

SAINT PAUL'S EPISCOPAL CHURCH

*We believe that God is healing and restoring the world,
and that we are recipients of and participants in that healing and restoration.*



SUNDAY, JULY 12, 2020

THE SIXTH SUNDAY AFTER PENTECOST

415 SOUTH 18TH ST., MOUNT VERNON WA 98274-4658

360-424-1822

E-MAIL: STPAULMV@COMCAST.NET

WEBSITE: WWW.STPAULSMV.ORG

Morning Prayer, Rite II

Welcome and Announcements

Please stand as you are able.

Opening Hymn 440

Blessed Jesus at Thy Word



1. Bless - ed Je - sus, at your word we are gath - ered
2. All our knowl - edge, sense, and sight lie in deep - est
3. Glor - ious Lord, your - self im - part! Light of Light, from



1. all to hear you; let our hearts and minds be stirred
2. dark - ness shroud - ed, till your Spir - it breaks our night
3. God pro - ceed - ing, o - pen now each mind and heart,



1. now to seek and love and fear you; by your teach - ings
2. with the beams of truth un - cloud - ed; you a - lone to
3. help us by your Spir - it's plead - ing. Hear the cry your



1. true and ho - ly, drawn from earth to love you sole - ly.
2. God can win us; you must work all good with - in us.
3. Church now rais - es; Lord, ac - cept our prayers and prais - es.

Opening Sentence

Officiant: God is Spirit, and those who worship must worship in spirit and in truth.

John 4:24

Confession of Sin

The Officiant says to the people:

Let us confess our sins against God and our neighbor.

Silence may be kept.

Officiant and People together, all kneeling:

**God of all mercy,
we confess that we have sinned against you,
opposing your will in our lives.
We have denied your goodness in each other,
in ourselves, and in the world you have created.
We repent of the evil that enslaves us,
the evil we have done,
and the evil done on our behalf.
Forgive, restore, and strengthen us through our Savior Jesus Christ,
that we may abide in your love and serve only your will. Amen.**

The Officiant stands and says:

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. **Amen.**

The Invitatory and Psalter

All stand, as able.

Officiant: O God, let our mouth proclaim your praise.

People: And your glory all the day long.

Officiant and People:

Praise to the holy and undivided Trinity, one God: as it was in the beginning, is now, and will be for ever. Amen.

Officiant: Alleluia. The Holy One is in our midst:

People: O come let us worship. Alleluia.

Officiant and People:

Morning Psalm *Psalm 63:1-8*

**O God, you are my God; eagerly I seek you; *
my soul thirsts for you, my flesh faints for you,
as in a barren and dry land where there is no water.
Therefore I have gazed upon you in your holy place, *
that I might behold your power and your glory.
For your loving-kindness is better than life itself; *
my lips shall give you praise.
So will I bless you as long as I live *
and lift up my hands in your Name.
My soul is content, as with marrow and fatness, *
and my mouth praises you with joyful lips,
When I remember you upon my bed, *
and meditate on you in the night watches.
For you have been my helper, *
and under the shadow of your wings I will rejoice.
My soul clings to you; *
your right hand holds me fast.**

The people are seated.

Psalm 65:9-14



Let the val-leys shout for joy and sing.

You visit the earth and water it abundantly;

you make it /very plenteous;*

the river of God is /full of water.

—/You prepare the grain, *

for so you pro/vide for the earth. [ANTIPHON]

You drench the furrows and /smooth out the ridges;*

with heavy rain you soften the ground and /bless its increase.

You crown the /year with your goodness, *

and your paths over-/flow with plenty. [ANTIPHON]

May the fields of the wilderness be /rich for grazing, *

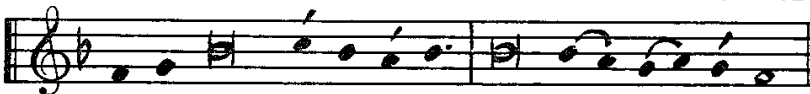
and the /hills be clothed with joy.

May the meadows cover themselves with flocks,

and the valleys /cloak themselves with grain;*

let them /shout for joy and sing. [ANTIPHON]

Tone III.2



Readings

A period of silence will follow each reading.

