

SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*



SUNDAY, FEBRUARY 20, 2022
THE SEVENTH SUNDAY AFTER THE EPIPHANY

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The Holy Eucharist - Enriching Our Worship

WELCOME to St. Paul's! We are grateful for your prayers and presence on this day in the life of the parish community. We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. Everyone is welcome to receive Holy Communion at the Lord's table.

Our worship service takes place here and online; it is also being recorded for later viewing. Fee free to greet one another as is your custom as you gather. When we are ready to start, our Angels Aloft will sound an opening bell. This signals those gathered that our service is now being recorded. Please maintain quiet and turn your attention to our opening activities at this time.

Opening Bell

Welcome

Celebrant

Announcements

Member of Vestry

Prelude

Land Acknowledgement

Celebrant

We acknowledge that we are on the traditional lands of the Coast Salish peoples who have reserve treaty rights to this land, including the Upper Skagit, Skagit and Swinomish Tribes who have stewarded this land throughout the generations. We thank these caretakers of this land, who have lived, and continue to live, here since time immemorial.

Mission Statement

Presider and People:

- 1 We believe that God is healing and restoring the world, and that we are recipients of and participants in that healing and restoration.

Opening Hymn

For the Healing of the Nations



1. For the heal - ing of the na - tions, Lord, we pray with
2. Lead us now, Lord, in - to free - dom, From de - spair your
3. All that kills a - bun - dant liv - ing, Let it from the
4. You, cre - a - tor God, have writ - ten Your great name on



one ac - cord; For a just and e - qual shar - ing
world re - lease; That re - deemed from war and ha - tred,
earth be banned; Pride of stat - us, race or school - ing,
hu - man - kind; For our grow - ing in your like - ness



Of the things that earth af - fords. To a life of
All may come and go in peace. Show us how through
Dog - mas that ob - scure your plan. In our com - mon
Bring the life of Christ to mind: That by our re -



love and ac - tion Help us rise and pledge our word.
care and good - ness Fear will die and hope in - crease.
quest for jus - tice May we hal - low life's brief span.
sponse and serv - ice Earth its des - tin - y may find.

Please stand as able.

Presider: Blessed be the one, holy, and living God.

People: **Glory to God for ever and ever.**

The Collect for Purity

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid. Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord.
Amen.

Gloria

Here & next page.



1. Glo-ry to God in the high-est, and



peace to his peo - ple on earth. 2. Lord God, heaven - ly King, al -



might - y God and Fa-ther, we wor-ship you, we give you thanks, we



praise you for your glo - ry. 3. Lord Je - sus Christ,



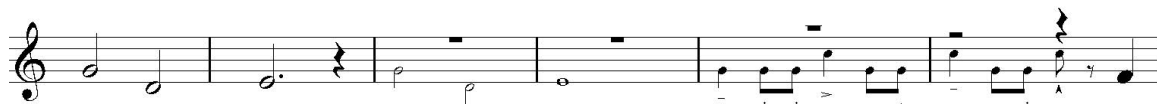
on - ly Son of the Fa-ther, Lord God, Lamb of God, 4. you



take a - way the sin of the world: have mer - cy on us;



5. you are seat - ed at the right hand of the Fa - ther: re -



ceive our prayer.


6. For

Gloria

cont'd.



you a-lone are the Ho-ly One, you a-lone are the Lord,



7. you a-lone are the Most High, Je-sus Christ, with the



Ho-ly Spi-rit, in the glo-ry of



God the Fa-ther. A-men.

The Collect

Presider: God be with you.

People: And also with you.

Presider: Let us pray.

O Lord, you have taught us that without love whatever we do is worth nothing: Send your Holy Spirit and pour into our hearts your greatest gift, which is love, the true bond of peace and of all virtue, without which whoever lives is accounted dead before you. Grant this for the sake of your only Son Jesus Christ, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen.

The Liturgy of the Word

Please be seated.

