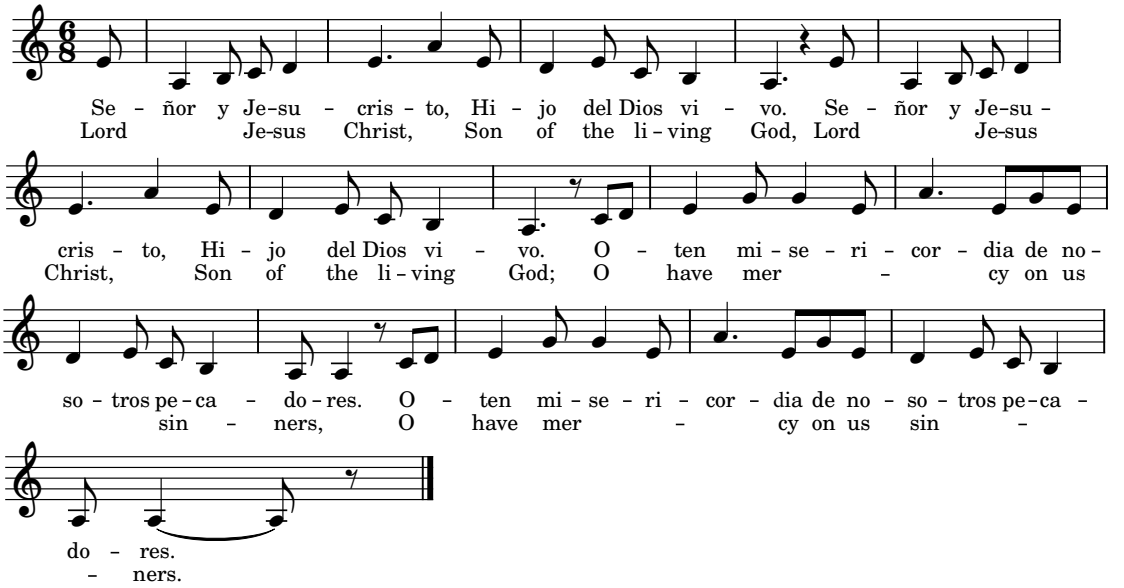
Accept these prayers and praises, O God, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

Presider: As our Savior Christ has taught us, we now pray:



The Breaking of the Bread

The Fraction Song:



Presider: Christ our Passover is sacrificed for us;
People: Therefore let us keep the feast.
Presider: The Gifts of God for the People of God.

Please be seated.

Those present are invited to receive Holy Communion.
You can approach the altar at the direction of the usher.

Those with us online, during these next moments of meditation,
wherever you are, receive God's gifts to you.
We share spiritual communion today.

1 I am the bread of life; they who
2 (The) Bread that I will give is my
3 (Un-) less you eat of the
4 I am the re - sur - rec - tion,
5 (Yes,) Lord, we be - lieve that
1 come to me shall not hun - ger; they who be -
2 Flesh for the life of the world, and they who
3 Flesh of the Son of Man and
4 I am the life. They who be -
5 you are the Christ, the
1 lieve in me shall not thirst. No one can come to
2 eat of this bread, they shall live for
3 drink of his Blood, you shall not have life with -
4 lieve in me, e - ven if they
5 Son of God who has
1 me un - less the Fa - ther draw them.
2 ev - er. they shall live for ev - er.
3 in you. you shall not have life with - in you.
4 die, they shall live for ev - er.
5 come in - to the world.

Refrain
And I will raise them up, and I will raise them
up, and I will raise them up on the
up, and I will raise them up on the
last day.
2 The
3 Un-
4 —
5 Yes,
day.

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body
People: Because we all share one bread, one cup.
Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.
People: As you have been fed, now feed others in the name of Christ.
Presider: Our prayers go with you, go in peace. **Amen.**

Post Communion Prayer

Presider: Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

Prayer over the People

Closing Hymn — O Love, How Deep

Dismissal

Presider: Go in peace to love and serve the Lord.
People: Thanks be to God.

Offertory - Thank you for giving!
Please drop your offering in the church's mailbox or mail it to:

St. Paul's Episcopal Church
415 S. 18th Street
Mount Vernon, WA 98274

Serving Today:

9:30 a.m. Holy Eucharist

Presider:	The Reverend Paul Moore
Deacon:	Rev. Dennis Taylor, Rev. Vicki Johnson
Music Director:	David Sloat
Eucharistic Minister:	Sherri Greenleaf/Margie Lauer
Greeters:	Penny Worrell, Carol Treston
Lector(s):	Nicole Smith
Counters:	Carol Boss, Sharon Johnson

St. Paul's Prayer Team prays daily for those on the prayer list.
Please email Penny Worrell at *penny.worrell@gmail.com*.

All music used during this service is licensed for online streaming through OneLicense.net #A-725912
Cover image: *https://soundcloud.com/garyherrera14/matthew-4-1-11*

Announcements for February 26, 2023

Welcome to our guests: We are so glad that you are worshipping with us today! Please put your name and contact information in our guest book so that we may get to know you better.

2023 Lenten Meditations

St. Paul's Lenten Devotional - "Holy Manna" posted daily on our church Facebook: *facebook.com/stpaulsmv*

If you prefer to receive it in your email daily, sign up at: *http://eepurl.com/hi9_lb*

Relief & Development's Lenten Devotions:
episcopalrelief.org/church-in-action/church-campaigns/lent

Who will win the Golden Halo? *lentmadness.org/*

Inquirer's Class

An Inquirer's Class for those interested in knowing more about the Episcopal Church will be offered on the afternoons of the Sundays of Lent by Zoom at 4:00 p.m. This class is designed for people considering membership. Interested parties should let Fr. Paul know. Link: *https://us02web.zoom.us/j/86752904134*

Lenten Soup & Supper

This year's Lenten Program will focus on cross-cultural relationships as a spiritual practice. The program begins at 6:00 p.m. on the Wednesdays of Lent, beginning March 1. A simple soup-and-bread meal will be served. There is a sign-up sheet on the church bulletin board in the Parish Hall for you to volunteer to bring food. The topics to be addressed are:

3/1 True wisdom
3/8 Loving others as self
3/15 Setting aside judgment
3/22 Learning to see
3/29 Joining hearts and minds

Support the Turkey-Syria Earthquake Response

Make a donation at *episcopalrelief.org*. Please make checks payable to Episcopal Relief & Development. Mail to: PO Box 7058, Merrifield, VA 22116-7058.

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's table. We use real wine in the cup. If you wish to receive only a blessing, simply cross your arms in front of you as the priest approaches. If you do not want to drink from the chalice, keep the piece of bread on your open palm, and present it to the chalice bearer, who will then dip the bread into the wine and place it on your tongue. Non-gluten bread is also available. Please inform us if this is your preference. We ask that those worshiping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

The Episcopal Diocese of Olympia	206-325-4200	https://ecww.org/
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The Reverend Dennis Taylor *Deacon / Faith Community Nurse*	360-661-1551	deacon2rn@comcast.net
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