Isaiah 55:10-13

The people remain seated.

As the rain and the snow come down from heaven,
and do not return there until they have watered the earth,
making it bring forth and sprout,
giving seed to the sower and bread to the eater,
so shall my word be that goes out from my mouth;
it shall not return to me empty,
but it shall accomplish that which I purpose,
and succeed in the thing for which I sent it.
For you shall go out in joy,
and be led back in peace;
the mountains and the hills before you
shall burst into song,
and all the trees of the field shall clap their hands.
Instead of the thorn shall come up the cypress;
instead of the brier shall come up the myrtle;
and it shall be to the Lord for a memorial,
for an everlasting sign that shall not be cut off.

Lector: The Word of the Lord.

People: Thanks be to God

Silence.

All stand, as able.

Canticle D A Song of the Wilderness

Isaiah 35:1-7,10

**The wilderness and the dry land shall be glad, *
the desert shall rejoice and blossom;
It shall blossom abundantly, *
and rejoice with joy and singing.
They shall see the glory of the Lord, *
the majesty of our God.
Strengthen the weary hands, *
and make firm the feeble knees.
Say to the anxious, “Be strong, do not fear! *
Here is your God, coming with judgment to save you.”
Then shall the eyes of the blind be opened, *
and the ears of the deaf be unstopped.
Then shall the lame leap like a deer, *
and the tongue of the speechless sing for joy.
For waters shall break forth in the wilderness *
and streams in the desert;
The burning sand shall become a pool *
and the thirsty ground, springs of water.
The ransomed of God shall return with singing, *
with everlasting joy upon their heads.
Joy and gladness shall be theirs, *
and sorrow and sighing shall flee away.**

Romans 8:1-11

The people are seated.

There is no condemnation for those who are in Christ Jesus. For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law-- indeed it cannot, and those who are in the flesh cannot please God.

But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

Lector: The Word of the Lord.

People: Thanks be to God.

Silence.

All stand, as able.

Canticle S A Song of Our True Nature

Julian of Norwich

**Christ revealed our frailty and our falling, *
our trespasses and our humiliations.
Christ also revealed his blessed power, *
his blessed wisdom and love.
He protects us as tenderly and as sweetly when we are in greatest need; *
he raises us in spirit
and turns everything to glory and joy without ending.
God is the ground and the substance, the very essence of nature; *
God is the true father and mother of natures.
We are all bound to God by nature, *
and we are all bound to God by grace.
And this grace is for all the world, *
because it is our precious mother, Christ.
For this fair nature was prepared by Christ
for the honor and nobility of all, *
and for the joy and bliss of salvation.**

Matthew 13:1-9,18-23

The people are seated.

Officiant: A reading from the Gospel of Matthew.

Jesus went out of the house and sat beside the sea. Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. And he told them many things in parables, saying: "Listen! A sower went out to sow. And as he sowed, some seeds fell on the path, and the birds came and ate them up. Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. But when the sun rose, they were scorched; and since they had no root, they withered away. Other seeds fell among thorns, and the thorns grew up and choked them. Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. Let anyone with ears listen!"

“Hear then the parable of the sower. When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.”

Officiant: The Word of the Lord.

People: Thanks be to God

Silence.

All stand, as able.

Canticle 16 The Song of Zechariah *Benedictus Dominus Deus*
Luke 1: 68-79

**Blessed be the Lord, the God of Israel; *
he has come to his people and set them free.
He has raised up for us a mighty savior, *
born of the house of his servant David.
Through his holy prophets he promised of old,
that he would save us from our enemies, *
from the hands of all who hate us.
He promised to show mercy to our fathers *
and to remember his holy covenant.**

**This was the oath he swore to our father Abraham, *
to set us free from the hands of our enemies,
Free to worship him without fear, *
holy and righteous in his sight
all the days of our life.**

**You, my child, shall be called the prophet of the Most High, *
for you will go before the Lord to prepare his way,
To give his people knowledge of salvation *
by the forgiveness of their sins.
In the tender compassion of our God *
the dawn from on high shall break upon us,
To shine on those who dwell in darkness and the
shadow of death, *
and to guide our feet into the way of peace.**

**Glory to the Father, and to the Son, and to the Holy Spirit: *
as it was in the beginning, is now, and will be for ever. Amen.**

The people are seated.