A Reading from Genesis 45:3-11, 15

Joseph said to his brothers, "I am Joseph. Is my father still alive?" But his brothers could not answer him, so dismayed were they at his presence.

Then Joseph said to his brothers, "Come closer to me." And they came closer. He said, "I am your brother, Joseph, whom you sold into Egypt. And now do not be distressed, or angry with yourselves, because you sold me here; for God sent me before you to preserve life. For the famine has been in the land these two years; and there are five more years in which there will be neither plowing nor harvest. God sent me before you to preserve for you a remnant on earth, and to keep alive for you many survivors. So it was not you who sent me here, but God; he has made me a father to Pharaoh, and lord of all his house and ruler over all the land of Egypt. Hurry and go up to my father and say to him, 'Thus says your son Joseph, God has made me lord of all Egypt; come down to me, do not delay. You shall settle in the land of Goshen, and you shall be near me, you and your children and your children's children, as well as your flocks, your herds, and all that you have. I will provide for you there--since there are five more years of famine to come--so that you and your household, and all that you have, will not come to poverty.'"

And he kissed all his brothers and wept upon them; and after that his brothers talked with him.

Lector: Hear what the Spirit is saying to God's people.

People: With your help, O God, we will listen and live.

Psalm 37:1,3-8,10



Put your trust in the Lord and do good.

Do not fret yourself because of /evil doers;*
do not be jealous of /those who do wrong.
Put your trust in the /Lord and do good;*
dwell in the land and /feed on its riches. [ANTIPHON]

Take delight /in the Lord, *—
and he shall give /you your heart's desire.
Commit your way to the Lord and /put your trust in him, *
and he /will bring it to pass. [ANTIPHON]

He will make your righteousness as /clear as the light*
and your just dealing /as the noonday.
Be /still before the Lord*
and wait /pa-tiently for him. [ANTIPHON]

Do not fret yourself over the /one who prospers, *
the one who suc/ceeds in evil schemes.
For the evildoers /shall be cut off, *
but those who wait upon the /Lord shall possess the land.
[ANTIPHON]

Tone III, 2



A Reading from 1 Corinthians 15:35-38,42-50

Someone will ask, “How are the dead raised? With what kind of body do they come?” Fool! What you sow does not come to life unless it dies. And as for what you sow, you do not sow the body that is to be, but a bare seed, perhaps of wheat or of some other grain. But God gives it a body as he has chosen, and to each kind of seed its own body.

So it is with the resurrection of the dead. What is sown is perishable, what is raised is imperishable. It is sown in dishonor, it is raised in glory. It is sown in weakness, it is raised in power. It is sown a physical body, it is raised a spiritual body. If there is a

physical body, there is also a spiritual body. Thus it is written, “The first man, Adam, became a living being”; the last Adam became a life-giving spirit. But it is not the spiritual that is first, but the physical, and then the spiritual. The first man was from the earth, a man of dust; the second man is from heaven. As was the man of dust, so are those who are of the dust; and as is the man of heaven, so are those who are of heaven. Just as we have borne the image of the man of dust, we will also bear the image of the man of heaven.

What I am saying, brothers and sisters, is this: flesh and blood cannot inherit the kingdom of God, nor does the perishable inherit the imperishable.

Lector: Hear what the Spirit is saying to God’s people.

People: With your help, O God, we will listen and live.

Please stand as able.

Gradual Hymn

Nada Te Turbe/ Nothing Can Trouble

Ostinato Estribillo / Refrain

1.

Na - da te tur - be, na - da te es - pan - te. Quien a Dios tie - ne
Noth - ing can trou - ble, noth - ing can fright - en. Those who seek God shall

2.

na - da le fal - ta. So - lo Dios bas - ta.
nev - er go want - ing. God a - lone fills us.

Presider: The Holy Gospel of Our Savior Jesus Christ According to Luke 6:27-38

People: Glory to you, O Christ.

Jesus said, "I say to you that listen, Love your enemies, do good to those who hate you, bless those who curse you, pray for those who abuse you. If anyone strikes you on the cheek, offer the other also; and from anyone who takes away your coat do not withhold even your shirt. Give to everyone who begs from you; and if anyone takes away your goods, do not ask for them again. Do to others as you would have them do to you.

"If you love those who love you, what credit is that to you? For even sinners love those who love them. If you do good to those who do good to you, what credit is that to you? For even sinners do the same. If you lend to those from whom you hope to receive, what credit is that to you? Even sinners lend to sinners, to receive as much again. But love your enemies, do good, and lend, expecting nothing in return. Your reward will be great, and you will be children of the Most High; for he is kind to the ungrateful and the wicked. Be merciful, just as your Father is merciful.

"Do not judge, and you will not be judged; do not condemn, and you will not be condemned. Forgive, and you will be forgiven; give, and it will be given to you. A good measure, pressed down, shaken together, running over, will be put into your lap; for the measure you give will be the measure you get back."

Presider: The Gospel of the Lord.

People: Praise to you, O Christ.

The Sermon

The Reverend Paul Moore

The Nicene Creed

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.
Through him all things were made.
For us and for our salvation
he came down from heaven:
was incarnate of the Holy Spirit and the Virgin Mary
and became truly human.
For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.
On the third day he rose again
in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.
He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father,
who with the Father and the Son is worshiped and glorified,
who has spoken through the prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

The Prayers of the People

Eucharistic Minister: In peace and in faith, let us offer our prayers,

Silence.

For all people in their daily life and work;

For our families, friends, and neighbors, and for those who are alone.

For this community, the nation, and the world;

For all who work for justice, freedom, and peace.

For the just and proper use of your creation;

For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;

For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;

For all who proclaim the Gospel, and all who seek the Truth.

For our Presiding Bishop, and Greg our Bishop; and for all bishops and other ministers;

For all who serve God in his Church.

For the special needs and concerns of this congregation.

Silence.

The People may add their own petitions.

Hear us, Lord;

For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence.

The People may add their own thanksgivings.

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your eternal kingdom.

Silence.

The People may add their own petitions.

Lord, let your loving-kindness be upon them;
Who put their trust in you.

We pray to you also for the forgiveness of our sins.

Silence may be kept.

Presider and People:

**Have mercy upon us, most merciful Father;
in your compassion forgive us our sins,
known and unknown,
things done and left undone;
and so uphold us by your Spirit
that we may live and serve you in newness of life,
to the honor and glory of your Name;
through Jesus Christ our Lord. Amen.**

Presider speaks an Absolution.

The Peace / La Paz

Presider: The peace of the Lord be always with you. / La paz del Señor sea siempre con ustedes.

People: And also with you. / Y con tu espíritu.

For those of you worshiping in person, please remain in your pew during the Peace.

If you are worshiping with us virtually, use the chat function to “say” peace to your fellow parishioners, or text/email someone with whom you would like to share the peace of Christ.

Celebrations and Thanksgiving of Life

Blessing of the Quilts:

A knitted lap blanket for Tom Worrell. This gift is to show our token of appreciation for all that Tom does to help Resurrección, EfM and St. Paul’s, in his quiet and humble way.

A quilt for David Sloat, a wonderful person and our music master. We hope this quilt will help to bring warmth and lovely memories for the loved ones he lost during the pandemic.

The Altar flowers are given in celebration of Bonnie and Andy Schub’s 24th wedding anniversary.

Your gifts are much appreciated.

If you are joining this live stream, you may mail your offering/pledge to 415 S. 18th Street, Mount Vernon, WA 98274. You can also make payments online at www.stpaulsmv.org

Descant

Al - le - lu - ia, al - le -

Refrain

Al - le - lu - ia, al - le - lu - ia! Give thanks to the

lu - ia, al - le - lu - ia!

ris - en Lord. Al - le - lu - ia, al - le - lu - ia! Give

1-4 *Final Ending*

Praise to his Name. Name.