The Sermon

The Reverend Vicki Wesen

Hymn

Spirit of the Living God

1. Spir - it of the Liv - ing God, Fall a - fresh on me.
 2. Spir - it of the Liv - ing God, Move a - mong us all.
 1. Ven, Es - pí - ri - tu de Dios, Ba - ja so - bre mí.
 2. Ven, Es - pí - ri - tu de Dios, Ven, Con - so - la - dor.

Spir - it of the Liv - ing God, Fall a - fresh on me.
 Make us one in heart and mind; Make us one in love:
 Ven, Es - pí - ri - tu de Dios, Ba - ja so - bre mí.
 Haz - nos de un co - ra - zón, U - no en tu a - mor:

Melt me, mold me, fill me, use me.
 Hum - ble, car - ing, self - less, shar - ing.
 Tó - ma - me, cá - m - bia - me, llé - na - me, ú - sa - me.
 Tier - nos, jus - tos, fie - les, com - pa - si - vos.

Spir - it of the Liv - ing God, Fall a - fresh on me.
 Spir - it of the Liv - ing God, Fill our lives with love!
 Ven, Es - pí - ri - tu de Dios, Ba - ja so - bre mí.
 Ven, Es - pí - ri - tu de Dios, Llé - na - nos de a - mor.

Apostles' Creed

All stand, as able.

**I believe in God, the Father almighty,
creator of heaven and earth.**
I believe in Jesus Christ, his only Son, our Lord.
**He was conceived by the power of the Holy Spirit
and born of the Virgin Mary.**
**He suffered under Pontius Pilate,
was crucified, died, and was buried.**
He descended to the dead.
On the third day he rose again.
**He ascended into heaven,
and is seated at the right hand of the Father.**
He will come again to judge the living and the dead.
**I believe in the Holy Spirit,
the holy catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and the life everlasting. Amen.**

Prayers

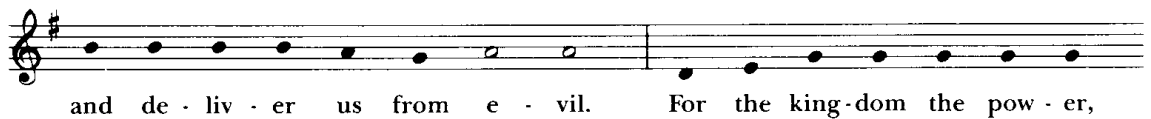
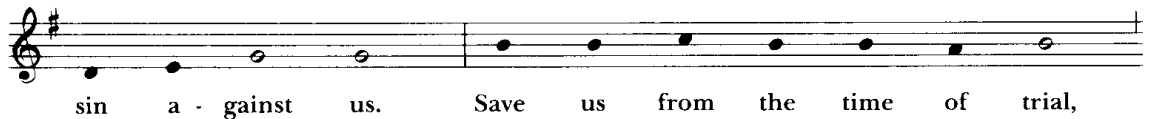
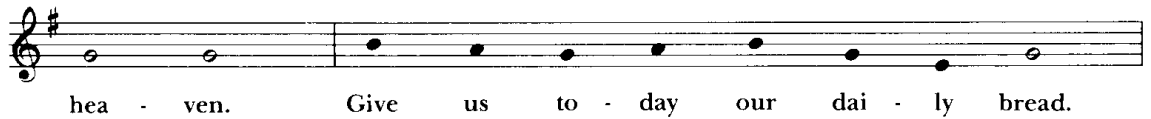
All stand, as able.

Officiant: The Lord be with you.

People: And also with you.

Officiant: Let us pray.