Praise to his Name. Name.

1 Je - sus is Lord of all the earth.
 2 Spread the good news o'er all the earth:
 3 We have been cru - ci - fied with Christ.
 4 Come, let us praise the liv - ing God,

The image shows a musical score for a hymn. It consists of two staves: a treble clef staff on top and a bass clef staff on the bottom. The key signature is three sharps (F#, C#, G#) and the time signature is 4/4. The lyrics are written below the treble staff. The melody is primarily in the treble staff, with some accompaniment in the bass staff. The lyrics are: "He is the King of crea - tion. Je - sus has died and has ris - en. Al - le - Now we shall live for ev - er. joy - ful - ly sing to our Sa - vior." The word "Al - le" is written on a separate line between the first and second lines of lyrics. The score ends with a double bar line and the instruction "Repeat Refrain" written above the final measure.

He is the King of crea - tion.
 Je - sus has died and has ris - en. Al - le -
 Now we shall live for ev - er. joy - ful - ly
 sing to our Sa - vior.

Repeat Refrain

Doxology

Sung together to the tune of "All Creatures of Our God and King":

Praise God from whom all blessings flow
 Praise God all creatures here below
 Alleluia! Alleluia!
 Praise God above ye heavenly hosts
 Creator, Christ, and Holy Ghost. Amen.
 Alleluia! Alleluia!
 Alleluia! Alleluia!
 Alleluia!

All who seek God and a deeper life in Christ are welcome to come forward for communion or blessing. Glutenfree wafers are available. The assembly is invited to stand for the Eucharistic Prayer.

Presider: The Lord be with you.

People: **And also with you.**

Presider: Lift up your hearts.

People: **We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

People: **It is right to give God thanks and praise.**

Presider: It is truly right, and good and joyful, to give you thanks, all-holy God, source of life and fountain of mercy. Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your son Jesus Christ our Lord. Therefore, joining with Angels and Archangels and with the faithful of every generation, we lift our voices with all creation as we sing:

Presider and People:

Here & next page.

San - to, san - to, san - to, mi cor - a - zon te a - do - ra! Mi
 Ho - ly, ho - ly, ho - ly, my heart, my heart a - dores you! My

cor - a - zon te sa - be de - cir: san - to e - res Se - ñor.
 heart is glad to say the words: you are ho - ly, Lord.

8

Presider: Blessed are you, gracious God, creator of the universe and giver of life. You formed us in your own image and called us to dwell in your infinite love. You gave the world into our care that we might be your faithful stewards and show forth your bountiful grace. But we failed to honor your image in one another and in ourselves; we would not see your goodness in the world around us; and so we violated your creation, abused one another, and rejected your love. Yet you never ceased to care for us, and prepared the way of salvation for all people. Through Abraham and Sarah you called us into covenant with you. You delivered us from slavery, sustained us in the wilderness, and raised up prophets to renew your promise of salvation. Then, in the fullness of time, you sent your eternal Word, made mortal flesh in Jesus. Born into the human family, and dwelling among us, he revealed your glory. Giving himself freely to death on the cross, he triumphed over evil, opening the way of freedom and life.

On the night before he died for us, Our Savior Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his friends, and said: "Take, eat: This is my Body which is given for you. Do this for the remembrance of me."

As supper was ending, Jesus took the cup of wine, and when he had given thanks, he gave it to them, and said: "Drink this, all of you: This is my Blood of the new Covenant, which is poured out for you and for all for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Presider and People:

Christ has died.

Christ is risen.

Christ will come again.

Remembering his death and resurrection, we now present to you from your creation this bread and this wine. By your Holy Spirit may they be for us the Body and Blood of our Savior Jesus Christ. Grant that we who share these gifts may be filled with the Holy Spirit and live as Christ's Body in the world. Bring us into the everlasting heritage of your daughters and sons, that with Saint Paul and all your saints, past, present, and yet to come, we may praise your Name for ever.

Through Christ and with Christ and in Christ, in the unity of the Holy Spirit, to you be honor, glory, and praise, for ever and ever. **AMEN.**

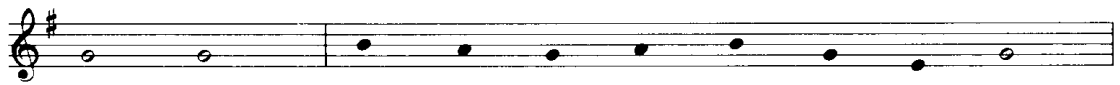
Presider: As our Savior Christ has taught us, we now pray:



Our Fa - ther in hea - ven, hal - lowed be your Name,



your king - dom come, your will be done, on earth as in



hea - ven. Give us to - day our dai - ly bread.



For - give us our sins as we for - give those who



sin a - gainst us. Save us from the time of trial,



and de - liv - er us from e - vil. For the king - dom the pow - er,



and the glo - ry are yours, now and for ev - er. A - men.

The Breaking of the Bread

Presider: God of promise, you have prepared a banquet for us.

People: Happy are those who are called to the Supper of the Lamb.

Please be seated.

*Those present, are invited to receive Holy Communion.
You can approach the altar at the direction of the Presider.*

*Those with us online, during these next moments of meditation,
wherever you are, receive God's gifts to you.
We share spiritual communion today.*

Communion Hymn

Draw Us in the Spirit's Tether

Here & next page.

1. Draw us in the Spir-it's teth - er, For when hum - bly
2. As dis - ci - ples used to gath - er In the name of
3. All our meals and all our liv - ing Make as sac - ra -

in Your name Two or three are met to - geth - er,
Christ to sup, Then with thanks to God the Fa - ther
ments of You, That by car - ing, help-ing, giv - ing,

The musical score consists of two systems. Each system has a vocal line (treble clef) and a piano accompaniment (grand staff). The key signature is one sharp (F#). The first system covers the first three lines of lyrics. The second system covers the remaining lyrics. The piano accompaniment features a steady bass line and chords in the right hand.

The musical score consists of two systems. The first system features a vocal line on a treble clef staff and a piano accompaniment on a grand staff (treble and bass clefs). The lyrics are: "You are in the midst of them; Al-le - lu - ia! Break the bread and bless the cup, Al-le - lu - ia! We may be dis - ci - ples true. Al-le - lu - ia!" The second system continues with the vocal line and piano accompaniment. The lyrics are: "Al-le - lu - ia! Touch we now Your gar - ment's hem. Al-le - lu - ia! So now bind our friend - ship up. Al-le - lu - ia! We will serve with faith a - new." The piano accompaniment provides harmonic support with chords and moving lines in both hands.

Sending out of Eucharistic Visitors:

The Presider sends forth the Eucharistic Minister with a blessing:

Presider: We who are many are one body

People: Because we all share one bread, one cup.

Presider: In the name of God and of this congregation we send you forth, bearing these holy gifts, that those to whom you go may share with us in the communion of Christ's body and blood.

People: As you have been fed, now feed others in the name of Christ.

Presider: Our prayers go with you. Amen.

Post Communion Prayer

Presider: Let us pray.

God of abundance, you have fed us with the bread of life and cup of salvation; you have united us with Christ and one another; and you have made us one with all your people in heaven and on earth. Now send us forth in the power of your Spirit, that we may proclaim your redeeming love to the world and continue for ever in the risen life of Christ our Savior Amen.

Blessing

Closing Hymn

Brightest and Best of the Stars of the Morning

Here & next page.