Officiant and People:



The Officiant and People say responsively:

V. Help us, O God our Savior;

R. Deliver us and forgive us our sins.

V. Look upon your congregation;

R. Give to your people the blessing of peace.

V. Declare your glory among the nations;

R. And your wonders among all peoples.

V. Do not let the oppressed be shamed and turned away;

R. Never forget the lives of your poor.

V. Continue your loving-kindness to those who know you;

R. And your favor to those who are true of heart.

V. Satisfy us by your loving-kindness in the morning;

R. So shall we rejoice and be glad all the days of our life.

Collects

O Lord, mercifully receive the prayers of your people who call upon you, and grant that they may know and understand what things they ought to do, and also may have grace and power faithfully to accomplish them; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. **Amen.**

O God, you make us glad with the weekly remembrance of the glorious resurrection of your Son our Lord: Give us this day such blessing through our worship of you, that the week to come may be spent in your favor; through Jesus Christ our Lord. **Amen.**

O God of love, you are the true Sun of the world, evermore risen and never going down. We pray you to shine in our hearts and drive away the darkness of sin and the mist of error. We pray that we may, this day and all our lives long, walk without stumbling in the way you have prepared for us, which is Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God in glory everlasting. **Amen.**

Heavenly Father, in you we live and move and have our being: We humbly pray you so to guide and govern us by your Holy Spirit, that in all the cares and occupations of our life we may not forget you, but may remember that we are ever walking in your sight; through Jesus Christ our Lord. **Amen.**

O heavenly Father, who has the world with beauty: Open our eyes to behold your gracious hand in all your works; that, rejoicing in your whole creation, we may learn to serve you with gladness; for the sake of him through whom all things were made, your Son Jesus Christ our Lord. **Amen.**

Almighty God, we thank you for making the earth fruitful, so that it might produce what is needed for life: Bless those who work in the fields; give us seasonable weather; and grant that we may all share the fruits of the earth, rejoicing in your goodness; through Jesus Christ our Lord. **Amen.**

We give you thanks, most gracious God, for the beauty of earth and sky and sea; for the richness of mountains, plains, and rivers; for the songs of birds and the loveliness of flowers. We praise you for these good gifts, and pray that we may safeguard them for our posterity. Grant that we may continue to grow in our grateful enjoyment of your abundant creation, to the honor and glory of your Name, now and for ever. **Amen.**

Creator of all, you have appointed us into tribes and nations, intending that we befriend and respect each others your children: help us to recognize your image in ourselves and others, such that we may stand together in awe of you. In this time of division in our nation and the world, give us grace to live your compassion, mercy, and love, especially with those whom we disagree. In the Name of Jesus, give us a heart to hold fast to hope for the earth and all the human community. **Amen.**

Hymn 705

As those of old their first fruits brought

Unison or harmony

1 As those of old their first fruits brought of vine - yard, flock, and
 *2 A world in need now sum - mons us to la - bor, love, and
 3 With grat - i - tude and hum - ble trust we bring our best to

field to God, the giv - er of all good, the
 give; to make our life an of - fer - ing to
 thee to serve thy cause and share thy love with

source of boun - teous yield; so we to - day our
 God that all may live; the Church of Christ is
 all hu - man - i - ty. O thou who gav - est

first fruits bring, the wealth of this good land, of
 call - ing us to make the dream come true: a
 us thy - self in Je - sus Christ thy Son, help

farm and mar - ket, shop and home, of mind, and heart, and hand.
 world re - deemed by Christ - like love; all life in Christ made new.
 us to give our - selves each day un - til life's work is done.

Prayers of the People

Reader: As the Word goes forth from the mouth of God, let us turn our hearts to those in need and offer prayers for all peoples in every place.

Reader: For Greg our bishop and Paul our presbyter, for this holy gathering, and for the people of God in every place.

People: Lord, have mercy.

Reader: For all nations, peoples, tribes, clans, and families.

People: Lord, have mercy.

Reader: For mercy, justice, and peace in the world.

People: Lord, have mercy.

Reader: For farmers and a good harvest, for those on vacation, and for safety from violent storms.

People: Lord, have mercy.

Reader: For all who thirst and hunger: the sick and the dying, the poor and the oppressed, travelers and prisoners, and for their families.

People: Lord, have mercy.

Reader: For those who rest in Christ and for all the dead.

People: Lord, have mercy.

Reader: For ourselves, our families, our companions, and all those we love.

People: Lord, have mercy.

Reader: Lifting our voices with all creation, with Mary, Paul and all the saints, let us offer ourselves and one another to the living God through Christ.

People: To you, O Lord, our God.

The People may add their own petitions.

Officiant: God who sows seeds of faith, receive our prayers and give life to our mortal bodies; through Jesus Christ our Lord. **Amen.**

The General Thanksgiving

Officiant and People:

Accept, O Lord, our thanks and praise for all that you have done for us.

We thank you for the splendor of the whole creation, for the beauty of this world, for the wonder of life, and for the mystery of love.

We thank you for the blessing of family and friends, and for the loving care which surrounds us on every side.

We thank you for setting us at tasks which demand our best efforts, and for leading us to accomplishments which satisfy and delight us.

We thank you also for those disappointments and failures that lead us to acknowledge our dependence on you alone.

Above all, we thank you for your Son Jesus Christ;

for the truth of his Word and the example of his life;

or his steadfast obedience, by which he overcame temptation;

for his dying, through which he overcame death;

and for his rising to life again, in which we are raised to the life of your

kingdom. Grant us the gift of your Spirit, that we may know Christ and make him known; and through him, at all times and in all places, may give thanks to you in all things. Amen.

Almighty God, you have given us grace at this time with one accord to make our common supplication to you; and you have promised through your well-beloved Son that when two or three are gathered together in his Name you will be in the midst of them: Fulfill now, O Lord, our desires and petitions as may be best for us; granting us in this world knowledge of your truth, and in the age to come life everlasting. **Amen.**

Officiant: Let us bless the Lord. Alleluia, Alleluia.

People: Thanks be to God. Alleluia, Alleluia.

Closing Hymn 637

How Firm a Foundation

G C G D G D G C

1 How firm a foun-da - tion, ye saints of the Lord, is laid for your
 2 In ev - ery con - di - tion, in sick - ness, in health, in pov - er - ty's
 3 Fear not, I am with thee; O be not dis - mayed, for I am thy
 4 The soul that on Je - sus still leans for re - pose, I will not, I

G Em G D G D Em C

faith in his ex - cel - lent Word; what more can he say than to
 vale or a - bound - ing in wealth, at home or a - broad, on the
 God, and will still give thee aid; I'll strength - en thee, help thee, and
 can - not de - sert to his foes; that soul, though all hell should en -

G Am7 D G C G Em G D G

you he hath said, who un - to the Sav - ior for ref - uge have fled?
 land or the sea, as thy days may de - mand so thy suc - cor shall be.
 cause thee to stand, up - held by my right - eous, om - nip - o - tent hand.
 deav - or to shake, I'll nev - er, no, nev - er, no, nev - er for - sake!

Officiant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with us all evermore. **Amen.**

2 Corinthians 13:14

Offertory - Thank you for giving!

Please drop your offering in the church's mailbox or mail it to:

St. Paul's Episcopal Church
415 S. 18th Street
Mount Vernon, WA 98274

Your Vestry members request your prayers for this congregation and their leadership. They want to be in conversation with you. Speak with them so they know the needs of the congregation:

Bonnie Schuh
Dan Niven

Susan Cooper
Sara Young

Sandy McDougall
Margaret Bird


St. Paul's Prayer Team prays daily for those on the prayer list. Please email Penny Worrell at *penny.worrell@gmail.com*.

All music in this bulletin is reprinted under OneLicense.net license #A-725912

Cover image: <https://www.gardeningknowhow.com/wp-content/uploads/2017/08/sow-thinly.jpg>

Page 21 image: https://66.media.tumblr.com/9002cbce840f48289dd28b5c0ed348fd/tumblr_inline_oinnbySJqY1sjl2gc_500.jpg

[oinnbySJqY1sjl2gc_500.jpg](https://66.media.tumblr.com/9002cbce840f48289dd28b5c0ed348fd/tumblr_inline_oinnbySJqY1sjl2gc_500.jpg)



What kind of soil are you?