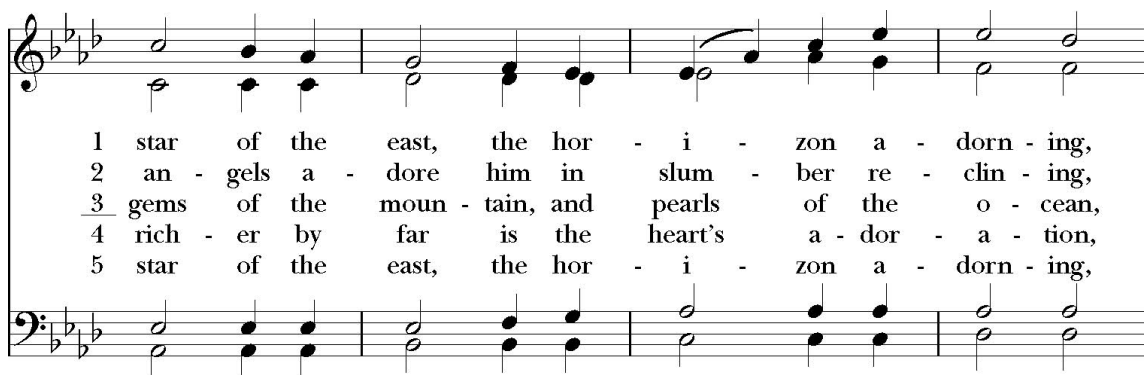
The image shows a musical score for the hymn "Brightest and Best of the Stars of the Morning". It consists of two systems of music. Each system has a vocal line (treble clef) and a piano accompaniment line (bass clef). The key signature is three flats (B-flat, E-flat, A-flat), and the time signature is 4/4. The lyrics are printed below the vocal line. The first system covers the first five lines of the hymn, and the second system covers the next five lines. The piano accompaniment consists of simple chords and moving lines.

1 Bright - est and best of the stars of the morn - ing,
2 Cold on his cra - dle the dew - drops are shin - ing,
3 Shall we then yield him, in cost - ly de - vo - tion,
4 Vain - ly we of - fer each am - ple o - bla - tion,
5 Bright - est and best of the stars of the morn - ing,

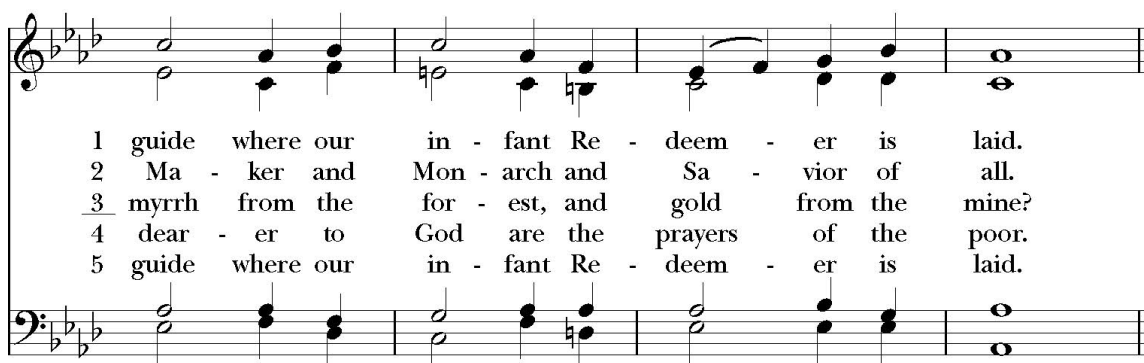
1 dawn on our dark - ness, and lend us thine aid;
2 low lies his head with the beasts of the stall;
3 o - dors of E - dom, and of - ferings di - vine,
4 vain - ly with gifts would his fa - vor se - cure,
5 dawn on our dark - ness, and lend us thine aid;

Brightest and Best of the Stars of the Morning

cont'd.