“But as for what was sown on good soil,
this is the one who hears the word and understands it,
who indeed bears fruit and yields,
in one case a hundredfold, in another sixty, and in another thirty.”

Matthew 13.23

Morning Prayer:

Until we can meet together once again, our Sunday Morning worship will generally be Morning Prayer, as per the Bishop's instruction. For those who remember the days in the Episcopal Church when the Eucharist was only celebrated once a month, these days may have a familiar feel. For those of us who do not, it feels like a Eucharistic Fast. It has been so described by others who have written about our current situation. In the liturgical reforms of the 1970's the Eucharist has become the center of Sunday worship. Now, however, because of the worldwide pandemic, we are back to Morning Prayer as our regular fare.

What is Morning Prayer? It is a rite originally developed for the Benedictine monastic life in England in the Medieval period. Monks and nuns prayed seven times a day. Four of those prayer services became popular among the common people, Morning Prayer (or Matins,) Noonday Prayers (or Non,) Evening Prayer, (or Vespers,) and Compline. Matins and Vespers grew into full-blown services in themselves. Matins came to fill in on Sunday mornings when a priest was not available to preside at the Eucharist.

In the American church, the term Matins is rarely used, preferring the more descriptive, Morning Prayer. The rite became very popular in the western expansion precisely because it could be led by lay people. Our Prayer Books throughout the years have reflected this, always including a well-constructed rite. Our current one is no exception.

Adapted as it is for lay leadership, you will notice that the lay form for the absolution is provided for in the rubrics (instructions written in italics and smaller size.) There is no provision for a sermon. It has always been an Anglican thought that the Bible, read aloud to the people in their own language, was the foundation of spiritual formation in worship. When used as the primary service on Sunday, a sermon is usually inserted where we do it, or after the Creed, or even just before the dismissal. Rubrics for a blessing are also omitted.

The structure of the rite borrows from the synagogue worship of the early Jewish Christians, just like the first part of a Eucharistic service. It follows the same format of an introductory rite, readings from Scripture, prayers and a dismissal. Because Morning Prayer's focus is Scripture and Prayer, the introductory rites and the readings themselves are more elaborately done, and the prayers are more extensive. At St. Paul's, after the Collects, where the rubrics allow for "other authorized intercessions," we insert another set of prayers that focus our petitions on concerns of our time and place.

Because it is not a Eucharistic service, the services do not employ the liturgical colors. Instead of a white alb and stole, the presider often wears a black cassock, a white surplice over it, and a tippet. The tippet looks like a black stole, but it is really an academic vestment. It often has emblems of academic affiliations attached near the tips. Fr. Paul's has an Episcopal shield, and the shields of two seminaries from which he holds degrees. A simple alb with no stole may also be used.

Welcome to Saint Paul's!

We hope that your worship with us will be both inspirational and spiritually nurturing. Please feel free to participate in the worship service as much or as little as you wish. The prayer book gives directions as to when we stand, sit, or occasionally kneel; these are guidelines. What is more important is that you bring your complete self to worship God.

Everyone is welcome to receive Holy Communion at the Lord's table. We use real wine in the cup. If you wish to receive only a blessing, simply cross your arms in front of you as the priest approaches. If you do not want to drink from the chalice, keep the piece of bread on your open palm, and present it to the chalice bearer, who will then dip the bread into the wine and place it on your tongue. Non-gluten bread is also available. Please inform us if this is your preference.

The Rt. Rev. Gregory H. Rickel <i>Bishop</i>	206-325-4200	grickel@ecww.org
The Reverend Paul Moore <i>Rector</i>	254-368-6475	padrequiteno@gmail.com
The Reverend Dennis Taylor <i>Deacon / Faith Community Nurse</i>	360-661-1551	deacon2rn@comcast.net
Pam Pryor <i>Organist and Music Director</i>		ppryor@webmail.blainesd.org
St. Paul's Office <i>Parish Administrator</i> <i>Bookkeeper</i>	360-424-1822	stpaulmv@comcast.net spbookkeeper@comcast.net

If you would like to receive our e-news, please send a message to stpaulmv@comcast.net.