1 star of the east, the hor - i - zon a - dorn - ing,
2 an - gels a - dore him in slum - ber re - clin - ing,
3 gems of the moun - tain, and pearls of the o - cean,
4 rich - er by far is the heart's a - dor - a - tion,
5 star of the east, the hor - i - zon a - dorn - ing,



1 guide where our in - fant Re - deem - er is laid.
2 Ma - ker and Mon - arch and Sa - vior of all.
3 myrrh from the for - est, and gold from the mine?
4 dear - er to God are the prayers of the poor.
5 guide where our in - fant Re - deem - er is laid.

Dismissal

The Celebrant dismisses them with these words:

Presider: Let us go forth into the world, rejoicing in the power of the Spirit. Alleluia.

People: Thanks be to God. Alleluia.

- You are invited to enjoy the gift of postlude music and then greet your friends - afterwards.

Offertory - Thank you for giving!

Please drop your offering in the church's mailbox or mail it to:

St. Paul's Episcopal Church

415 S. 18th Street

Mount Vernon, WA 98274

Serving Today: 9:30 a.m. Holy Eucharist

Eucharistic Minister: Sherri Greenleaf
Greeters: Lauren Wright & Sara Young
Counters: Bonnie Schuh & Marilyn Allen

Shrove Tuesday 2022: Zoom and In-Person!

(RESERVATIONS REQUIRED FOR IN-PERSON)

Date: March 1, 2022

Time: 6:00 p.m.

Location: Zoom and Parish Hall

Reservation Deadline: Noon on Wednesday, February 23, 2022 (*Not required for Zoom attendance*)

In light of indications from many of you on our recent survey that you would like to attend Shrove Tuesday Pancake Supper in person or by Zoom, we are moving forward with both.

Reservations are required for those wishing to attend in person so that we can arrange for seating in compliance with current health requirements and so that we have enough food. Even if you responded to the survey that you would like to come in person, we need you to confirm your reservation by contacting Marilyn Allen by email at allenmarilyn37@gmail.com or by telephone/text at (360) 708-6465. If you did not indicate in-person attendance in your survey response, but wish to attend, there is still room, but you also must contact Marilyn Allen to make a reservation.

For those who prefer to attend by Zoom that will be offered as well and no reservation is necessary. A Zoom link will be available at a later date.

2022 Clothes for Kids Lenten Fundraiser

As many of you know, we have launched the 2022 Clothes for Kids fundraiser in conjunction with the up-coming Shrove Tuesday Pancake Supper. Currently, staff at Madison School is scrambling to answer the call to provide emergency clothing for children and find themselves spending their own money to do so. This year, as our own act of Lenten self-denial and giving, we are asking that donations be made to help alleviate this situation. Participation in “Clothes for Kids” is easy. You can contribute gently used or new clothing by bringing it to church with you. There is a box in the Narthex where you can place your clothing donations. If more convenient, you can make a financial contribution by check with “Clothes for Kids” noted in the memo line and we will do the shopping for you. If you choose to donate clothing, sweats for boys and leggings for girls are what is most needed, sizes 5-8 and some 10’s and 12’s. New underwear for both boys and girls in the same sizes is also needed. Some tops, socks, and shoes are needed, but not in as large of quantities. Basic colors are best as sometimes the kids don’t want others to notice that they have changed into new clothes during the school day. Please make your contribution sometime during Lent. Final collections will be made on Easter Sunday.

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's table. We use real wine in the cup. If you wish to receive only a blessing, simply cross your arms in front of you as the priest approaches. If you do not want to drink from the chalice, keep the piece of bread on your open palm, and present it to the chalice bearer, who will then dip the bread into the wine and place it on your tongue. Non-gluten bread is also available. Please inform us if this is your preference. We ask that those worshipping with us online reverently pray and meditate on God's grace and blessing whenever you observe the Eucharist being taken.

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If you would like to receive our e-news, please send a message to stpaulmv@comcast.net.